

# Bonded Together

The publication of the Above Rubies Conferences

Issue #16, August 2002

## Witnesses to the World

*"...I always feel like somebody's watching me..."*

Thus sang Rockwell, the one-hit wonder of the 80's. For anyone traveling in public with more than the accepted two children quota, *"this ain't no fantasy"* The reality is that we tend to draw attention. So it follows logically that if we don't want to give large families a "bad rap", our children are not allowed to be "normal". They have to be cuter, cleaner, well kempt, better dressed, better behaved, etc. than the average bear. They have to be Stepford Children. It is simply a fact of life in this culture. And, for the record, three children constitutes a "large" family for all practical purposes. Those traveling with more may as well keep in mind that their audience considers them way more interesting than the bread in aisle 9.

My good friend Carol Brown's favorite expression when we are getting ready to go somewhere together is, *"Well, we're off like a herd of turtles!"* Since we draw as much attention as if we actually were a literal herd of turtles we might as well be. I'll just never know what's so fascinating about two moms and nine children parading around Legoland like a traveling circus. Maybe we just have exceptionally good-looking children ☺. Or they might be wondering if it is legal for only two adults to chaperone that school group. I sometimes wonder if all the area Chiropractors have a larger than usual influx of patients after our two families have been on an outing with all those new cases of whiplash.

If any of you reading this are snickering because the familiarity of this scenario rings all too true, than stand up tall and be proud. God has abundantly blessed you and you have been given precious gifts to minister to the world! We have the potential of reaching people for Jesus in every store we enter as we are a natural magnet for folks to start up a conversation with us about our children. Our words and attitudes in a 30-second conversation can be the seed that God uses to make the difference between life and death for an eternal soul. We must make it count. Carry yourself and your children in such a way as to make them wish they had what you have instead of sheepishly wondering if all the people staring at you think you have all your marbles or that you just "don't know what causes that."

## Above Rubies Retreats

We hope that you can join us for these great weekends of sound Biblical instruction, and fellowship with other families All the retreats are filling up fast and space is limited so don't delay if you want to come. The **Southern California Retreat for families and mothers is August 23-25 in Pine Valley. The Northern California Retreat is September 27-29 in Pinecrest, near Sonora.** Contact Gary & Trish Evans for info.

The **Washington Retreat** in Olympia at Black Lake Bible Camp is September 20-22. Please contact Robin LeClair [robinleclair@juno.com](mailto:robinleclair@juno.com), (425) 235-2680

The **Tennessee Above Rubies Retreat**. October 18-20, 2002 at Natchez Trace Wilderness Preserve. Send an email to [dsleiter1@juno.com](mailto:dsleiter1@juno.com) or self-addressed stamped envelope to: Sherri Leiter, 4897 Scott Branch Rd., Hampshire, TN 38461 for more information.

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**ON THE COVER:** Dylan Koetsier is anxiously awaiting the arrival of his first brother or sister, due to join Ronnie and Amber in November 2002. Dylan is so excited and wants to show you how proud he is ☺

# "Indescribable"

By Ramona Boyer

Wow, we just had the first Above Rubies Retreat in Virginia this past weekend and it was AMAZING. Having never been to a retreat myself, I wasn't quite sure exactly what it was going to be like. I just knew of all of the wonderful testimonies I had heard from others who'd been to them in other areas and knew that I needed to go! By God's grace all of the details of putting on a retreat worked out (just like Trish told me it would) and I was able to take it all in just as all of the other ladies. The whole weekend was about embracing motherhood (rather than enduring it) and the fragrance of our homes. Nancy Campbell has been so gifted by the Lord in her ability to convey to women our need to totally EMBRACE life the way God intended it to be.

Also by God's grace, Nancy's daughters, Serene and Pearl and three of their children were able to be with us. They shared their music which absolutely uplifts motherhood in every way. Serene shared one song entitled *Lullaby of Love* which she wrote after a miscarriage which speaks of how that precious little soul was intended for heaven, meant to sit and worship at the Father's feet. That was absolutely indescribable and especially meant so much to those who'd experienced miscarriage. We were also blessed to play the INCREDIBLE Above Rubies Retreat theme song, *God Says They're Gifts*, by Val Halloran. Val is mother to eight children and an incredible singer and songwriter. The song starts out by saying "People look at my children and smile. Don't you know where they come from they say. I say, Yes they're from heaven whether there's one or eleven I'll receive them because they're heaven's best. If God says they're gifts then I'm blessed." It was absolutely wonderful and touched so many hearts.

60 ladies and approximately 25 babies as well as some toddlers and older children were in attendance. In that sixty ladies were some teenage young ladies, one young lady who'll be married in a few weeks and some who're still unmarried. Many of these young ladies testified as to how thankful they are to have heard THE TRUTH at this time in their life rather than 10 or 15 years from now. There were many ladies who gave wonderful testimonies as to what God has done in their lives through Above Rubies or what God had been speaking to them about throughout the weekend. I'll share with you one dear lady's story. She and her husband had two children and had called it quits; they weren't having anymore. During the next several years 2 ladies gave her several Above Rubies magazines as well as other materials dealing with the subject of letting God plan your family size. They continued to give her Above Rubies and finally she and her husband came to a different understanding of having children. God has since blessed them with three more children and she was holding the youngest, four months old, as she told us this. There were others who shared with us their testimonies of having reversals. One lady now has four more blessings since her husband's reversal (six total) and she had her four month old in her arms while telling us this and it was so INCREDIBLY AWESOME to look at these precious babies and realize that if someone hadn't been willing to share their burden and willing to let God use them, these babies wouldn't be here. Let me say that if the Lord is laying it on your heart to talk to someone or give them a copy of Above Rubies please take it seriously, the rewards are eternal.

The fellowship, understanding and prayer among these ladies was absolutely wonderful. The presence of the Lord was so strong. On Saturday night after our regular session was over Nancy and many ladies stayed to pray with one another. That was **indescribable** as well. There are so many needs. This amazing prayer session went on until 12:30.

Many lives will never be the same again because of the truth they heard and fire light in their hearts by the Holy Spirit. My life as a wife and mother will never be the same. If you ever have the opportunity to attend an Above Rubies Retreat, **GO**, you'll never regret it. It may be that you've been to many already, well, invite others. Not just those who're "like minded" but also those who don't know THE TRUTH because they need it more than anyone else. Be a willing vessel for the Lord to work through, you'll never know until heaven how many lives the Holy Spirit will touch.

*God Bless, Ramona Boyer, Virginia*

**For Val's CD, please contact her at:** Val Halloran, 9683 231st Drive, Live Oak, FL 32060, [phalloran@alltel.net](mailto:phalloran@alltel.net)  
music on the Internet: Listen with Real Player:  
[http://www.gospelcom.net/brokenrecords/view\\_artist.php3?id=158](http://www.gospelcom.net/brokenrecords/view_artist.php3?id=158)  
A place where you can download  
mp3s <http://www.cmusicweb.com/halloran/>



By Moira Bell

**I was surprised and blessed just after I moved across the country from LA to rural Virginia to hear from Trish that a sister had contacted her about coordinating an Above Rubies retreat near my new home! Thus began my 5 month email relationship with Ramona Boyer. For two of those months my family was gone on a "See America" road trip so I was not around to help Ramona at all. My contribution was to pray and to make little gifts for all the ladies to take home. My three daughters helped me make bookmarks, refrigerator magnets, plaques, and little information cards about "Rooibos Tea" that Colin Campbell had introduced me to earlier this summer.**

**Ramona received registrations and cancellations right down to the day of the retreat. Since she had to drive to Tennessee to pick up some ladies from the airport there, she asked me to come a bit early to the hotel to set up our meeting room. As I walked into that room I knew right away that Ramona was one hardworking woman. She had amassed baby equipment of all kinds - cribs, high chairs, walkers, swings, etc., as well as 8 beautiful rocking chairs. There were boxes of fresh fruit to wash and put out, gifts, packets for each lady, and instructions for me to know what needed to be done.**

**We greeted the first ladies to arrive and were happily settled in when Ramona walked in the door with her beautiful smile and radiant complexion and said with her lovely southern drawl, "You must be Moira, right?" I was so pleased to meet her face to face and felt in ways like I already knew her from all the love and sweetness she had put into this retreat.**

**The weekend was, in a word, "lovely." Nancy's teachings were timely and powerful, as always, and the whole retreat was laced with beautiful and meaningful songs from her**

daughters, Serene and Pearl. I have to tell the truth here. If I didn't already love and respect Colin and Nancy Campbell, I *would* after meeting these grown daughters of theirs, watching them with their children, and hearing them share at the microphone and one-on-one amongst the ladies. It encouraged me so much to see this fruit of Colin and Nancy's in real life.

By far the most poignant and meaningful portion of the retreat for me was the prayer ministry time which extended for a few hours after the evening meeting on Saturday night. We began by holding hands and praying for some intense needs in the lives of ladies who couldn't make it to the retreat. Eventually we were huddling around different ladies within the group as they shared from their hearts and were vulnerable with each other. Many tears were shed, many powerful prayers prayed, and I am sure lives were changed. I felt so knit to the ladies after this time together. I had my oldest daughter with me (Crystal, age 14) and she really entered in to this intercession time as well which deeply blessed me.

There were 8-10 young unmarried women on this retreat (teens to young 20s) which added a delightful element. I can hardly fathom how enriched their lives are by getting exposed to all this truth way before they marry and begin their families. One young lady is getting married August 9th and we are going to go share in her wedding celebration. She met her husband-to-be through pastors who knew them both. During their second phone conversation she broached all the tough subjects of birth control, letting God plan your family, welcoming children as gifts, her staying home, etc., and was delighted to find that this homeschooled young man was on the same page in his thinking! Isn't that precious! I am encouraged that a whole new generation of young mothers will emerge soon from within our families who have so much more biblical knowledge and wisdom than we did at their age. God is so good! I look forward to ongoing correspondence and connection with the new friends I made on this retreat over the months to come.

I encourage BT readers every where to prayerfully consider hosting or attending an AR retreat in your area. Women are spiritually and scripturally starved for these kinds of events all over America. God bless you!

~Moirá Bell

## "Calginia" From Los Angeles to Bedford

by Moirá Bell, April 2002

*Midst traffic congestion, smog and pop stars  
Open space, elbow room and quiet seemed sparse.  
With overpriced houses on mere postage stamp lots  
It was no longer the place to be raising our tots.*

*Fires, floods, riots, and frequent earthquaking  
Combining with hearts that were truly now aching  
For clean air, a slow pace, and a rural existence  
Lead to our choice to at last go the distance.*

*From Pacific to Atlantic, Califom to Virgin,  
L.A to Bedford, a new life to begin.  
Trading palm trees for poplars, flat land for hilly  
Straight roads for curved ones, mild days for chilly.*

*We sorted and boxed, donated and sold  
Downsizing to just what the truck could hold*

*While wading through the process of selling our home  
Checking each contract with a fine-toothed comb.  
The packed van drove away and we all breathed a sigh  
Time to deep clean the place and get ready to fly!  
We had a few final visits, last hugs, sweet good-byes  
Then boarded a plane and took to the skies.*

*And in just over six hours we safely had landed  
And began to explore the new land we'd been granted.  
We found things around Bedford that you've just got to love.  
They must be the things small towns are made of.*

*The folks here all wave as they pass on the lane  
And there's a historic old clock at Bridge Street and Main.  
Bank tellers give lollipops along with receipts  
And they've got a joint drycleaner and Tastee Freeze!*

*There are stately old houses where the porch wraps around  
And a lovely library with floral strewn grounds;  
Plus road sign conglomerates pointing ev'ry which way  
For the business loop, the bypass, or the highway!*

*Seems the locals ignore these and give directions by landmark  
Which, of course is just fine, unless you're lost and it's dark!*

*"Well, if you take a right by Food Lion and bear left over the bridge  
I don't know the road number but it's just down there a smidge  
Pass the church, take the right fork and head toward the highway  
Stay in the left lane, and don't worry, you'll get there someday!"*

*At our new little house out past the Walmart  
A neighbor's rooster cock-a-doodles the day's start  
Cows bawl in the distance, a donkey hee-haws  
And a stray cat adopts us, scratches my door with her claws.*

*Horses from next door poke their heads o'er the fence.  
My kids slip them apples and hope to make friends.  
Each neighbor who passes gives their horn a light tap  
We all enjoy that our street's not even on the map!*

*We can wander through woods down to a pond and a stream  
Where toads, giant turtles and baby frogs now teem.  
And we've all become acquainted with the feisty little ticks  
So far, the only downside to living in the sticks.*

*Our bird feeders bustle with peckers, cardinals, and thrushes  
This is such a quiet place, where nobody rushes  
So pretty, so peaceful, so earthy, so quaint -  
Like something Norman Rockwell would have wanted to paint.*

*From my patio glider I gaze into the trees  
And whisper a prayer, "Dear Father, Oh please,  
Hear my heart's truest "Thank You" - I feel so very blest!  
In my new life in Bedford my spirit's at rest."*



# The Men's Retreat That Wasn't

**"...You are about to enter another dimension, one that is of sight and sound...your next stop; The Twilight Zone...duh, duh, duh"**

That's how I felt when the weekend of April 12-14, 2002 passed insignificantly. I honestly was awaiting an Earth-shattering global catastrophe. There had to be some profound reason for the strange turn of events that led to the cancellation of a retreat that surely was supposed to happen. Over 250 emails and flyers went out announcing that a retreat for the Dads would be held at Pine Valley that weekend in April. Now we have been doing business with this particular retreat center since 1998. They have never **not** sent out a contract, but for some reason, this time, they did not send out a contract. This was despite a few reminder phone calls where I was reassured that we were on the books. Nancy has never **"forgotten"** to book a flight, yet one week before the event she discovered to her horror that she hadn't booked the flight back in February when we had first discussed it. I made desperation phone calls all week to try to get some guys to register. Even when asked by their wives if they would come for free, they said, no, they didn't know anybody and weren't going. So the day before the retreat we said, well, I guess there isn't supposed to be a retreat right now, let's call it off. But there wasn't really much to call off. A camp without a contract, a speaker without a flight, and a couple of guys who hadn't committed any money yet, but were game to show up. God graciously protected us financially on this one and I thank Him! But I still wonder....what is the reason ~Trish

