

This special report shows you how you can win the fight against cancer

## Diagnosed With Cancer?

### Here Are 7 Effective, Natural Strategies That Can Kill Your Cancer

**The information you want to beat cancer is here & available to you for free.** You won't have to download a report or buy any book. Here you will find information your doctor can't tell you or doesn't know. This may be the single-most important thing you read about overcoming your cancer.

Thousands before you have used these strategies to beat their cancer and now live *happy* normal lives. These same exact strategies are revealed to you here at no cost to you.

**Finding out that you or a loved one has cancer can be absolutely terrifying.** However, once you understand the causes of cancer and what you can do about it, you or your loved one can have *more* than a fighting chance of beating cancer. Unfortunately, these strategies can't help everyone survive, but if you have enough time for them to work, and apply them, your odds certainly improve.

"Hi- I will never be able thank you enough. 8 months ago my boyfriend, Pete, was given a few months to live- melanoma was spreading rapidly through his body and was proclaimed to have settled in the lymph nodes and liver. "Doctors" wanted to strip his lymph nodes and cut out a section of his liver, and then chemo him, again. I found your website, printed out all the info on cancer, and presented it to Pete. He agreed to follow the advice- he refused conventional treatment and immediately began a regiment of supplements to detoxify, cleanse, oxygenate, alkalize, and support. He also made changes in diet and in mind-set. 8 months later he is free of cancer, as indicated in the recent PET scan! He has energy abound, no longer sleeps half the day, and is looking forward to living instead of preparing to die. Your information is well-presented, logical, factual, and in language a person can understand, AND, it saved a man's life." Leslie R.

**Of course, you don't have to do this on your own, and it's perfectly fine to follow your doctor's suggestions.**

Many people do take chemotherapy and radiation treatments while they follow some of the suggestions in this report.

"We received great news from our oncologist yesterday after viewing Nikki's CT scan. Yes, she is responding very well to the treatments and yes, her remaining tumours are shrinking.

Compared to the CT scans done three months ago, they have shrunk by at least 80%. As such, Jenny and I have agreed to her continuing four more treatments. But it is my firm belief that our holistic approach is working and I must thank you all for contributing in one way or other to her recovery.

It will take another three months before the chemo regime finishes. Another CT scan will be held after that. Hopefully, by then, nothing is left of whatever tumours in her lungs and liver. Of course, we shall ever be so careful not to fall back on previous 'lifestyles' but to continue the new one into the future with fine tuning along the way." D. K.

#### Let me ask you a question:

If I could show you a natural cancer fighting strategy that when used alone or when coupled with conventional treatments could **kill your cancer** & would you be willing to spend 15 minutes reading this potentially life changing report?

If you answered NO, then I wish you the best of luck with your doctor.

If you answered **YES**, then go ahead and read this report. Do not simply skim over it or skip around from section to section & but read it word for word. There is a lot of cancer fighting information here. You won't want to miss a thing.

Now, because you chose to read this report in its entirety & this tells me two things about you.

1. You want an aggressive no-holds barred approach to skyrocket your chances of survival beyond the ordinary.
2. You realize conventional treatments may not do the trick alone, and can potentially batter your body, destroy your health and possibly ruin you financially.

I put much time and effort into creating this report so you're most burning questions about overcoming cancer will be answered. Many people tell me this report does just that. I believe you'll **feel the same** once you finish reading it. So without further delay

Here's what you're going to learn in this report:

¥ What exactly is cancer and how does it appear in your body?

Ê ¥ What the medical industry won't tell you about treating cancer

¥ 7 weak spots of cancer and how to take advantage of them

¥ Chemo, Radiation & Surgery ð Should you avoid it or do it?

¥ Amazing products that can kill or suppress cancer

¥ Suggested courses of action using the strategies revealed her

¥ 5 step game plan

Causes of Cancer

### **What Exactly Is Cancer And Why Does It Develop In Your Body?**

Cancer cells are *always* developing in the body. It's an ongoing process. The immune system has components whose job it is to seek out and destroy cancer cells.

Cancer has been around as long as mankind. In the second half of the 20<sup>th</sup> century the number of cancer cases exploded. Due in part because of the overload of toxins, pollutants, stress, poor quality and wrong types of food, pathogens, electromagnetic stress, lights and just about anything that wasn't around 200 years ago. All these things combined **weaken** the immune system and alter internal body conditions clearing the way for cancer to develop.