## Thank You for Your Prayers!

*We just wanted to thank all of you who have prayed for us and helped us through this past year. We have been met with more challenge than any other year, but feel that it has been a time of gaining strength and steadfastness in our almighty God.*

*I want to encourage others to reach out, ask for prayer and support. We could tangibly feel the prayers coming down on us in sheets bringing relief, comfort, and protection. A cool rain flooding each trial and making it bearable.*

*We love you all and know that in a time of need that you have been there for us.*

*Thank-you again. It was a great year because of the bond we have in Christ. In His Grip, Always, The Trejos, New Mexico*

## Austria, Here We Come!

**From Kim Eddy:** *The Lord has finally opened a door for us to go to Austria (that's the one in the Alps ladies ☺), and, we need to raise about \$1200.00 a month support. As part of our "support" I am selling two booklets we have written. The first is 24 pages, and is called, "Thriving on One Income", offering tips for saving money, and also offering encouragement for those all-too familiar times when the family budget doesn't balance, and God's mighty faithfulness comes shining through. This booklet will sell for \$5.*

*The second booklet is written for couples who are struggling with pornography and adultery in their marriage. My husband and I wrote this together, as an encouragement and resource to couples who are working towards restoration. This booklet is \$6, and is called "Spiritual Warfare for Couples" Another book of mine is nearly done. It is a gardening resource called "Momma's Garden" geared specifically towards homeschooling moms of many! It should be done by the end of the summer, and if you are interested or know anyone who might be, please pass that info along. It will be about 150 pages (I think....), and will sell for about \$12.00 (I think....), but just call me at 989-795-9464 or email me for more information!*

*Kimbereddy@tds.net Also as part of our missions-mindedness, our*

*2700 sq. foot, 6-bedroom house, full of bookshelves and lots of pre-planted perennial herbs, fruits, and vines, is also going on the market. Perfect for your growing family, and located about an hour out of the Detroit, Flint or Saginaw areas, in rural Michigan. If the right family is out there, we may even consider "rent" or "rent to own", but we prefer to sell. ~Kim*

**Little Lambs offers...Homemade cloth diapers made from 100% cotton flannel. One Size fits 7 - 35lbs With gussets to prevent leakage, improve fit and increase comfort. \$8.00 each or 4 for \$30.00. Fleece covers \$13.00 each or 3 for \$35.00. Snap covers made from soft, breathable PUL fabric with flo-thru side panels for \$10.00 each. Order on my web site or email me at [lolo@littl lambs.org](mailto:lolo@littl lambs.org) Coming Soon: slings, cloth menstrual pads, and more... <http://www.littl lambs.org> (310) 326-9425 Laura Weiss**

### Lots of useful info

- \*Above Rubies for Men [menslist-on@aboverubies.org](mailto:menslist-on@aboverubies.org)
- \*Another men's egroup; <http://www.patriarchspath.org/>
- \*MCI's "Neighborhood Plan" allows you to call anytime anywhere local toll and across the U.S. for \$49.99 a month + taxes. There are no limits or additional charges. Talk 24 hours a day for one flat monthly rate
- \*Affordable pregnancy tests: <http://www.tcfb.com/fruitfulvine>
- \*25 pregnancy & ovulation tests for \$6.99 + 2.69 shipping [www.saveontests.com](http://www.saveontests.com)
- \*Baby sign language site: <http://www.handspeak.com/>
- \* Sign Language Video-Grace Works Ministry 1421 Lieunett, Wichita, KS 67203 800-639-5635
- <http://www.infertilityworkshop.com> "the workshop in fertility" herbs, whole foods, sea silver, fertility aids and more.
- \*The Federal Reserve site has 12 comic books available to teach about money, plus videotapes (some free, some to borrow) and more. <http://app.ny.frb.org/cfpicnic/frame1.cfm>
- \*Book publishing for children-Lisa Cannon sells kits to publish hardback books. 736 Gospel Oaks, Inverness, FL 34450. (352) 344-0834 [liscannon@juno.com](mailto:liscannon@juno.com), [www.geocities.com/bbb34450](http://www.geocities.com/bbb34450)
- \*FREE book to print that teaches how to sew. <http://www.craftandfabriclinks.com/sewingbook/sewbook.html>
- \*A positive soy article: WHAT ABOUT SOY? by John Robbins <http://www.notmilk.com/robbins/robbins.html>
- [http://www.foodrevolution.org/what\\_about\\_soy.htm](http://www.foodrevolution.org/what_about_soy.htm)
- \*<http://home.swbell.net/birons/blessed.htm> This site has many medical links and many testimonies on tubals.
- \*Shonda Parker, author of "The Naturally Healthy Pregnancy", "The Naturally Healthy Pregnancy" and "Mommy Diagnostics". [www.NHLiving.com](http://www.NHLiving.com) or call 1-888-77LOYAL.
- \*[http://www.pe.com/lifestyles/breakout/PE\\_FAM\\_nfamcent7.a198.html](http://www.pe.com/lifestyles/breakout/PE_FAM_nfamcent7.a198.html) An article on courtship.
- \*<http://www.pregnancy.org/cal/index.jsp>? a customized detailed pregnancy calendar with photos and does the calculations
- \*A series of videos that teaches ALGEBRA and is specifically designed for homeschooling. [uncledan@homespun4homeschoolers.com](mailto:uncledan@homespun4homeschoolers.com)
- <http://www.homespun4homeschoolers.com>
- He will e-mail a copy of his 180-page "Algebra Workbook" file as a "free gift" to anyone who so requests by e-mailing
- \*<http://www.borntoexplore.org/unschool/index.html>
- \*Purchase the book, Homeschool Your Child For Free by Laura Maery Gold. The book is jam-packed with FREE resources. Buy it at your local Barnes & Noble or Borders with your 20% teacher discount or Amazon: [http://www.amazon.com/exec/obidos/ASIN/0761525130/unitstud\\_yhelpsth](http://www.amazon.com/exec/obidos/ASIN/0761525130/unitstud_yhelpsth)
- \*[http://groups.yahoo.com/group/Homeschooling\\_A\\_Quiverfull](http://groups.yahoo.com/group/Homeschooling_A_Quiverfull) Legoland education dept. for homeschool days (877)534-6526

## Lambs Sent From On High

**Anna Maria Leiter** joined the Leiters on June 8 at 4:46pm. Big sister, Amy, caught her. (Amy just finished a correspondence course for midwifery and apprenticed with a midwife in Ohio for 6 weeks.) Anna weighed 7#7 1/2oz and was 20 inches long. David and Sherri are the proud parents and **Amy, Bradley, Sarah and Marybeth** love their new little sister.

This day, October 15, 2001, at 3:32 p.m., weighing 10 pounds and 9.2 ounces and measuring 22 inches long...William and Ann Munro

welcomed **Jacob Matthias Munro** into their arms. Superbly Supportive Siblings...**Michael Joshua-16, Thomas Daniel-12, Emily Lauren-7, Rebekah Jean-5 and AnnaGrace Katherine-4.** Special Siblings...**Caleb Samuel (with our Father in Heaven-July 28, 1999), Silas Stephen (with our Father in Heaven February 1, 2000), and Caroline Rose (with our Father in Heaven September 28, 2000) PRAISE BE TO GOD!**

On Easter Sunday, March 31, 2002, we had a wonderful baby girl!

**Saron DaNee Scarpace, 9#**, the youngest and most doted over child out of 9. Her biggest sister is **14-Junia**, Big brother who is first in line to hold her everyday is **12-Andros**, then musical **11-Cassia**, Mini-mommy **10-Bryanna**, helpful **8-Onycha**, happy **6-Charis**, little big brother **4-Kison**, and ever wanting to pull her weight around **2-Alatheia**. **Margie and Daniel** are the proud parents.

**Selah Noelle Covington** (pictured at right) was welcomed on April 6, 2002 at 8:23 p.m. She weighed 6# 10 oz. and was 20" long. Luke and Patrice and her adoring big brothers, **Elijah-8 and Micah-4** are very pleased to have her join their family!

**Cyan Cortes** After 9 hours of labor Denise delivered our loveable son at 5:02 AM. 8# 8 oz., 21 3/4" long born in birth tub. April 20, 2002. Michael and Denise's other children are :**Mikey-8, Noah-5, Diego- 3 1/2, Solomon- almost 2**



families have started to Homeschool, one woman was saved, and a group of women are studying the Power of Motherhood. The ladies in the group are calling what has happened revival." ~Helen Sullivan

**Liberty Hosanna Faith Shepherd** Born May 14, 2002 at home in Scotland to Debbie and Stephen Shepherd. Liberty has 2 sisters and 6 brothers.

**Above Rubies Ministry in Scotland:** "I talked to a friend in Scotland and she told me that she had given some copies of Above Rubies to a lady who had asked her to explain what the bible says on family issues. Apparently this lady shared the AR"s with other Mom"s and in a very short period of time ....three



**Elizabeth Katelyn Adye** born 4/27/02 on her sister's birthday, Hannah, age 11. God has something very special for these 2 sisters. "Little Miss" is a sweetheart and has many arms eager to hold her. Praise God--He gives good gifts. Parents are Larry and Heide Adye. Elizabeth has three brothers: **Reid, Ian, and Andrew.**

**Rylan Denay Smith** Kristi & Windell welcomed their newest blessing on 6/20/02, 6lb 11.7oz. Proud big sisters **Ragan Elizabeth 10 1/2**, **Rachael Morgan 9**, **Ryanne Ashleigh 3** are sure to give her lots of love.

## Trust in the Lord

By Carol Marhold

I am due on Father's day but have not yet delivered...This will be our fifth. This child was conceived right after September 11...not that we were in fear or anything © Yet, this little one's life began when Phil and I were beginning to think that four were enough...though a couple of months before I had prayed, "Lord, would you send Melissa a little sister."

I have gone back and forth much of the pregnancy, even wishing that I wasn't pregnant at all...why? Because of my own selfishness.

"This child is not convenient for me...what if it is another boy? God just wants to take away all the "freedoms" I have gained by all my children now being age 2 and up. All the work involved...and I will be losing MY "freedoms". Wow! It has not been easy. But **"I know in whom I have believed, and am persuaded that He is able to keep that which I have committed to Him until that day"**...that is, my life, my time, all of who I am.

One amazing part in all of this is that Philippe got another job with a different Plumbing company. He is making so much more money than he was at the other company, and we have full insurance! God does provide when He sends us another blessing. Also, on Memorial Day, I met another woman who was expecting. She and I will probably never meet again, but what she gave me was a blessing that I did not expect. Usually I receive the question if I am away from my other children, "is this your first pregnancy or do you have other children?" She asked me this question. I told her that I have three boys and a girl. Her response, "Wow! That is so wonderful!" Then I shared with her that we planned to have four but that this one was a surprise. Her gracious response, "Four planned and one blessing!!!" She really fueled my faith that day and the next even to this day! Our simple responses to people if they are having a bad day can truly impact them. May we seek to bless and not curse. If a woman is complaining, do not simply respond sympathetically, but graciously turn the situation around for them to see God's great blessing in it all! She did not even seem to be "trying" to encourage me, it really came from her heart. May we do the same!

As I have sought to "save" my own time, my "freedoms", myself, I have truly lost. It was on those days that real turmoil erupted in our home. My children suffered, my husband suffered and though I thought I was gaining something, I suffered. It never works when one tries to work for oneself...the world lies to us, the devil lies to us, we lie to ourselves..."If I don't do it for myself, then who will?" Selfishness is NEVER THE ANSWER. God's way: **GIVE, LOSE YOURSELF, LOVE WITHOUT EXPECTING IN RETURN, FORGIVE, TRUST IN GOD!** These are the truths of life! We have joy when we enjoy others receiving time, effort, or money from us. As we give, we do not lose anything, but truly gain God's favor. I just want to share with you, that just because some of us want to be receptive to the Lord's gifts does not mean we will not falter along the way, and just because we falter does not mean the Father thinks any less of us. He has loved me--us, through these times of

questioning and loves us still. Oh, may we learn to relate in the same way to our children, not being afraid of their questions and doubts, but simply walking in truth before them by living out the Word of God.

Now I can see the graciousness of the Lord our God...these are the children He has given me...Austin Dakota, 8, Justin Wyatt, 6, Jonathan Scott, 4, Melissa Jo, 2 and announcing the arrival of....**Kira Joy Marhold**..."The joy of the Lord shall be my strength!"

We have another girl: Kira Joy Marhold! She was born here at home at 11:22pm on June 22, 2002 weighing in at about 7lb. with the assistance of two friends, one of which is studying to eventually be a midwife and the other whom the Lord sent and wants to become a midwife. Our regular midwife was for some reason that only God knows, unreachable by phone. When I realized I was probably in true labor, I called her cell phone and left a message two or three times, but received no response...we had had bad weather earlier in the day, so I do not yet know why she was unable to call us.

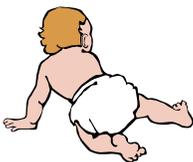
The Lord truly cared for us and brought into our home my very good friend Jaime an hour and a half before delivery. The Lord sent by His own Spirit, Pat, who has been a good friend in time of need--especially last night--at just the right time assistance with getting the other children settled down for bed. She came to us, she said, because the Lord told her to come home from Milwaukee another way than usual and to go to our house! I wept when I opened the door, because I really needed someone, and I needed to see the care of the Lord and did!

I have been praising God for all the merciful answers to our prayers...my labor was longer with this birth than the others...I think I started labor on Friday around noon. But just like Melissa, the contractions was so sporadic that I waited patiently and just kept on as normally as possible...Then about 6pm on Saturday I noticed that the contractions were getting about 10 minutes apart and increasing in intensity. My water had not yet broke, yet I finally knew that I was in labor. At around 10:40 p.m., I got into the tub (we have an extra long extra deep tub in our main bathroom my husband designed), and got out around 11:10pm, at which time I felt the urge to bear down and my water broke; I never left the bathroom without Kira making her appearance far more quickly than I ever thought possible! The shortest transition I had was 20 minutes with Melissa. With Kira, it was around 5-10 minutes and she was delivered so quickly--even I was shocked! I didn't even tear! God was so absolutely merciful! God is so good and His love does truly endure forever! Forever God is faithful, Forever God is strong, Forever God is with us, Forever!!!

I overlooked a very important person in the midst of all of this...Philippe...he was brave, strong, helpful, and really surprised me with how supportive he was (and is!!)! He could have insisted on going to the hospital when we figured out that Mary was not returning our calls...except I think we kept hoping she was on her way and going to show up at any moment...God worked miraculously and this has been the best, absolutely best birth experience yet! And...I love this little one so much! I would not trade her for the world or all the conveniences of having only two children. I do not want to ever have to imagine living life without her as part of our family!

Once more, I also had some friends from college (Vince and Michelle Langham) give us some helpful tips via e-mail on the umbilical cord, and what to sterilize, etc. They mostly were supportive in the Word and prayer, when I was so upset because I couldn't get in contact with our midwife. They also reminded me (us) to trust in the Lord! Looking back, God is sooo good to us! Kira seems healthy enough, my milk is in, I am getting rest, our other children are enjoying the long playtimes in the morning while I doze with Kira, I thank God for this! I know for certain that there are other people responsible also for praying us through...thank you all!

~Carol Marhold, Kimberly, Wisconsin



## By Brenda Weatherly

Christians have avoided the practice of birth control both for biblical and social reasons throughout history. Couples with many children were highly esteemed in the Christian society because their large family was a sign of God's abundant blessings and prosperity in their lives. Why would anyone think that so many children to take care of and feed would be a blessing? Because God told us so: Psalm 127:3-5 says, **"Sons are a heritage from the Lord, children a reward from him. Like arrows in the hands of a warrior are sons born in one's youth. Blessed is the man whose quiver is full of them."**

Did you know that 75% of America's Presidents came from families with 5 or more siblings? And that Jesus Himself came from a family with at least six siblings (Mark 6:3)? What a drastic comparison to today's 1.8 children per American family!

What has happened to the Christian church in such a short time period that it has changed its views about families so dramatically? I believe Satan, The Deceiver, has crept in and taken control of Christian's minds and warped their ways of traditional thinking. We have forgotten that Satan's main goals are to steal, kill and destroy (John 10:10). In today's culture, instead of being looked down upon for not having children, couples are being criticized for having more than that magical number of "2" children per household. The biggest tragedy is that even the Christian church is alienating themselves from fathers and mothers who choose to let God bless them with a quiver full of children. It is not uncommon for the mother with many young children to hear negative comments from her fellow church members and friends, such as **"Don't you know what causes that?"**, **"Why in the world would you want to have so many children?"**, **"Don't you know there's something for that?"**, or **"When are you going to stop having kids?"** And when the outward comments aren't made, surely many people are in a state of confusion as to why anyone in their right mind would want to have more than one, two, or even three children.

Satan has caused us to believe a number of lies about birth control and large families. Some of the myths that Satan has implanted in our minds are: 1) God gave us the technology to make and use birth control, therefore birth control must be a good idea and we must take advantage of it, 2) It is financially irresponsible to have more than 1 or 2 children, 3) Having a lot of children is too great a burden for any mother to bear, and 4) Too many children cause stress in a marriage. All of these myths can easily be refuted with Scripture.

**Myth #1-** The myth that God gave us the technology to make birth control and therefore we must take advantage of it is a fallacy. If we use that reasoning, we have to use it with other forms of technology as well. God also gave man the knowledge to perform abortions and perform cloning experiments on humans, so we can see that this logic is flawed. Just because man has this knowledge doesn't mean that it comes from God or is approved by Him.

In the beginning of the 20<sup>th</sup> century, birth control was forbidden or highly condemned by every church in America. Remember the root of the birth control movement? It started with a Nazi follower named Margaret Sanger. Her views on life were despicable. She advocated every form of birth control, but most horribly abortions, eugenics, and infanticide. Her ideas were so radical that they didn't catch on right away. Then along came a woman's 'health' group known as Planned Parenthood. At first Planned Parenthood was against abortion and only provided women with basic medical exams, but this led to the beginning of our modern-day birth control movement, kindly termed 'family planning'. Planned Parenthood was a very unpopular organization among Bible-believing Christians and it became even more so when Planned Parenthood started condoning and performing abortions. Churches were outraged at this shift in the lowering of human life. These same Christians who protested against Planned Parenthood were unaware, however, that their views of life before conception had been implanted in their own heads. The birth control movement had secretly crept in to today's Christian family and now there's no turning back.

Today every church, except for the Catholic Church, has forgotten its stance on family planning and birth control. Any form of birth control- tubal ligation, vasectomy, birth control pills, anything that the individual couple deems suitable for them- is now approved of and for

the most part, used by the general church population. Even though it is a proven fact that a certain percentage of birth control pills and IUD's will act as an abortifacient (they will cause an abortion in the early stages of an embryo), churches will not speak up about this issue as well. They know that if they do, millions of people will be angered because its members have become reliant on them. Because of the church's silence on this issue, they will also refuse to take a moral stand against abortion in the near future as well. Some Christians are even standing by scientists in the debate over fetal tissue research to 'save the life of another human being'.

The value of life has quickly sunk to all-time low, not just in neo-Nazis like Margaret Sanger, pro-feminist groups like Planned Parenthood, and scientists who advocate human cloning and fetal tissue research, but with our own Christian brothers and sisters. Satan truly has succeeded in stealing, killing, and destroying. He has *stolen* a very precious gift from God- our fertility. He has *killed* our passion to fight back against the birth control industry, and he has *destroyed* our stand on the value of life.

When it comes to issues such as birth control and abortion, we have to weigh the moral ramifications and significance of such technology before hopping on the bandwagon, no matter how popular the idea may seem. Christians must remember that the world only knows about God and His Word from what they see in our lives. If we are so quickly swept away by the same worldly trends (birth control) as non-Christians, why should the world think that there is any difference between them and us? If we lower God's standards to that of the world's, then we are no different than the non-believers. Romans 12:2 tells us, **"Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind."** Christians should be influencing the world, but as we can see by the examples of Margaret Sanger and Planned Parenthood, the world is influencing us. Christian's views about birth control may have changed, but God's surely have not.

**Myth #2-** Some people say that God wants us to be responsible in our lives and that is why it is necessary to have only one or two children. What do these people mean by 'responsible'? Do they mean that it becomes too difficult for a husband and wife to provide for a large family? Or do they mean that we are irresponsible in reproducing many children because it causes strain on the earth and its resources? Doesn't God teach in His Word that He will take care of His children and provide for all of their needs? I would like to know where in the Bible does God give instructions to married couples to limit their family size for the sake of being 'responsible'? Do we believe that God will decrease our prosperity and His provisions when our family size increases? If that is what we believe, the Bible teaches differently. Phillipians 4:19 tells us, **"And my God will meet all your needs according to his glorious riches in Christ Jesus."** Deuteronomy 7:13-14 says, **"He will love you and bless you and increase your numbers. He will bless the fruit of your womb, the crops of your land- your grain, new wine and oil- the calves of your herds and the lambs of your flocks in the land that he swore to your forefathers to give you. You will be blessed more than any other people; none of your men or women will be childless, nor any of your livestock without young. The Lord will keep you free from every disease."**

And in Deuteronomy 30:8-9, **"You will again obey the Lord and follow all his commands I am giving you today. Then the Lord your God will make you most prosperous in all the work of your hands and in the fruit of your womb, the young of your livestock and the crops of your land."**

And finally Deuteronomy 28:2-4 says, **"All these blessings will come upon you and accompany you if you obey the Lord your God: You will be blessed in the city and blessed in the country. The fruit of your womb will be blessed, and the crops of your land and the young of your livestock- the calves of your herds and the lambs of your flocks. Your basket and your kneading trough will be blessed. You will be blessed when you come in and blessed when you go out."** Clearly in these verses, God shows us that if we are faithful to Him, He will be faithful to us. God not only blessed His people with the fruit of the womb (His greatest blessing)

but to go along with their increasing numbers, He also increased their favor, their crops, their herds and flocks, and their health.

The word 'blessings' is just another name for gifts. Most people welcome gifts from other people and surely people pray for blessings from God. It would be considered very rude to reject a gift given to you by a dear friend. Our God, who we should consider a very dear friend, would love to bless more Christians with the gift of children, but you would be surprised and saddened to know how many times people reject God's gift of children because they have permanently closed that route. They are more than willing to accept financial gifts and blessings of health, but refuse blessings of children. I can think of no other blessing as rejected as the fruit of the womb.

Psalms 37:25 says, **"I have never seen the righteous forsaken or their children begging for bread."** "But, you may say, "I have seen many large families who are dirt poor." We must remember that God has a different viewpoint on wealth. Some consider themselves wealthy by having material possessions, a large house, and 2 cars.

Others consider themselves wealthy by being rich in family, rich in faith, and rich in deed. Phillipians 4:11 tells us, **"I have learned to be content whatever the circumstances."** Oddly enough, our country is currently the richest we've been in our history, yet we are less content than any other generation that America has seen. James 2:5 says, **"Has not God chosen those who are poor in the eyes of the world to be rich in faith and to inherit the kingdom he promised those who love him?"** If we choose to limit our family size because we believe we are being financially responsible, then we are doing so out of selfish reasons, not Biblical instruction.

**Myth #3-** "It is too great a burden for any mother to have so many children". We are told in the Bible, although Christians today like to completely ignore this fact, that a woman's main role in life was to bear children (1 Timothy 2:15). Times have changed now-

days, but has the Bible? Some may be ashamed to think that a woman's role in life is to bear children, but the Bible tells us not to be ashamed of the gospel of Christ (Romans 1:16). Could it possibly be that God wanted women to have this role in life to bless her and to protect her? Our value of life has diminished so much that women no longer see the importance of nurturing unborn life in their womb. They now see pregnancy as a disease or a medical condition. God viewed pregnancy, or the creating and bringing forth of a new life, as a complete honor. Remember that Jesus came from a family of at least 6 siblings? Jesus' mother was the most highly esteemed woman of the Bible. God chose her to bear many children not because it was something dishonorable or something to be embarrassed about, but because God approved of Mary and her faithfulness. The best way God could bless her would be to bless her womb and that is exactly what He did!

God also created women to bear children to protect their health. Study after study has shown that women who bear many children are much less likely to suffer from female cancers such as ovarian cancer, uterine cancer, and breast cancer. And women who have had one or more abortions or who have never breastfed are much more likely to get breast cancer. That should tell us something right there! Our culture has done an excellent job in brainwashing women to ignore those natural maternal desires and tendencies. The farther away a woman can go from God's natural design, the easier it will be to forget what her purpose in life is. Isaiah 49:15 tells us, **"Can a mother forget the baby at her breast and have no compassion on the child she has borne? Though she may forget, I won't forget you."** Too often in today's world we have seen that a mother can forget the babe at her breast, and she has shown no compassion on the child she has borne. She has distanced herself from the honor of motherhood and the natural relationship that would normally bond her, both physically and emotionally to her children. The Greek root word of female literally means, 'to nurse or to give suck'. The women of the Bible nursed their children until the child naturally weaned which was anywhere from two to five years, and this is still the acceptable norm in most countries of the world; most countries, that is, except America. Samuel was nursed at the breast by Hannah until the age of 3 when he was brought to the temple of the Lord to live. Isaac was nursed by Sarah for 3 years, and Moses was at least 2 years. Modern career mothers have found that artificial formula and bottles are more convenient than being tied down with the burden of breastfeeding.

**Our God, who we should consider a very dear friend, would love to bless more Christians with the gift of children, but you would be surprised and saddened to know how many times people reject God's gift of children because they have permanently closed that route.**

Being a mother to many children is not considered a burden to the mother whose heart is in the right place. 1 Thessalonians 2:6-7 says, **"We could have been a burden to you, but we were gentle among you, like a nursing mother tenderly caring for her children."** If only today's woman would accept with delight her children, nurse them tenderly, be gentle with them, and not consider them a burden! Women have forgotten that to nurse their babies and to raise their children is the greatest responsibility that the Lord has bestowed upon her. It never was and never should be considered an embarrassment or a nuisance.

**Myth #4-** Too many children in a family causes unbearable stress on the marriage relationship. The couple who hinders the birth of more children so that they can save their relationship may think that that is their best option. After all, many so-called 'family' groups tell us that the less time a husband and wife have together to nurture their own relationship, the more likely they will become distanced from each other. The mother is constantly overworked with the tending to of children and household tasks while the husband is feverishly working away from home to make enough money to put food on the table. By the time they get to bed at night, they have no time for themselves because of the pure state of exhaustion that they are in. Their children have become a downright hindrance to their romantic life. Over time they have found that they have nothing in common anymore and they forget why they got married for in the first place. Sounds like something to be concerned about, right? With this type of thinking, we must also put things into their proper perspective and look at the issue through Biblical reasoning.

Children were always the center of family life up until the '60's or '70's when psychologists came up with the term 'child-centered' parenting. All of a sudden, parents became obsessed with whether they were being too child-centered and ignoring their spouse. The term child-centeredness can put even the best of Christians into a state of panic about the health of their marriage. Do we honestly believe with our whole hearts that Abraham, David, and Joseph were worried about the size of their family causing a strain on their marriage? I believe they were more than willing to accept as many children that the Lord would give to them because they knew that children would bind them closer to their wives, not tear them apart. Please read this quote by Dr. H Barinck about family life and children:

**"Children are the luxury of marital life, the treasure of the parents, the wealth of the family life. Their presence develops a great number of virtues in the parents, the father and mother: love, devotion and self-sacrifice, the care for the future, interest in the community, the art of education. Children check selfishness in parents, reconcile the contrasts, soften the differences, bring the hearts of the parents ever closer to each other, give them a common interest that lives outside themselves, and open their eyes and hearts to their surrounds and posterity."**

Our society has seen a sharp increase in divorce rates since the 1960's when women became 'enlightened' and 'liberated' in their lives. Sadly the divorce rate is currently above 50% in America, and it's slightly higher than that for the *Christian* couples. Obviously family size has decreased dramatically during this time, so the blame can't be pointed at the innocent children for causing those divorces. The blame must be pointed at a culture that has turned astray from the whole purpose of marriage: God created man and woman to become one *and* to be fruitful (Genesis 1:28). God hates divorce (Malachi 2:16) and you can bet that God hates divorce even more when children are made as an excuse to get a divorce. The Lord made a promise to Jacob's descendants in Jeremiah 30:19, a promise of prosperity and blessings to His people: **"From them will come songs of thanksgiving and the sound of rejoicing. I will add to their numbers, and they will not be decreased; I will bring them honor, and they will not be disdained."** The Lord was bringing His people honor by increasing their numbers, not decreasing them. Why can't Christians react the same way that Jacob's descendants did when they were given increasing number to their marriages: sing songs of thanksgiving and rejoice in Him!