Cancer tumors begin when *more* cancerous cells are being created than an overworked, depleted immune system can destroy.

Constant exposure to tens of thousands of manmade chemicals from birth onward, electromagnetic radiation, pollution and other toxins, leads to the creation of too many **free radicals** and *excessive numbers* of cancerous cells.

Alone this would be enough to raise cancer levels, but combined with an immune system weakened by a diet of refined and over processed food, mineral depleted soils, and too much light, the immune system becomes overwhelmed.

**DID YOU KNOW:** Research shows that the immune system needs 9 1/2 hours of sleep in *total* darkness to recharge completely -- the authors of the book *Lights Out* explain. When was the last time you had enough sleep?

As a result of all this stress on our bodies and the overload of toxins, what you get is a malfunctioning immune system and a body that is not capable of destroying the excessive numbers of cancerous cells that develop. Some, sooner or later, survive and multiply. And then you have a cancer battle on your hands.

Overcoming cancer is a process of **reversing** the conditions that allowed the cancer to develop, and going after and killing cancerous cells.

The exact causes don't have to be known though certainly the more varied the approaches taken to correct those conditions, the more likely you are going to hit on what works best in a particular case. What needs to be done is to **strongly and dramatically interrupt and reverse** these cancer-causing conditions so that the body becomes healthier, and no longer capable of breeding cancer.

The more cancer there is, the more serious the condition -- meaning much has to be done fast. In your personal situation it may be too late, or it may not. No one knows where that cutoff point is as even advanced cases have been known to turn around.

Now what you will be reading in this report isn't about a cure for cancer. It isn't medical advice. It is sort of like information from the National Cancer Society that one of the most important things you can do for your health is to eat five servings of fruits and vegetables a day. But much, much more potent. You'll clearly understand what I mean as you read on.

One of the basics of fighting cancer is going on a fairly low carbohydrate diet, especially sugars and refined carbohydrates, because they digest extremely fast and flood the body. Your body must then produce a lot of insulin to get the sugar into cells fast, and this feeds the cancer cells just what they like to eat.

I wonder what would happen if you drank a high quality fruit juice full for nutrients that have been proven to fight cancer, like Goji Juice, on an empty stomach so the sugar rush from the juice increased insulin levels and targeted the cancer cells. And you take with it herbs or nutrients good at killing cancer cells like the ellagic acid with graviola or some of these other supplements. They might get pulled into the cancer cells too, improving their effectiveness. Hmm. Anyway, let's get on to learning more about fighting cancer.

## 7 Weak Spots Of Cancer And How To Take Advantage of Them

### **Cancer Weakness #1: High Oxygen Levels Kill Cancer While Low Oxygen Levels In The Body Breed Cancer**

Did you realize that the underlying cause of cancer may be **low cellular oxygenation levels**, which in newly formed cells, damages their cellular respiration enzymes, which can cause them to become cancerous?

In 1931 Dr. Warburg won his first Nobel Prize for proving cancer is caused by a lack of oxygen respiration in cells. He stated in an article titled ***The Prime Cause and Prevention of Cancer*** that other causes of cancer is no longer a mystery, we know it occurs whenever any cell is denied 60% of its oxygen requirements.

Cancer, above all other diseases, has countless secondary causes. But, even for cancer, there is only one prime cause. Summarized in a few words, the prime cause of cancer is the replacement of the respiration of oxygen in normal body cells by a fermentation of sugar. All normal body cells meet their energy needs by respiration of oxygen, whereas **cancer cells meet their energy needs in great part by fermentation**. All normal body cells are thus obligate aerobes, whereas all cancer cells are partial anaerobes.

Some causes of poor oxygenation include a buildup of carcinogens and other toxins within and around cells, which blocks and then damages the cellular oxygen respiration mechanism. Clumping up of red blood cells slows down the bloodstream and restricts flow into capillaries. Which also causes poor oxygenation. Even lack of the proper building blocks for cell walls, essential fatty acids, restricts oxygen exchange.

What Warburg and other scientists found in their research was that the respiratory enzymes in cells, which make energy aerobically, die when cellular oxygen levels drop.

When this happens, the cell can no longer produce energy aerobically. So, if the cell is to live, it must, at least partially, ferment sugars, producing energy anaerobically.