The term 'birth control' sounds empowering to those who are trying themselves to gain control of their lives. But what do those two words-birth and control- really mean? As we have read from the previous Bible verses, birth is the start of a new human life. This is something always worth celebrating in the Bible. Then along comes the word

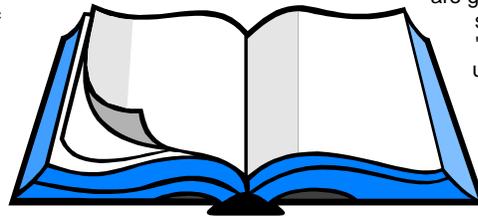
'control'. Who is in control? The Bible tells us that God is, but to those who want to control the process of birth, things are being taken out of God's hands and put into the hands of individuals. That is where we get the word 'birth control'; it is for individuals who want control themselves of when and if a new life will be given birth. To have control of our own bodies is going against God's Word. 1 Corinthians 6:19-20 tells us, **"Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own... Therefore honor God with your body."** How can we sing with a right heart "Have Thine Own Way, Lord?" or "I Surrender All" when we really never intended on giving God complete surrender? Christians should be singing hymns with a new name, like "Have Thine Own Way, Lord (As Long as it suits my lifestyle)" and "I Surrender Almost All". Just because a person can control his or her own body and control the process of birth doesn't mean we should. Leaving God out of the decision as to when and if a child is to be conceived is something God should be in control of, not a man-made pill or procedure.

The term 'family planning' sounds very responsible in itself, but is it really? Planning one's own family may seem wise in our own eyes, but what does the Bible say about man's plans? Proverbs 16:9 says, **"In his heart a man plans his course, but the Lord determines his step."** And Proverbs 21:30 tells us that **"There is no wisdom, no insight, no plan that can succeed against the Lord."** If we are planning our own family without the insight from the Lord, we are being disobedient. Who should plan our families then? Remember the wonderful Bible verse Psalm 127 that tells a man that he is blessed to have a quiver full of children? The very first words spoken in Psalm 127 tell us, **"Unless the Lord builds the house, its builders labor in vain."** There is our answer as to who should plan, or build, our families- not the workers, but the Lord! Today many of the workers are giving orders to the boss as to how the house should be built. They are saying to the Lord, "We're done building!" No wonder the Bible tells us that those workers labor in vain. They could have been much more content and fulfilled if they would have let the Lord finish his work. They have chosen to live in a small tent when the Lord really had plans to build them a mansion!

Do we, as Christians, believe that our God is the same God who created the Heavens and Earth, the same God of the Bible? If you answered yes, then we must also ask these questions: Does God still consider the man that has a quiver full of children to be blessed? Or has God changed his mind, and does He now consider the man with many children cursed or abandoned by Him? Can God be trusted in all areas of our life, even the area of family planning? Another question to ask is: Has God forgotten how the reproductive organs work? Instead of believing that God is the one who opens and shuts the womb, we have bought into Satan's lie that we need to practice birth control methods because God isn't or shouldn't be involved in these types of decisions. By permanently closing our wombs or altering a male's reproductive organs so as not to create more children, we are telling God that He is no longer in control of the personal decision-making of our lives. We are saying to Him, "I believe you will be faulty in managing our family's size, so we will fall back on something more trustworthy, more convenient, more reliable- birth control."

God is all-knowing, all-powerful, all-mighty, but does He make mistakes when it comes to the bringing forth a new life? Did He make a mistake when He created our bodies and our reproductive systems? If God doesn't make mistakes, then why do people today change God's original workmanship? Do we believe that children in abundance are no longer a blessing but a burden, an inconvenience, an embarrassment to a husband and wife? If many children bring burdens to the marriage, such as financial stress and discontent between a husband and wife, then a smaller amount of children must bring only a small amount of financial stress and marital discontent, right? Wouldn't it be better for couples to have no children, then therefore they will have absolutely no financial stress and have complete marital bliss? We know that this scenario is faulty because the Bible tells us repeatedly that children ARE blessings and to have blessings in abundance from God is to have all the riches in the world. Why would we not want to be blessed?

God is the author and creator of life. God loves life and He wants us to have it abundantly. God wants us to tell of His love and His gift of life to everyone! It is getting harder and harder for Christians to tell others to value life, even unborn life, when we try our hardest to



prevent it from even existing. Does life begin at conception? I believe it does. But more interesting than that is the Greek translation of the word sperm which, in the Bible, means 'life'. Read that part over again if it didn't kick in: Sperm literally means life! Who are we to decide when life will begin? Why have we decided to 'play God'? Are the children born to us hand-chosen by God specially for us, or are they simply by-products of a sexual act between a man and a woman?

God must be angered to know that so many Christians are forgetting one of the main purposes of marriage. Malachi 2:14-15 says, "**The Lord is acting as a witness between you and the wife of your youth... Has not the Lord made them one? In flesh and spirit they are his. And why one? Because he was seeking godly offspring. So guard yourself in your spirit, and do not break faith with the wife of your youth.**" Why was it so important for God to bring forth godly offspring? Why does He constantly refer to populating the earth and blessing Him with children that will glorify His name? Because God is preparing us for a spiritual battle in the final days, a spiritual battle between Christians and Satan. Satan, of course, is smart and he knows that the more children to be given a chance at life and to fight him in the final days, the easier it will be to wipe him out. Satan would like to limit the size of God's offspring by any means possible, so he plants lies in their heads about birth control and fear in their hearts about their inadequacy to raise a large family. And the Christian family has bought his lies and didn't even put up much of a fight. We bought his lies hook, line, and sinker.

The Bible tells us that Satan will attack the righteous and the faithful in the last days. He will test them and discourage them by any means possible, even by using fellow Christians who are not like-minded to say hurtful words, demeaning comments, and outright criticism aimed at the man and wife with a large family. Satan is well aware that babies bring life; anything he can do to stop that process from taking place will be done! Deuteronomy 30:19 says, "**This day I call heaven and earth as witnesses against you that I have set before you life and death, blessings and curses. Now choose life, so that you and your children may live.**" If we believe that offspring and the fruit of the womb brings life, and that children are God's greatest blessings, then what shall we choose? We must choose life! And we must choose it abundantly!

~*Brenda Weatherly*

For more articles by Brenda and others, see:

<http://www.ilovejesus.com/myhome/brendaw/articles.shtml>

## Saved in Childbearing

**"Nevertheless, she shall be saved in childbearing if they continue in faith, love, and holiness, with self-control." 1 Timothy 2:15**

**From Richard Polcyn:**

*Here is a teaching I read on 1 Timothy 2:15. We have to determine what is being addressed here. It cannot be eternal, spiritual salvation because this is contrary to the rest of the Bible's teaching. In the context Paul is addressing the "ministry" that some women apparently thought they had received from God and were ambitiously exercising it, not unlike today. Paul made clear that the woman's sphere of ministry is not teaching men or usurping authority over them--i.e. women pastors, Bible teachers etc.*

*The main ministry of women is there families, i.e. their children. Women will be vindicated as having carried out their ministry well by their children. They will be "saved" from the pressures of society toward fancy dressing, feminism, being their own person, etc. by accepting their God-ordained role as mothers and keepers of the home.*

*How many women's marriages, children, and personal lives (Not their salvation but their daily lives) would have been "saved" from disaster if they would have heeded this admonition from the apostle Paul? Our society would not be in the trouble it is if this principle were heeded.*

**From Tim Fowlks, Father of 10:** *My wife and I worked through this verse a few years ago, and we concluded that: It cannot mean that Christian women will not die in childbirth. Many have died thus in ages past, and still do today. It's rare in our country, but our country is exceptional.*

*It also cannot mean that having babies saves (justifies) a woman in and of itself. This is against all orthodox doctrines of salvation. How many babies would it take to wipe away original sin? And what could a man possibly do that could be comparable? (nothing)*

*So, we gain salvation by God's grace alone, through the faith that He gives us. We are empowered to evidence that faith by keeping Christ's commandments to be living sacrifices. This is true for women and men alike. If we don't give up ourselves to God, how can we believe that we are saved at all?*

*When a woman evidences her faith by staying on the altar of living sacrifice allowing God to bring new children into the world through her even though the process may kill her, and the responsibilities of raising these children will wipe out any hope she might have had for serving herself first, when she does this for God's glory, she exercises faith in God, obvious to others and assuring to herself.*

*Others say they have faith in God, but deny God the Creator's rights to their bodies for childbearing. So the evidence is that the one who denies God in this (or any other way) does not live by faith, and has reason to be afraid. And the believing woman shall be assured through childbirth, because her saving faith is evidenced by her living sacrifice.*

*Another observation: a woman with children to care for receives grace from God through those children, in that her heart is pulled from selfish pursuits and from remaining in sinful habits by the needs of her children.*

*So in this sense, childbirth contributes to the sanctifying part of salvation to the woman by helping/requiring her to live a lifestyle of ministry to her family, and may even be the primary way she gets help from God toward her sanctification for many of her years. To evidence progress as a believer she simply must keep striving to be a good mother, along with the other issues of sanctification. She has left herself no other options; in fact this happened when she entered into the marriage covenant.*

## Ah, Contentment

By Kim Eddy

Sitting in the garden early this morning, I had my quiet time with the Lord, and then started to do some physical weeding after the spiritual weeding was done. I came back out to do more work after we had a relaxing lunch and I had a little mid-am computer time, and I did some phonics drills with Judah. Sitting on my bench, having a cup of coffee, and having children bringing me freshly picked strawberries, raspberries, gooseberries and currants, I found myself saying, "You know, life is good. I think I'll stay here."

I've thought that a few times over the last several months...this is my dream home, my garden is as I want it, we are remodeling our home to be tailored to us, we have a good church, and we are settled in. Why leave?

And then, in my mind, I contrast it with the attitude I possessed 10 years ago...we were sure God had called us to the mission field, so why stay? Why put down roots? We're leaving \*soon\*; we're not staying here, hurry up, let's go! What a disappointment when we tried to get up and leave and go off to where we felt we were called, and God slammed the door shut! Everyone around us, who felt we were called too, kept encouraging us, needing us, pestering us, to just keep banging on that door--quick, make it open, don't be discouraged, keep at it. But, it would seem, it was God who had shut the door, and after 10 years of wrestling with that particular angel, we had to be brought to a place of contentment of where we were at, doing what God called us to do, that being caring for 5 little souls and a growing household, and being incognito on the back pew of a local church.

Is God laughing, I wonder? As soon as contentment came natural, and we did that which we never thought we'd do--putting down roots, settling in, not renewing our passports when they expired, resigning ourselves to speaking English rather than German in the home--the door opened again, and rather than nudging us a little bit, God has needed to kick us through it.

"Life is good; I think I'll stay here." Why leave somewhere this great? What sort of fool takes a pay cut, with a "by faith alone" paycheck, moves into a smaller home that doesn't belong to them, in a place with a much higher cost of living, for a job you've never done, in a foreign country far away? When we told our parents my in-laws wanted to know how much of an increase my husband would be getting; my parents wanted to know what the retirement and benefits were. To unsaved relatives, declaring the eternal rewards of a job makes little if any sense. Benefits? There are no material benefits with this job. Retirement package? A crown to throw at the Lord's feet I suppose...we're just pilgrims sojourning here anyways. Why shed everything to jump off into the unknown? Why do such a silly thing?

Every day for six months, I both rejoiced in what God is doing, as He opens doors only He can open, and declare to God that "It's ok now, Lord, we're content here and You really don't have to send us off to the mission field, ok, Lord?" As those who want to declare the more practical problems of this situation to us point out the areas of concern, and as our own fear of the unknown future swirls in **our minds, God has sent more confirmation than two people ought to need to make a godly decision, and we are able to look back and see so many things He weeded out of our lives as we grew, and were taught of Him. What's more, we** were the one's who had spent years, \*YEARS\*, praying for God to open the door, and now as we stand there, we look at the door as if to say, "Bravo, Lord, You did it! You opened it! Thanks! Now, let us be about our business."

But today, today as I sat outside in the garden and thanked God for His many blessings to us, and thanked Him for all the confirmation and sat bathed in the contentment of that very moment, I knew solidly \*why\* it was that we had to say yes to what God is nudging us towards. It is not about what Martin wants or what I want; it is about what God wants, and being obedient to His call. And the only reason why I can feel contentment at this moment, is because at this moment I am right where He wants me to be, doing what He wants me to do. A year from now, if I am still sitting here, nostalgically trying to conjure up this contented feeling again, I will not have the same peace, because I will not be in the center of His will any longer. Every day I am required by God to seek out His will, and get in the center of it, for me, for this day...both His general will that we find in the Bible, and His specific will, as He guides and directs our paths.

Our tomorrow is not about comfort, or a contentment that has become complacency; it is about obedience and faith. With such a view always kept in mind, it is impossible to neglect prayer and Bible reading, and a relationship with the Lord that will keep on growing. And with that thought in my mind, I got up from where I was sitting, and obeying my husband, I started to pack. ~*Kim Eddy*

*"But I have trusted in thy mercy; my heart shall rejoice in thy salvation. I will sing unto the LORD, because he hath dealt bountifully with me." (Psalm 13:5-6)*

*"Ich aber, ich habe auf deine Gnade vertraut; mein Herz soll frohlocken über deine Rettung. Ich will dem HERRN singen, denn er hat wohlgetan an mir." (Psalm 13, 6)*

## Just What Is It We Do Around Here All Day Anyways???

By Trish Evans

Lately I have been asked on a more frequent basis how we "homeschool" and I never seem to come up with an answer that doesn't ring lame in my ears sometime later in the day when the conversation is long past. I have to admit that it sounds like a pretty shallow reason to say we just couldn't hang with getting all those kids ready in the morning to go somewhere every day ☺. So here is my attempt to come across sounding somewhat intelligent as I articulate what goes on in our house on any given week and why I feel the Lord has led us this way.

Have you ever read one of those "A Day in Our House" stories in one of the prestigious homeschooling magazines and suddenly felt so inadequate? I mean, these people are all getting up at 5 a.m., milking cows, eating a hearty breakfast while Dad dutifully does devotions with everyone (yes, even the infants sit quietly and repeat back the Bible verse of the day, "bah, bah, bah"). Then they make all their beds, scrub the floors and conquer Latin and it's not even 8 in the

morning yet. We are not even awake by that time most days. No wonder so many moms are frustrated and ready to throw in the towel. They're thinking they have to do life that way in order to be "successful" (for all you 5 a.m. cow milkers out there, no insult meant ☺). Jesus says that He will gently lead those with young, so don't get down if that is not what He has called your family to do. Don't put other families on a pedestal and try to be like them, be who Jesus has called you to be and discover the wonderful plan and style He has in mind for your family. I say this because I don't want to write up what we do and then have moms want to do things like the Evanses. That's not the purpose here.

Mackenzie, 10, is very self directed. I found out early on that when I push her to do something we butt heads. When she was five, we could not get past "Cuh, Aa, Tuh" to the Cat part. When I backed down and left her alone she decided to read just fine and so I've made a point to get involved as she has invited me in for specific questions but pretty much leave her to her own devices. Just an occasional lecture on the consequences of our decisions in Life if we choose not to learn basic math. She has liked workbooks so I've gotten them for her. This year, however, workbooks have not been her "thing". She is an avid reader so I have acquired lots of great historical Christian fiction reading books through Library and Educational Media Services at discounted rates and she has plowed through them and we have read a lot together during nursing sessions (not *her* nursing, the little ones ☺). Our novel read alouds got serious when she was five. We have gone through the Chronicles of Narnia, the Hobbit, the Little Women series, all the Anne of Green Gables books, the Little House on the Prairie series and many more. Our readings keep us connected when she disappears for hours at a time into her room to read and do her crafty things with the door closed (too many little boys around to mess up the latch hooks and cross stitches to keep the door safely open).

She also has "Your Story Hour" tapes, which teach History and Bible, as well as Adventures in Odyssey tapes. Audio learners can learn great while sewing or latch hooking (those were all self-taught and paid-for-lessons-with-someone-else skills as her mother has no inkling for that sort of thing). Videos work as well. There are some great Christian science videos for children as well as very good Bible videos. We like Frank Peretti as Mr. Henry in both audio tapes and videos. From age 7-9, she also did the series' from Highlights; Which Way U.S.A., Mathmania, Puzzlemania, and Top Secret (the world geography series). They came in the mail so it was exciting for her to get them once a month and go zoom through them. She has been going to plays at LifeHouse Theatre for four years and she has been blessed with opportunities to expand her cultural horizons through various outings and activities and classes

Asaph and Noah, 7, have some challenges and have different learning styles. They both learned to write by watching videos. Whether this is "Right" or "Wrong" in some folks' eyes doesn't matter because this is what worked for them. Sitting down with them and trying to "teach" them did not work. Being available to read the credits of every Disney movie was what they asked for. Give those boys some sidewalk chalk and the driveway becomes a great canvas for incredible stories and works of art. They both have potential in the graphics arts or animation field and are very "media" minded. Asaph has recently created an entire storyboard with costumes, tickets, a tour bus, and many other visuals for "The Prince of Egypt; The Broadway Musical" which, of course, isn't out yet ☺. That hasn't daunted him from asking me to take him to it at the Pantages Theatre several times a day.

They spend all day together or individually creating. They go through so much paper they would give an environmentalist heart failure (we have not one, but two recycle bins to put out by the curb). They have made more books than I can find storage room for, but yet I try, as parting with it gives me heart pains. They build Legos, Thomas tracks, blocks. They use character toys to act out stories and role-play. They watch videos and read books. The boys are finally starting to go to LifeHouse plays as well (it was a while before they could sit and behave themselves in that setting). We just got them some Patch the Pirate tapes to listen to since they like audio stories. They also like to be read to and are starting to read on their own (they wrote before they read and spell very well because they memorized so many words, so much for those phonics videos☺).

Basically everyone has something going on during the day that they are doing and they don't seem to need me too much to accomplish what they want to do (except for spelling words here and there). Maybe that is just the way my children are. It doesn't make

what we, or anyone else is doing, the Right Way to learn or the only way, etc. There are squabbles or attitude adjustment situations that arise through the course of the day that require my involvement, of course, we are certainly not perfect or conflict-free around here and I hope I'm not portraying us as being that way.

We have been blessed with ICAP (Inland Christian Academic Program). This is a once a week homeschool co-op with science classes, history, art, theatre, guitar, piano, ballet, etc. There are advantages and disadvantages. Children get to participate in subjects they might not be able to explore at home and develop social courtesies, but like any other age segregated setting, there are always some peer pressure and struggles with conformity.

Going places is the most fun. They have been to the Farmers Market, Costco, etc for nearly every shopping trip I've ever made during their lives. Mackenzie could easily go to Trader Joe's and get what we need and pay for it with cash or credit card. I've stood outside the post office by the car and sent her in to do what needed to be done. I think the boys (even Ethan, 3) could successfully do part of the shopping in these places as well since they've been exposed to it so much. We go to aquariums, zoos and other fun educational places at least once a month, sometimes more. The beauty of getting out of here is I don't have a cell phone...yet (and not too many people call Gary's) so no one can reach me so the kids have their parents all day without interruptions. We just have fun and hang out together.

**The Great Horse Hunt of 2002.** Pets add a greater dimension of responsibility and educational opportunities to any child's life. The reason this issue is so late is because I was doing what I was supposed to be doing as a mother for the last two months instead of banging away at this computer ☺. Mackenzie has been dreaming of a horse for years now and we had told her that we would be in a position to consider it this summer. So when summer came, she started checking ads in the paper and online everyday, several times a day. I made many calls, stopped at some stables, put out the word to traders, visited a stock auction (that was great fun, "Five, five, do I hear five?"), etc. I told them all that I



was in search of...The Perfect Horse.

Unfortunately the majority of horses in the price range we agreed on were just one step away from being permanently employed with Kal Kan. We prayed before each adventure to see one that the Lord would give me an immediate "NO" if this wasn't it and He faithfully did. After one trip an hour away to see what should have been the Right horse from the phone call grilling and finding out upon arrival that this was another "no", Mackenzie silently prayed that the next one would be "it". I was "set-up" by a praying daughter ☺ Now that we have Freckles we are learning new things...like he's not into flexible feeding schedules. He's let us know that at 7 a.m. every morning with a loud whinnying to his girl whose blissful sleep is ended by the call. This is better than one of those egg babies in home economics! We also have some crabs, fish, and various other things found in the yard. We discovered that, even though it was cute to watch the baby lizard that we'd had for a week ride around on the crab's shell when we put them in the same enclosure, the fact that one of the crabs and the lizard died that night tells us that maybe they shouldn't have been together. We've hatched praying mantises, moths, butterflies, had tadpoles, etc. without too much parental effort for care.

I hope this helps answer some questions. I believe that we are called to teach our children to love God and find out what His plan is for our lives as a family and as individuals. I believe that we are called to provide the resources necessary to facilitate learning and that we need to teach them how to learn so they can get the information they need themselves. It has been said that you can learn everything you need to know for college in about a year as a teenager. It doesn't mean we have to keep our children ignorant until then, but do we need to be so hard on them to learn such and such by such and such an age? Teach them to read in whatever way works when they are ready and don't push it so that they lose any possible love for reading. Some children are wired for mechanics rather than linguistics and excel at building things but struggle with books. Read to them and enjoy the adventure of the story together. If you have a child who

wants to be an astrophysicist, then direct them to the proper resources to help them fulfill that goal, but don't get hung up on the fact that you have no clue about that subject. Their desire will drive them to learn what they need and get the help they need if this is the call that God has placed on their hearts. Just be encouraging and loving and introduce them to the Yahoo search engine ☺.

Children have different temperaments and learning styles and our one teaching style probably won't work with each of our children, but if they know that you love them and love Jesus and want God's best for them, then they will excel and succeed in discovering what God has for them.

## Do You Know What Your Children Are Being Taught in Public Schools???

Here's just a few of the wonderful new subjects that children from kindergarten to high school are being indoctrinated and trained on:

-All aspects of the New Age Religion and One Worldism

-Humanistic Philosophy and thinking

-Homosexuality and all non-Biblical views on sex

-Islam and tolerance of all religions except Judaism and Christianity

These are very real and prevalent teachings in most classrooms today and you can be guaranteed that if your children remain in this system that they *will* be exposed to all of these things at some point in their educational career. The people with the agendas will let "no student be left behind".

James Dobson recently stated that California Christian parents should pull their children out of ALL California public schools. This is a very strong stance for someone well known for taking the middle of the road view on education.

John Dewey, humanistic leader of the current schooling methods from the late 30's and early 40's said, "You have them for one hour or so on Sundays, I have them for 40 hours during the week. What do you think the children will remember?" (To learn more about John Dewey's influence:

<http://www.christianparents.com/jdewey.htm>)

For excellent articles on the government's institutionalized school program and what we can expect from it in the future based on current policy see Berit Kojo's web site: <http://www.crossroad.to/>

"Train up a child in the way that he should go and when he is old he will not depart from it." Proverbs 22:6

"And these words which I command you today shall be in your heart. You shall teach them diligently to your children, and shall talk of them when you sit in your house, when you walk by the way, when you lie down, and when you rise up. You shall bind them as a sign on your hand, and they shall be as frontlets between your eyes. You shall write them on the doorposts of your house and on your gates." Deuteronomy 6:6-9

So what's holding you back from being the director of your children's education? Seek God today!



# Which Came First:

## The Cycle of the Conception?

By Trish Evans

There is one question that is often asked when someone is pondering the sovereignty of God in the area of His design for the timing and spacing of children; What affect will breastfeeding have on conception? On one end of the scale are moms who wean early in hopes of being blessed sooner with another pregnancy and on the other end are moms who nurse as long as possible hoping to delay and further space out pregnancies. Who is "Right"? How does God work in this area?

A quick study of our bodies reveals that God has instituted a wonderful delivery system of nutrition and comfort for our babies through breastfeeding. It also has an affect on our bodies of delaying ovulation in most women from a few months to a few years based on the quantity and frequency of nursing. There are a few unique women who do not fit into this mold and their cycles return very soon postpartum no matter how much they breastfeed, have their babies in bed with them, take naps together, delay introduction of solids, etc. Likewise there are moms who do not get a single cycle until their children have weaned. But for the majority, breastfeeding and ovulation are directly related.

So where does God fit into this picture? Sometimes it is hard to reconcile whether or not the woman with seventeen children who did not breastfeed would have had that many children had she nursed all of them. So was she out of God's will for her life? Which child was not part of God's plan? Sticky situation. No easy answers. Is God in control of conception regardless of whether or not a mom is breastfeeding or not?

I recently received an email prayer request from someone asking for prayer for a mom who is 19 weeks pregnant and in the hospital for leaking waters. She did this with her last pregnancy at 26 weeks and delivered at 28 weeks. That baby is now six months old and the writer of the email made a statement, "Praise God that breastfeeding didn't work out with the baby so that it would be easier right now for those that are home caring for her." That struck me as incredibly odd. Are we supposed to be "praising God" that His normal system of feeding and nurturing a child failed so that life could be easier for her caregivers? We are talking about a baby who was born very prematurely who would have benefited greatly from all the health advantages of breastmilk over man-made formula. And what about the baby currently in utero? Would God have given this mother's body time to heal and perhaps function properly had she not been pregnant again so soon? But He is control of conception, right? Oops is not in His vocabulary and therefore this babe is His perfect will for this family regardless of whether the mom nursed the other one or not. He has the power to grant life or delay it according to His timetable. He promises us that "all things work for good to those who love God and are called according to His purpose". He will definitely use this situation somehow for His glory. We are to give thanks *in* all things, but not necessarily *for* all things.

But how does it all fit in to the Big Picture? Which came first; The chicken or the egg? Some things we can debate all we want but we won't really understand until we are face to face with Jesus. All we can do is give our babies our best and be joyful mothers of these children that we have been blessed with, no matter what the spacing or feeding of each one and quit pondering everyone else's situation. EVERY child is a unique creation of God and He personally was involved in that child's conception and knew of that child's existence before the dawn of time. We are all a part of His great plan and God will find a way use us despite our choices. ~Trish Evans

**Disclaimer:** The following article is not being included to offend or condemn anyone who has had difficulty breastfeeding for any reason. . It is merely to give information. We live in a culture where breastfeeding has become rather odd and there isn't much older woman-mentoring going on

in this area of child-care. If anyone is having difficulty, please seek help by contacting La Leche League International for a leader in your area at 1-800-LA LECHE or find an International Board Certified Lactation Consultant (IBCLC). Many insurance plans are now covering these visits. International Lactation Consultant Association (ILCA), 1500 Sunday Drive, Suite 102, Raleigh, NC 27607, Tel: 919-787-5181, Fax: 919-787-4916, <http://www.ilca.org>, E-mail: [ilca@erols.com](mailto:ilca@erols.com)

## "Normal" Is A Very Scary Word

©2000 Diane Wiessinger, MS, IBCLC 136 Ellis Hollow Creek Road Ithaca, NY 14850

***You've probably heard many times that breastfed babies are "healthier". That they have "fewer illnesses." That they have a "special" bond with their mothers. Maybe even that they tend to be "smarter". Some of those reasons may be why you decided to breastfeed.***

The scary thing is, none of those statements is really true. Breastfeeding is merely the way human infants are built to eat, just as air is what they are built to breathe, or walking is the way they are built to move when they get older. Breastfeeding is nothing extra or special. Breastfeeding is just... normal.