According to Warburg, cells that produce energy by fermenting sugars may turn cancerous. Warburg's contention is this...

Cells must switch to producing energy anaerobically because low oxygen levels have lead to the death of the **respiratory enzymes** needed to produce energy aerobically. When this happens, the cells cannot produce enough energy to maintain their ability to function properly. So they lose their ability to do whatever they need to do in the body.

**Fermentation** allows these cells to survive, but they can no longer perform any functions in the body or communicate effectively with the body. Consequently, these cells can only multiply and grow. And may become cancerous. Or perhaps it would be more accurate to say that they are cancer cells.

Decades ago, two researchers at the National Cancer Institute, Dean Burn and Mark Woods, (Dean translated some of Warburg's speeches.) conducted a series of experiments where they measured the fermentation rate of cancers that grew at

different speeds. What they found supported Dr. Warburg's theory. The cancers with the highest growth rates had the highest fermentation rates. The slower a cancer grew, the less it used fermentation to produce energy.

Naturally Warburg's contention was challenged and tested by other scientists.

Some researchers claimed this theory was not valid after they had measured a particularly slow growing cancer, and found no fermentation at all. And if cancer could grow with no fermentation, then fermentation, or lack of oxygen respiration, was not the cause of cancer. Dean Burn and Mark Woods checked those results.

Using more sophisticated equipment, they determined that the equipment these researchers used to measure fermentation levels was not accurate enough to detect fermentation at low levels. Their testing, using newer and more accurate equipment, showed that even in those very slow growing cancer cells, fermentation was still taking place, at very low levels.

This was also **confirmed** by Pietro Gullino, also at the National Cancer Institute, who devised a test, which showed that this slow growing cancer *always* produced fermentation lactic acid. Silvio Fiala, a biochemist from the University of Southern California, also confirmed that this slow growing cancer produced lactic acid, and that its oxygen respiration was reduced.

This theory makes sense. It also explains why there is *never* cancer of the heart. There are brain cancers, bladder cancers, cancers of every organ in the body. But have you ever heard of heart cancer? There wouldn't be, not if this theory is correct. (There can be a cancerous growth on the heart.)

The body **does not** allow heart cells to produce energy anaerobically. Here's why.

When you are working, or working out, and your muscles start to ache with pain, they have switched to temporarily producing energy anaerobically as they can't produce enough energy aerobically using oxygen. This anaerobic energy production causes lactic acid buildup, which eventually shuts down the muscle as it causes *pain*.

If the heart was able to produce energy anaerobically, then lactic acid would build up and shut down the heart. And you would die.

To prevent this, the body doesn't allow heart muscles to produce energy through anaerobic fermentation. Heart cells just stop working when they can't produce energy using oxygen. Consequently, **they don't get cancer** because their cells cannot produce energy through fermentation. Which means that they can't lose their functionality and grow in an uncontrolled manner, turning into cancer.

Further research into Warburg's theory showed that when oxygen levels were turned down, cells began to produce energy anaerobically, and ultimately became cancerous when levels went low enough. It took a reduction of 35% in oxygen levels for this to happen.

J. B. Kizer, a biochemist and physicist at Gungnir Research in Portsmouth, Ohio explains, since Warburg's discovery, this difference in respiration has remained the most fundamental (and some say, only) physiological difference consistently found between normal and cancer cells. Using cell culture studies, I decided to examine the differential responses of normal and cancer cells to changes in the oxygen environment.

"The results that I found were rather remarkable. I found that... **"High O<sub>2</sub> tensions were lethal to cancer tissue, 95 percent being very toxic, whereas in general, normal tissues were not harmed by high oxygen tensions. Indeed, some normal tissues were found to require high O<sub>2</sub> tensions. It does seem to demonstrate the possibility that if the O<sub>2</sub> tensions in cancer tissues can be elevated, then the cancer tissue may be able to be killed selectively, as it seems that the cancer cells are incapable of handling the O<sub>2</sub> in a high O<sub>2</sub> environment."**

Low oxygen levels in cells may be a fundamental cause of cancer. There are several reasons some cells become poorly oxygenated. An overload of toxins clogging up the cells, poor quality cell walls that don't allow nutrients into the cells, poor circulation and perhaps even lower levels of oxygen in the air we breathe.

When newly formed cells suffer a 35% or more decrease in oxygen, their **respiratory enzymes** become permanently damaged.