Fine. So breastfeeding is normal. What's so scary about that? Ah, well if breastfeeding is normal, what happens when a baby is not breastfed? The scary reality is... he's much more likely to get sick, in infancy, in childhood, as an adult. His life expectancy is a little bit shorter and his IQ is a little bit lower. His relationship with his mother is different. In short, he suffers from not having a normal start to life. You probably know breastfed people who are sicker than many formula-fed people. Breastfeeding is no guarantee. It's like the yeast in bread: every loaf turns out differently, because of different temperature, moisture, timing, kneading. But for any particular loaf, if you leave out some of the yeast it's not going to rise as high as it could.

### **Here's part of the scary list:**

#### **People who were not breastfed tend to have:**

- poorer vision
- a lower IQ
- more appendicitis
- more breast cancer
- more hernias
- more diabetes
- more childhood cancer
- less well-developed nerves
- a thymus smaller than normal during infancy
- a less effective immune system
- more trouble with cholesterol
- more emotional problems
- more intestinal disorders
- more allergies
- more risk of crooked teeth or underformed jaws
- a higher risk of SIDS

#### **Women who don't breastfeed tend to have:**

- more premenopausal breast cancer
- higher anxiety
- lower self-esteem
- more osteoporosis
- more cervical cancer
- less pleasure in early parenting

**There are about 13,000 studies** showing problems with formula-feeding, so why haven't you heard any of this before? Maybe someone thought it was too scary for you, that you would feel guilty, that you wouldn't be interested, that it doesn't really matter that much. But wouldn't you rather know now, instead of finding out later?

**Breastfeeding. It's just plain normal.**

# Life as a Supplemental

## "Free Agent"

*I am always on the quest for the "perfect supplement". This is not an easy task. Just when it seems that it has been found, another comes along and requires investigation. This will be a never-ending process on this side of Eternity. If money were not an issue, all these would be great to take plus a few more not listed here. BUT...since money is an issue, the best I can offer is to research everything yourself and try things based on your health needs and budget. The most important thing you can do for your health with your food dollars is to feed your family organic produce and lots of it (see <http://www.hacres.com>).*

*If you can do a supplement or two as well, that is great, but do not go into debt doing it unless you have a serious health issue that requires extra care. A few moms are selling these as side businesses because they have had good results from the products and want to pass that health along and help to pay for their own along the way. Many of these I have signed up for because I could get them cheaper by being a member so I have listed myself as the primary or secondary contact person. None of the moms here are in this with the goal of making mucko bucks off some other family. They want to see people get well and maintain optimal health. They are there to answer your questions.*

*If anyone else is selling a product not listed here, or one of the ones already listed, please contact me and I will put your info in the next issue. This is not an exclusive section and no one here has paid for advertising. These were put in order of time they were received by contributors rather than product preference.*

*If you want my current .02 worth, I've been taking AIM's Barleygreen, but will now be trying the S.A.F.E. Green Barley Plus. I believe they both are great products, but the S.A.F.E. product is less expensive and formulated differently. Barleygreen is juiced and then bound with maltodextrin as an agent. Green Barley Plus is ground whole plant without a binding agent. The Herbal Fiberblend that AIM makes is great at doing what it is supposed to.*

*I have not tried Juice Plus except their children's chewables but we have a friend whose Lupus is under control using this product. The chewables are a big plus for those of us whose children do not like green powder. I have not tried GNLD yet. We have used Hydroxygen Plus and felt a difference in energy level and a clearer head. We have another friend who just started this product and is seeing and feeling a difference already and is giving it to her 16 mos. old son who was needing breathing treatments and he's doing better as well. That company also makes another really good product, liquid silica, which helps joints, arthritis and the like. There is more info on their web page.*

*Again, I want to stress the main thing for sustained health is eating LIVE foods in as close to their natural state as possible and avoiding processed dairy, white flour, sugar and other packaged, cooked or processed things with multiple unpronounceable ingredients. Drink fresh made fruit smoothies with fresh squeezed orange juice and also have fresh carrot/vegetable/apple juice. If you cannot give up meat for various reasons, then get grass fed or free range whenever possible and eat it in combination with a salad or other raw vegetables and fruits. To your health!*

## Why Barleygreen? By Helen M. Chandler



Wrong question folks. The real question is Why Not Barley Green. Okay, I am not a chemist, but I am a consumer, so here are some valid reasons.

It comes from a trusted source, who says it is good for you. It is full of lots of nutrients and lots of other good stuff I do not understand.

Okay, but what does it do for you? You mean other than the obvious, making you feel better? What more do you want? You have more energy, feel better all around, decide you are too young to

retire, and I could go on and on. But, I will not do that. I will turn to a different and more personal vein.

Excluding all of the reasons above, clear or not, I have found lots happening to my body since starting the program, including the Barley Green. All of these wonderful things, I was attributing to the diet. Sounds good so far?

Well, there was a time we had to stop the Barley Green for a short time for financial reasons (you've been there; you know what I mean). Within one week, a lot I had attributed to the diet, proved to be false.

I had stopped using deodorant - why use it when you have no body odor. I had noticed normal bodily functions having less odor, and most of the time, no odor. I had noticed an energy I had not experienced in many MANY years.

I had noticed no bad breath. Now that is a real plus for me because I am very self-conscious about my breath, carry mints, or spray or something all the time.

My, I was doing just grand. Then, (carplunk) along came Mr. "I hate you this week" finance, and we stopped the Barley Green. Back came the body odor, the bodily function odor, the lack of energy, the not so nice breath, etc etc etc.

Just as soon as we started back on the BG, the above started to go away again.

So, what does this tell you? The Hallelujah Program (I hate the word diet) is wonderful, but BG is a major part of it, not just a maybe or maybe not. It seems to enhance this program.

I am sure if we lived back before Noah, and all of our fruits and vegetables were pure and natural, and I am sure if our water was pristine as created by God, the food part of this program would be sufficient. But, welcome to the real world of not so pure stuff. BG takes this program a step further and does its own clean up job. Of course, I only know it is full of chlorophyll, and that is a natural deodorant, and I do not know of any other chemical breakdown on this product, but it works. It really works!

I think I could probably live on BG and juices if I did not have that terrible craving for food. It seems that always jumps in and says sit, so I do, and when I sit I eat. But, thank goodness for the Hallelujah Program and Barley Green. I do not feel self-conscious wherever I go. I perspire like everyone else, but there is no odor.

Here's a thought. Years ago, the mother of a friend, a Guatemalan Indian, told me to take my shower with Ivory or Swan soap (that ought to confuse some of you) and not use any deodorant. Go out and work my new horse and when I started to sweat, take a handful of sweat from under the arm and rub it on the nose of the horse. She would never forget me. That really worked. Years later, when another owner had that horse, I saw her, and she got very excited at seeing me. (I tried this with my new puppy, which I had at that time, and it worked with him, too).

Now, I wonder if that would work if you were taking Barley Green. Any of you horse people want to tell me?

Luvya, all. Helen M. Chandler, Praise Jesus, Lord and Savior <(((><

*I'd like to add something to Helen Chandler's testimony about Barleygreen. One thing Buck and I have noticed during the nutrition classes is that the students report how they are not hungry in the morning as long as they take their Barleygreen. The carrot juice doesn't give the same effect. For that reason, Barleygreen is a great help to those who desire to lose weight. One last thing: I personally know a lady who had anemia during her first 4 pregnancies. She had switched to the Hallelujah diet before she got pregnant with her fifth and continued through her pregnancy on the diet, faithfully taking her Barleygreen. For the first time, she didn't develop anemia during pregnancy. Sharon*

**Barleygreen is available by contacting Sharon Gilbert, [sharon\\_lee\\_gilbert@yahoo.com](mailto:sharon_lee_gilbert@yahoo.com) or Trish Evans**

Sharon Gilbert hosts a Web community that you may enjoy. It's called Hallelujah Dieters. At Hallelujah Dieters, you can participate in the message board or jump into the chat room. To join our discussion, simply go to <http://forums.delphi.com/hallelujah1/start>

Hallelujah Dieters is part of Delphi.com. If you've never used Delphi.com before, you'll need to go through a quick registration (so you can post messages). It only takes a minute and it's free! Hope to see you there, Sharon

# Barley Leaves in Another Package

"I used AIM brand before I ever used the S.A.F.E. brand, but the added simple-sugar concerned me and not seeing the words 100% organically grown on my AIM container, concerned me, too. I have a LOT of weight to lose, and even though I eat about 75% to 80% raw foods, I wasn't seeing any great results from the AIM brand except a bit of an energy burst due to the sugar in the product. I started using the S.A.F.E. brand and within 3 days, I noticed an incredible difference in how I felt, I had long lasting energy, more clarity of mind, and my body responded to it and started losing weight again. That is when I started looking into the comparison of the two brands, and decided to become a distributor, because I was impressed.

Now, since the S.A.F.E brand is not made with sugar, it is not as uniform and is not as easy to palate under the tongue like AIM. It mixes better in liquid though since it doesn't have the suspension additives, and the taste of the S.A.F.E. brand is heartier. The smell of AIM to me is like that of Alfalfa, and the SAFE brand smells to me more like spinach. SAFE also carries a NZ brand also that is even richer in flavor, grown in volcanic soils. The SAFE brand is quite effective when mixed in carrot juice. I've not tried it in other juices, because carrot juice is my favorite. S.A.F.E. also carries a straight green barley powder with no added kelp or rice and of course, no sugar or additives. Some people prefer to go that route. Also, because the SAFE brand is a whole food, it is much more versatile because of having no added sweetener you can use it in salads, salad dressings and more. ~ Christine Davis. Order thru Christine by contacting her at: (209) 538-0718, 2613 Fiesta Way, Ceres, CA 95307, [mom4jc@pacbell.net](mailto:mom4jc@pacbell.net) or contact Trish, [gtkdz@empirenet.com](mailto:gtkdz@empirenet.com)

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**What is Hydroxygen Plus** is a patented product that breaks apart the bond of the water molecule releasing binary oxygen into our cells. Binary oxygen is the same oxygen given to people in hospitals. Scientists and Doctors are realizing all diseases are caused by starvation of the cells for oxygen.. Dr. Otto Warburg twice Nobel Laureate stated " Cancer above all other diseases, has countless secondary causes but three is only one primary cause. The primary cause of cancer is the replacement of the normal oxygen respiration of body cells by a anaerobic cell respiration."

**What does Hydroxygen Plus Do?** Hydroxygen Plus eats up free radicals , energizes, detoxifies, heals wounds, and increases the nutrients from our food and vitamins All the microbes and pathogens in our body that are making us ill whether they are virus, fungus, bacteria or mold share one thing in common -they are anaerobic meaning they can't live in oxygen. *Ind lab analysis available upon request showing Hydroxygen plus killed E Coli, Candida and Staph* When we flood our cells with oxygen from Hydroxygen Plus according to Dr. Russell Manuel "there is a significant detoxification of cellular wastes, allowing the body to function more cleanly and efficiently increasing energy levels."

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## God's Work Thru Health By Patti Moulard

*The journey in life is spirit, soul and body so intricately woven together in a tapestry not easily broken because God created us just the way He wanted us to be as individuals.*

*Recently, the Lord impressed on my heart that He wants us as His children to cry out to Him, needing Him and being ever so desperate for Him and He will be there in our time of need. The Lord brought to my life the greatest testimony of His perfect love for us as individuals when we are faithful to cry out to Him. You see, in every area of my life the walls all around me were crashing in. My husband abandoned his faith in the Lord and became angry with the Lord, me and my children. In a temper, he would throw things and break things. On one occasion, the kids and I had to call the Sheriff and be escorted safely away. On another occasion, we had to leave and go to a Women's Shelter for four days. Then the children started showing signs of disorder. Angry words and tempers continued to lash out from their lips. They began throwing things and attitudes were murderous. The Lord brought me to my knees and showed me the scarlet cord out of Rahab's flat. I rejoiced in that cord and it became my promise to me from the Lord that He loved me and my family dearly. I cried out to the Lord daily and He heard my cry in a way that I would appreciate for the rest of my life.*

*Since my third grade summer I had been endowed with very LARGE..... breasts. Following the breastfeeding of my four sons they only had gotten larger, and larger still. The weight of the breast was relentlessly beating up my compromised liver because I have Lupus/Rheumatoid Arthritis. My liver was becoming very large and with all the inactivity my body grew in proportion as well.*

*Of course, being overweight is one of the worst things I chose for my body, soul and spirit. As a wife, I was no longer attractive for my husband and he was angry at me silently and turned to pornography which made him angrier still. As a Mom, I have not created a picture for my children how we are to care for the Lord's temple we have been entrusted to take care of so we can be useful to Him at all times. As a*

child of the King, I was much too occupied with trying to fix myself because I was too fat.

In the meantime, I knew people needed to hear about Jesus and this weighed on my heart greatly. My heart was broken before Him. I continued to cry out to the Lord and waited on Him to answer. I was expecting great things for others. I was expecting great things for my family. God spoke to me and told me that He loved me daily. I thought I was a horrible wife, mother and friend. All the time, God spoke His words to me, "Patty, I love you." The fire about me intensified greatly. There was a battle going on in my home and I can only say that the enemy was trying to let himself in and I just asked the Lord to get that door. He showed me that my family is being sanctified through me and of course that He Loved Me.

I really believed that the Lord loved me and one day when I was challenged to my limits I cried out to the Lord to please show me His love for me. Well, that night I went to my weight-loss class and shared with them that I had just been denied my breast-reduction surgery by the insurance company. They could not believe it. The following day, one of the gals at the meeting who is an R.N. saw the Plastic Surgeon who had evaluated me and out of the blue mentioned my name and asked him point blank if he would consider doing the surgery for free. He said, "If you can staff the room and provide for a room for two days, yes. I'm going to be retiring, so she'll be my last surgery. Oh, and by the way you only have one month to get it together."

God is so good. She enlisted all volunteers from my church who were excited for me and were willing to give an entire day towards God's blessing for me. I knew everyone in the room. Two elders from my church, one being the anesthesiologist who was with me on two C-sections. My kids' previous babysitter was there for she now worked in the hospital since she's been back from college. And more friends from church. They brought Christian CD's to let me pick out the music that would be played and together they all laid hands on me and prayed for me and then I slowly and peacefully drifted off to sleep.

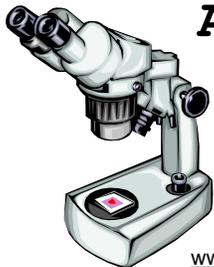
Specifically, they prayed that I would not be in a lot of pain. After the surgery, the surgeon had removed 15 pounds of breast tissue and the nurses were calling me the energizer bunny because I kept walking around the hospital in circles. The Lord had given me so much joy. Surely, I was walking and leaping and praising God! He surrounded me with those who loved God and prayers of peace. Many were generous to watch my sons. I relaxed in the hospital knowing they were well provided for. Many came to see the woman who had been blessed by God. The following afternoon I went home from the hospital. I was doing great. When I went to get my pajamas on my heart started to pound in my chest. By the time the paramedics got to our house which is in a rural location, my heart was beating at 179 beats per minute.

When they came in they were asking my husband all the questions, but he was so freaked out that he kept talking in circles. I began to answer the questions and so they thought there wasn't anything wrong with me. But then they put the blood pressure cuff on me and all I could hear was the gasping of breath and the words, "Mrs. Moulard we need to get an I.V. on you as soon as possible. Man, your heart is really beating fast." They had to stop my heart from beating.

My heart converted back to its normal rhythm on the first try. When my heart stopped the Lord gave me a vision of Heaven being opened up. I saw the most beautiful light and the clouds being parted then a voice spoke and said, "No it's not time. I still have need of you." In a moment, God had created so much value in my life that I wanted to share it with others. Yes, Life is HARD. But life is about Him, our Lord Jesus Christ. Don't waste your time in vain pursuits. He will nourish the spirit, the soul and the body. He has given us the best, His Son. I believe we can pay more attention to Him if we have good nutrition that is contained in His Word. The best nutritional supplements I have found that I am an advocate for can be found at: [www.mannapages.com/realhope4u](http://www.mannapages.com/realhope4u)

However, there is no better supplement to your life than Jesus Christ. Ask Him to come in to your heart because He loves you! He loves you! He loves you!.....

~Patti Moulard



## A Smallpox Outbreak: What to do

By Dr. Sherri Tenpenny, D.O.  
Cleveland, Ohio

[www.nmaseminars.com](http://www.nmaseminars.com)

July 7, 2002

"We interrupt the current programming to bring you this important news update: there has been a reported case of smallpox in Washington, D.C."

What will happen next?  
Pandemonium.

The press has done its job over the last few months reinforcing the belief that an epidemic is about to occur, potentially causing millions of deaths. Americans thousands of miles from Washington will demand the smallpox vaccine, a vaccine with the highest risk of complications of any vaccine ever manufactured and with a dubious track record for success.

However, because you are informed, you will have a different response. You will not panic. You will turn off the TV. You won't listen to your hysterical neighbors. And more importantly, you won't rush to be vaccinated.

Here's why:

On June 20, 2002, I attended the Center for Disease Control's (CDC) meeting of the Advisory Committee for Immunization Practices (ACIP) and listened to one and a half days of testimony prior to posting the recommendations for smallpox vaccination that are currently being considered by the CDC and the Department of Health and Human Services (DHHS.) Many testimonies and comments were presented by public participants and by various physicians and researchers associated with the CDC. Noting that two weeks have past since the June 20th meeting and the media has still not reported on this historic event, I decided it was imperative to report the content and outcome of this meeting to the general public. After reading this report you will gain a new perspective on smallpox and, hopefully, in the event of an outbreak, you will understand that you have nothing to fear.

Generally accepted facts. Nearly every article or news headliner regarding smallpox is designed to instill and continually reinforce fear in the minds of the general public. Apparently the goal is to make everyone demand the vaccine as soon as it is available and/or in the event of an outbreak. A very similar media campaign was developed prior to the release of the Salk polio vaccine in 1955. The polio vaccine had been in development for more than a year prior to its release and was an untested "investigational new drug," just as the smallpox vaccine will be. The difference is that the potential side effects and complications of the smallpox vaccine are already known, and they are extensive.

Generally accepted facts about smallpox include:

1. **Smallpox is highly contagious and could spread rapidly, killing millions**
2. **Smallpox can be spread by casual contact with an infected person**
3. **The death rate from smallpox is thought to be 30%.**
4. **There is no treatment for smallpox**
5. **The smallpox vaccine will protect a person from getting the disease**

As it turns out, these "accepted facts" are not the "real facts."

**Myth 1:** Smallpox is highly contagious "**Smallpox has a slow transmission and is not highly contagious,**" stated Joel Kuritsky, MD, director of the National Immunization Program and Early Smallpox Response and Planning at the CDC. This statement is a direct contradiction to nearly everything we have ever heard or read about smallpox. However, keep in mind that this comes "straight from the horse's mouth" and should be considered the "real story" regarding how smallpox is spread.

Even if a person is exposed to a known bioterrorist attack with smallpox, it doesn't mean that he will contract smallpox. The signs and symptoms of the disease will not occur immediately, and there is time to plan. The infection has an incubation period of 3 to 17 days, [1] and the first symptom will be the development of a high fever (>101°F), accompanied by nausea, vomiting, headache, severe abdominal cramping and low back pain. The person will be ill and most likely bed-ridden; not out mixing with the general public.

Even with a fever, it is critically important to realize that at this point the person is still not contagious. In fact, the fever may be caused by something else, such as the flu.

However, if a smallpox infection is developing, the characteristic rash will begin to develop within two to four days after the onset of the fever. The person becomes contagious and has the ability to spread the infection only after the development of the rash. "The characteristic rash of variola major is difficult to misdiagnose," stated Walter A. Orenstein, M.D., Director of the National Immunization Program (NIP) at the CDC. The classic smallpox rash is a round, firm pustule that can spread and become confluent. The lesions are all in the same stage of development over the entire body and appear to be distributed more on the palms, soles and face than on the trunk or extremities.

**ACTION ITEM:** In the event of an exposure, it is imperative that

**you do everything you can to improve the functioning of your immune system so that an "exposure" does not have to result in an "outbreak."**

**a. Stop eating all foods that contain refined white sugar products, since sugar inhibits the functioning of your white blood cells, your first line of defense. [ii] (There are many other health-conscious dietary considerations to consider, but that is beyond the scope of this article.)**

**b. Start taking large doses of Vitamin C. Vitamin C has been proven in hundreds of studies to be effective in protecting the body from viral infections,[iii] including smallpox.[iv] For an extensive scientific review on the use of this nutrient and a 'dosing recipe', read Vitamin C, The Master Nutrient, by Sandra Goodman, Ph.D.**

<http://www.positivehealth.com/permit/Articles/Nutrition/vitcpre.htm>

**c. If you develop a fever, you still have time to plan. Purchase enough fresh, organic produce and filtered water to last three weeks. Move the kids to grandma's or the neighbor's house.**

**d. Remember: YOU MAY NOT GET THE INFECTION AND YOU ARE NOT CONTAGIOUS UNTIL YOU GET THE RASH!**

**Myth 2: Smallpox is easily spread by casual contact with an infected person.** Smallpox will not rapidly disseminate throughout the community. Even after the development of the rash, the infection is slow to spread. **"The infection is spread by droplet contamination and coughing or sneezing are not generally part of the infection. Smallpox will not spread like wildfire,"** said Orenstein. He stated that the spread of smallpox to casual contacts is the "exception to the rule." Only 8% of cases in Africa were contracted by accidental contact.

Transmission of smallpox occurs only after intense contact, defined as "constant exposure of a person that is within 6-7 feet for a minimum of 6-7 days." [v] Dr. Orenstein reported that in Africa, 92% of all cases came from close associations and in India, all cases came from prolonged personal contact.

Dr. Tom Mack from the University of Southern California stated that in Pakistan, 27% of cases demonstrated no transmission to close associates. Nearly 37% had a transmission of only one generation, meaning that the second person to contract smallpox did not pass it onto the third person. These statistics directly contradict models that predict an exponential spread to millions.

Even without medical care, isolation was the best way to stop the spread of smallpox in Third World, population dense areas. With a slow transmission rate and an informed public, Mack estimated that the total number of smallpox cases in America would be less than 10, a far cry from the millions postulated by the press.

Dr. Kuritsky said at the CDC Public Forum on Smallpox on June 8 in St. Louis, **"Given the slow transmission rate and that people need to be in close contact for nearly a week to spread the infection, the scenario in which a terrorist could infect himself with smallpox and contaminate an entire city by walking through the streets touching people is purely fiction."**

Point to ponder: Mass vaccination was halted in Third World countries because it didn't work. In India, villages with an 88% vaccination rate still had outbreaks. After the World Health Organization began a surveillance and containment campaign, actively seeking cases of smallpox, isolating them in their homes, and vaccinating family members and close contacts, outbreaks were virtually eliminated within 2 years. The CDC and the WHO organization attribute the eradication of smallpox to the ring vaccination of close contacts. However, since the infection runs its course in 3-6 weeks, perhaps ISOLATION ALONE would have effectively accomplished the same thing.

**Myth #3: The death rate from smallpox is 30%** Nearly every newspaper and journal article quotes this statistic. However, as pointed out in the presentation by Dr. Tom Mack, it appears that the "30% fatality rate" has come from skewed data. Dr. Mack has worked with smallpox extensively and saw more than 120 outbreaks in Pakistan throughout the early 1970s. Villages would apparently have "an importation" every 5-10 years, regardless of vaccination status, and the outbreak could always be predicated by living conditions and social arrangements. There were many small outbreaks and individual cases that never came to the attention of the local authorities.

Mack stated that even with poor medical care, the case fatality rate

in adults was "much lower than is generally advertised" and thought to be 10- 15%. He said that the statistics were "loaded with children that had a much higher fatality," making the average death rate reported to be much higher. Amazingly, he revealed his opinion that even without mass vaccination, "smallpox would have died out anyway. It just would have taken longer."

Even so, people died. Why? After all, smallpox is a skin disease and "other organs are seldom involved." [vi] I posed this question to the committee on two separate occasions. Kathi Williams of the National Vaccine Information Center asked this question at the Institute of Medicine meeting on June 15th. On June 20, an answer was finally forthcoming when a member of the ACIP committee said, "That is a good question. Does anyone know the actual cause of death from smallpox?"

At that point, Dr. D.A. Henderson, from the John Hopkins University Department of Epidemiology volunteered a comment. Dr. Henderson directed the World Health Organization's global smallpox eradication campaign (1966-1977) and helped initiate WHO's global program of immunization in 1974. He approached the microphone and stated, "Well, it appears that the cause of death of smallpox is a 'mystery'." He stated that a medical resident had been asked to do a complete review of the literature and "not much information" was found. It is postulated that the people died from "generalized toxemia" and that those with the most severe forms of smallpox - the hemorrhagic or confluent malignant types - died of complications of skin sloughing, similar to a burn. However, he concluded by saying, "it's frustrating, because we don't really know."

COMMENT: I find this to be extremely frightening. If we knew why people died when they contracted smallpox, perhaps current medical technology could treat the complications, making the death rate much lower. Considering that the last known case of smallpox in the U.S. was in Texas in 1949, continuing to report that smallpox has a 30% death rate is similar to saying that all heart attacks are fatal. Based on 1949 technology, that would be accurate reporting. But in 2002, all heart attacks are NOT fatal. Neither would smallpox have a mortality rate of 30%.

**Myth #4: There is no treatment for smallpox.** A more accurate statement is "there are no pharmaceutical drugs for the treatment for smallpox." But they are working on that too. There are 274 antiviral drug compounds and testing is underway to see if one can be useful in the treatment of smallpox. [vii] One such drug is called hexadecylosypropyl - cidofovir (HDP-CDV). Not yet available for human use, it has been found to be 100 times more potent than its cousin, cidofovir, a drug used to treat retinal infections in HIV patients. If studies pan out, HDP-CDV will be offered in a pill or capsule form over 5-14 days for the prevention and treatment of people exposed to smallpox. [viii] Unfortunately, this drug is being developed in Europe and will most likely be kept out of the US market until long after the general public has been subjected to mass vaccination.

It is important to note that there are several different presentations of a smallpox infection. The most common is called "ordinary discrete" smallpox, occurring in more than 40% of the cases. The outbreak is seen as a small scattering of pustules distributed across the body. The person with this type of smallpox needs minimal medical care and the reported death rate is <10%. [ix] For mild cases of smallpox, adequate hydration and anti-fever products are essential for comfort and maintaining a temperature below 102°F.

Keeping the skin clean to prevent secondary bacterial infections is also important. A 1927 Textbook of Medicine recommends applying gauze soaked in carbolic acid to "decrease itching and prevent extensive scarring." [x] Carbolic acid is used acutely for burns that tend to ulcerate and other skin conditions that cause burning or pricking pain. Homeopathic forms of carbolic acid are also available.

For the severe complications of smallpox, modern day treatment options are available. The hemorrhagic type of smallpox, occurring in approximately 3% of cases, presents as hypotensive shock and can be treated accordingly. In another 3% of serious cases, the confluent-type has extensive skin involvement. These patients can be treated the same as a burn patient. All severe cases need to be treated for dehydration and watched for signs of bacterial suprainfection.

Research done by Dr. Peter Havens, MS, MD from the Medical College of Wisconsin proposed that death from smallpox was due to multisystem organ failure, a complication of an untreated acute cytokine (inflammatory) response. Massive oxidative stress occurs, leading to free-radical damage in the kidneys and other internal



organs. However, Dr. Havens estimates that modern medical technology would indeed decrease the death rate, to possibly as low as 2-3%.

COMMENT: The treatment of choice for severe free-radical stress I high dose intravenous Vitamin C. If conventional medicine would recognize the value of this treatment, they would also be forced to realize mass vaccination is simply not necessary.

Treating severely ill patients would require hospitalization and unfortunately, smallpox spreads the most quickly in the hospital setting due to poor isolation techniques. In addition, most patients in hospitals are ill and immunosuppressed by disease or medication, making them more susceptible to infection. Dr. Mike Lane, former director of the CDC's smallpox eradication program in the 1970s, said severely ill smallpox patients could be treated in a suburban motel or remote government building. "You can bring care to the patient if you elect to use the Motel 6 on the edge of town" rather than put smallpox victims in a hospital where the disease could spread to patients with weakened immune systems.

Side bar with Dr. Mike Lane:

Dr. Lane and I had a private conversation during a coffee break. During his presentation, he had been adamant that those within the "first ring" would need to be mandatorily vaccinated with 100% compliance. The "first ring" includes those that have had immediate, close contact with patients who had confirmed cases of smallpox. Lane stated that this was the only way that "ring vaccination would work." When I questioned his definition of 100% compliance, he said, "Medical contraindications would not apply" there would be NO exceptions.

"I would rather vaccinate them and take my chances treating the potential complications. In India, we vaccinated everyone. The only medical contraindication was leprosy, and we sometimes vaccinated them. I'm sure that we killed a few people, but we did the best that we could." I pressed the issue further by saying, "if the death rate really is 30% (which I doubt), doesn't that mean the survival rate is 70%? Shouldn't that person have the right to play the odds with his health if he chose to?" His answer was the same: "If the person is exposed, there will be NO exceptions, medical or otherwise. Those people in the first ring - regardless of health status - MUST be vaccinated."

That means that all people with medical contraindications - organ transplants, cancer, HIV, eczema and other skin conditions - would be vaccinated, even it was against their will and with the use of force, if necessary. He was quite the zealot about it; hopefully, in the event of a smallpox exposure, more reasonable minds will prevail.

Myth #5: The vaccine will keep me from getting the infection Most people believe that all vaccines work to protect them, meaning that the vaccine will be clinically effective. What most people do not know is that vaccines have never been proven to protect them from getting the infection. This little known fact is not only true for all vaccines, it is also true for the smallpox vaccine. Here are a few examples:

~**Chickenpox vaccine:** "No data exists regarding post-exposure efficacy of the current varicella vaccine." "Vaccinated persons have a less severe out break than unvaccinated." (300 vs. 50 lesions.)[xi]

~**Pertussis vaccine:** "The findings of efficacy studies have not demonstrated a direct correlation between antibody response and protection against pertussis disease."[xii]

~**Smallpox vaccine:** "Neutralizing antibodies are reported to reflect levels of protection, although this has not been validated in the field." [xiii] Dr. Harold Margolis, Senior Advisor to the Director for Smallpox Planning and Response, stated in Atlanta that "the vaccine decreased the death rate among those vaccinated by modifying the disease, not by preventing infection."

#### TAKE HOME POINTS:

- 1-Smallpox is NOT highly contagious. You have time. Don't panic.
- 2-Smallpox is only spread by close contact of less than 6 feet for at least 6-7 days. You aren't that close to coworkers or commuters.
- 3-Treatment for smallpox should be surveillance and containment, without vaccination.
- 4-Smallpox is not highly fatal. There are treatments for smallpox.
- 5-The vaccine will not protect you from getting the infection. The vaccine has high complication rates, is an experimental drug and there are many contraindications. (Please see article at [http://www.mercola.com/2002/jun/12/smallpox\\_update.htm](http://www.mercola.com/2002/jun/12/smallpox_update.htm) )

#### Addendum:

As I was completing this report this morning, I read in the New York Times that the CDC plans to increase the number of "first responders" who receive the vaccination from 15,000 to 500,000.[xiv] Preparations are also underway for rapid mass vaccination of the general public. The more extensive vaccination plan is possible because supplies are increasing. As I have stated before, the government spent more than \$780 million to develop its arsenal.

Now that we have it, we will use it.

In addition to medical first responders, a presentation at the June 20<sup>th</sup> meeting suggested that first responders should also include a class to be defined as "economic first responders," those who would be necessary in keeping the economy moving in the event of a nationwide "lockdown" caused by an outbreak. This group would include pilots, truck drivers, food handlers, etc.

It is the "etc." that is of concern. Where do you draw the line? Obviously, the line will be drawn after Tommy Thompson's vision of "a vaccine for every man, woman and child" has been fulfilled.

One of the major problems is the lack of vaccinia immune globulin (VIG), the "antidote" that is needed for those who experience a severe reaction to the vaccine. The Times article reports that there are only 700 doses currently available. Dr. Tom Mack, among others at the CDC warned that, "in the absence of VIG, extensive vaccination would be extremely dangerous."

With the continued rhetoric regarding the US plans to go to war with Iraq, we are essentially taunting Saddam into launching a biological attack on our own people. We are not given an exact knowledge as to Saddam's capability but are given euphemisms such as "reasonably high" or "quite high." But we don't know for sure. And if the government knows, it is not telling. And if Saddam does have biological smallpox, what is the chance he has other weapons of biological destruction, those for which we do not have a vaccine?

We are developing "grounds" for a war with Iraq in spite of the rest of the world telling us to stay out of there. I encourage all to spend some time on this site: [www.globalpolicy.org](http://www.globalpolicy.org) for some eye-opening information on policy that you won't see in the popular press.

We are setting the stage for a health disaster unlike anything we have seen before in America, and it will be our own doing. World health records (England, Germany, Italy, the Philippines, British India, etc.) document that devastating epidemics followed mass vaccination. The worst smallpox disaster occurred in the Philippines after a 10 year compulsory US program administered 25 million vaccinations to its population of 10 million resulting in 170,000 cases and more than 75,000 deaths from smallpox, in a country having only scattered cases in rural villages prior to the onslaught of vaccines.[xv] I received an excellent bulletin from Larken Rose ([www.Theft-By-Deception.com](http://www.Theft-By-Deception.com)) who is an activist regarding taxes. So much of what he said applies to the vaccine movement, that I got his permission to include part of his letter here.

It is time to STAND AGAINST forced vaccination. Stop the hysteria! Information is power. However, after gaining power, you must ACT. Here is something to inspire you:

More than 200 years ago, the people of this country chose to tell King George, not just that he was unreasonable, not just that they didn't like him, not just that they had complaints about him, but that they were going to RESIST BY FORCE his tyrannical ways. The Declaration was not a threat to take King George to court; it was not a petition, or a request for fairness, or even a demand. It was a STATEMENT – a DECLARATION - that the people of America REFUSED TO TOLERATE the oppression, and were going to openly resist it, and didn't give a d\*\*\* what the King thought about it.

Though it may be politically incorrect to describe it this way, the Declaration of Independence was a bunch of people openly stating that they were going to IGNORE the law (not debate it or litigate it), and OVERTHROW their present government. (King George was not a foreign invader; he was "the government".)

Again, in the words of the Declaration, "when a long train of abuses and usurpations, pursuing invariably the same object, evidences a design to reduce them under absolute despotism, it is the people's right, it is their duty, to throw off such government."

Where are the Americans who still have that attitude?

There are a few (very few), and most people consider them to be "fringe extremists." Where do YOU draw the line? What injustice would government agents have to commit, before YOU would openly resist? Is there a line for you? Or would you complain and bicker all the way to absolute tyranny?

*"Power concedes nothing without a demand. It never did, and it never will. Find out just what people will submit to, and you have*

found out the exact amount of injustice and wrong which will be imposed upon them, and these will continue till they have resisted with either words or blows, or with both. The limits of tyrants are prescribed by the endurance of those whom they suppress." -- Frederick Douglas ---

This is a very different country today from what it was 226 years ago. We have become a country of sheep. We occasionally "baaa" at government injustice, but we do not ACT. For the most part, our "rebelliousness" now consists of pushing buttons in voting booths, to hopefully elect the less scummy of two lying scumbags (after a debate about which one is scummier).

For most people that is the extent of their resistance to government-imposed injustice. Each of us cowers in a corner for fear that we will be the next one that government makes an "example" of. While self-preservation is no sin, at some point a country of "self-preservers" will "preserve" itself into total submission to tyrants.

We are one step away from that now.

Once upon a time, a group of individuals declared to the world that they would fight and risk death, rather than tolerate the oppressions of an abusive government. Now, we are too comfortable for that. We are spoiled. We are cowards. For today's battle, we need only the smallest fraction of the courage our fore fathers demonstrated.

We do not need to lie in the mud, squinting in the cold to see the rifle sites, waiting for the glimpse of British Troops that we know are headed our way just over the next ridge. We do not need to run into the open field, in heavy enemy fire, to retrieve our buddy who just had his leg blown off by a cannonball. We do not need to leave our families and friends to fight, and possibly to die. No, today the price for our freedom (at least a huge chunk of it) is a pittance compared to what others have paid, but I have my doubts about whether we are willing to pay even that.

What is that price? What do we need to do?

We need to just say NO by affirming the following:

**I will overcome fear.**

**I will find ways to avoid becoming part of forced medical experimentation.**

**I will avoid being injected with an experimental new drug based on a "hunch" or based on something that happened hundreds or thousands of miles from where I live.**

**I will resist the government's efforts to take away my right to do what I believe is best for my body.**

**I will take personal responsibility for my health and for the health of my family.**

[i] JAMA, June 9, 1999; Vol. 281, No. 22, p 3132 [ii]Bernstein J et al.

Depression of lymphocyte transformation following oral glucose ingestion. Am. J. of Clin. Nut. 1977;30:613 [iii] Murata A. Virucidal Activity of Vitamin C: Vitamin C for Prevention and Treatment of Viral Diseases. Proceedings of the First Intersectoral Congress of Microbiological Societies, Science Council of Japan 3:432-442. 1975.

[iv] Kligger IJ, Bernkopf H. Inactivation of Vaccinia Virus by Ascorbic Acid and Glutathione. Nature, vol. 139:pp.965-966. 1937 [v] Am. J. Epid. 1971; 91:316-326.

[vi] JAMA, June 9, 1999; Vol. 281, No. 22, p 2130 [vii] LeDuc, James and Jahrling, Peter B. Strengthening National Preparedness for Smallpox: an Update. Emerging Infectious Diseases, Jan-Feb 2001, Vol. 7., No. 1

[viii] Highfield, Roger. New drug could conquer smallpox, <http://www.news.telegraph.co.uk> 3-21-02.

[ix] Datafrom Rao, 1972, quoted in Fenner Table 1.2 [x] Blumgarten, A.S. "A Textbook of Medicine" for nursing students. 1927.

[xi] MMWR July 12, 1996/45 (RR11); p. 12 [xii] MMWR March 28, 1997/Vol.46/No. RR-7, pg. 4 [xiii] JAMA,ibid. p 2131 [xiv]

<http://www.nytimes.com/2002/07/07/national/07SMAL.html> [xv] Physician William Howard Hay's address of June 25, 1937; printed in the Congressional Record.

### **On-line Class in Vaccine Dangers starting in August AND October by Sheri Nakken**

Many of you are new to this issue or have come to it because your child was harmed by vaccines. But you don't have all the pieces about why vaccines are dangerous.

I am putting together an on-line, email, course in vaccine dangers information so you can hear the other side that you don't hear at the doctors office or on the TV.

I'm not sure how long it will take - probably about a month - a couple of hours a week - at your own pace. But I haven't finished putting the course together yet. There will be a small fee.

Please let me know if you are interested in notification and detailed information when the course is ready. Also spread the word on other lists you are on and have people email me to get more information when I'm ready. Thanks, Sheri, [vaccineinfo@btinternet.com](mailto:vaccineinfo@btinternet.com) <http://www.nccn.net/~wwithin/vaccinehtm>

### Vaccine sites

[www.dgsoft.co.uk/homepages/vaccines/](http://www.dgsoft.co.uk/homepages/vaccines/)

<http://www.vaccinationnews.com>

<http://www.whale.to/vaccines.html>

<http://www.909shot.com>

<http://www.mercola.com>

(<http://www.whale.to/vaccines/ingredients1.html>).

**These sub categories accessible from**

<http://www.nccn.net/~wwithin/vaccinehtm>

Introductory Information & Articles, Exemption from law info, Anthrax Vaccine, Flu Vaccine, Hepatitis A Vaccine, Hepatitis B Vaccine, HIB Vaccine, Lyme Disease Vaccine, Meningitis C Vaccine, MMR Vaccine, Polio Vaccine, Pevnar/Pneumococcal Vaccine, Rubella Vaccine, Tetanus Vaccine, DTP or DTaP Vaccine, HIB Vaccine, Chickenpox Vaccine, Mumps Vaccine, Vaccines & SIDS (if you can't read pdf files, email for help), Mercury in Vaccines (Thimerasol), Diabetes & Vaccine

BSE/Mad Cow Disease & Vaccines/Blood Products, Vaccines Effective?, Conflict of Interest Info - Drug Cos., CDC, FDA, Doctors, etc., Vaccine Books - Bookstore, Introduction to Homeopathy, Aluminum in Vaccines, Contamination & Cell Line Problems, Aborted Fetal Tissue & Vaccines, Allergy Issues & Vaccines

Shaken Baby Syndrome, Alexander Horwin

VAERS - Adverse Reaction Database, Other Websites

**AND Mercury in Teeth/Amalgam pages**

<http://www.nccn.net/~wwithin/amalgam.htm>

**Fluoride dangers pages**

<http://www.nccn.net/~wwithin/fluoride.htm>

**AIDS - alternative views**

<http://www.nccn.net/~wwithin/AIDS.htm>

**Genetic Information**

<http://www.nccn.net/~wwithin/links.htm#Genetic>

**Mad Cow/BSE info**

<http://www.nccn.net/~wwithin/bse.htm>

**Aspartame/NutraSweet Dangers**

<http://www.nccn.net/~wwithin/aspart.htm>

**Synthetic Bovine Growth Hormone/Milk Issue**

<http://www.nccn.net/~wwithin/rBGH.htm>

**Bonded Together** is published 3-4 times a year by Trish Evans, with careful, scrutinizing proofreading by Gary Evans. Its purpose is:

-To Glorify God through encouraging parents in raising their families for Jesus Christ and retreat coordinators in ministry.

-To support the ministry of **Above Rubies** magazine and Colin and Nancy Campbell through the publishing of Above Rubies retreat information

-To have a forum where mothers (and dads, too!) can share their experiences, joys, struggles and ask for help and prayer from others.

The opinions expressed in **Bonded Together** are those of the individual writers and not necessarily those of Nancy Campbell or **Above Rubies** magazine (or even the editor for that matter ☺).

Suggested donation for **Bonded Together** is \$7 per year to Trish Evans. To submit articles, birth announcements, recipes, etc. email: [gtkdz@empirenet.com](mailto:gtkdz@empirenet.com) or P.O. Box 381, Norco, Ca 92680