In order to survive, those cells must switch to using fermentation to produce energy. If this low oxygen state continues through several cellular life cycles, this de-evolves them to a more plant like cell, which is cancerous.

Cancer cells produce *excess lactic acid* as they ferment energy. This is toxic and helps to prevent the transport of oxygen into neighboring normal cells. And over time as these cells replicate, the cancer may spread if not destroyed by the immune system. When the immune system cannot kill cancerous cells faster than they develop, you get cancer.

Chemotherapy and radiation are used because cancer cells are **weaker** than normal cells and therefore may die first.

However, chemo and radiation damages **respiratory enzymes** in healthy cells and overloads them with toxins, so they become more likely to develop into cancer. The underlying cancer causing conditions are worsened, not improved. And the cancer usually returns quickly a second time *unless* you make changes to support the health of your body.

Probably the main implication of this research is that an effective way to support the body's fight against cancer would be to get as much **oxygen** as you can into the cells. Raising the oxygen levels of the still normal cells would help prevent them from becoming cancerous. And increasing oxygen levels in cancer cells to high levels could help kill those cancer cells.

A nurse who works in medical research said, *It's so simple. I don't know why I never thought of it before. When we're working with cell cultures in the lab, if we want the cells to mutate, we turn down the oxygen. To stop them, we turn the oxygen back up.*

Ma Lan, MD and Joel Wallach DVD, point out that one type of white blood cells kills cancer cells by injecting oxygen creating hydrogen peroxide into the cells.

There is a bit more to this oxygenation story.

If you remember, according to Warburg, it is increased amounts of carcinogens, toxicity and pollution that cause cells to be unable to uptake oxygen efficiently. This is connected with over-acidity.

## **Cancer Weakness #2: High Acidity In The Body Fosters Development Of Cancer While A More Alkaline Body Keeps The Body Cancer Free**

There is plenty of research showing that cancer thrives in an **acidic environment**, and doesn't survive in an alkaline environment. Cancer cells produce lactic acid as a byproduct of fermentation, which makes them highly acidic. Making the body more alkaline is important in fighting cancer.

Unfortunately...

The majority of the foods and drinks we consume are acidic, with colas and other soft drinks being highly acidic. So unless you have been eating a very healthy diet, full of fresh fruit and vegetables, your body is *way* too acidic. And is a very good environment for cancer to grow in.

According to Keiichi Morishita in his book, *Hidden Truth of Cancer*, if blood starts to become acidic, then the body deposits the excess acidic substances in cells so that the blood will be able to maintain a slightly alkaline condition. This causes those cells to become acidic and toxic, which may result in a decrease in their oxygen levels.

Over time, he theorizes, these cells increase in acidity and some die. These dead cells themselves turn into acids. However, *some* of these acidified cells may adapt in that environment. In other words, instead of dying - as normal cells do in an acid environment - some cells survive by becoming abnormal cells.

These abnormal cells are called malignant cells. Malignant cells do not correspond with brain function nor with our own DNA memory code. Therefore, malignant cells grow indefinitely and without order. **This is cancer.**

As you can see, what he seems to be describing, though from a different point of view, is the process by which low oxygen levels turns some cells cancerous.

It is interesting to note the connections here. Alkaline water (including the water in cells) can hold a lot of oxygen. Acidic water (or cells) can hold very little oxygen. So the **more acidic** your cells are, the less oxygenated they will be. And the process cancer cells use to produce energy, fermentation, produces lactic acid, further increasing acidity.

Sang Whang, in his book *Reverse Aging*, points out that toxins are **acidic**. If the blood is already overly acidic, the body must take the toxins out of the blood and deposit them in cells, to keep the blood in the proper pH range. Toxins will not be

released into the blood, which must happen in order to detoxify your cells when the blood is too acidic. This buildup of toxins causes acidic, poorly oxygenated cells, which may, at some point, turn cancerous. He explains,

"In general, degenerative diseases are the result of acid waste buildups within us. When we are born, we have the highest alkaline mineral concentration and also the highest body pH. From that point on, the normal process of life is to gradually acidify. That is why these degenerative diseases do not occur when you are young. Reverse aging requires two separate steps: chemical and physical. The first step is to lower the acidity of the body so that it can dispose of acidic wastes in the blood and cellular fluids safely and easily. The second step is to physically pull out old stored wastes into the blood stream so that they can be discharged from the body."

"The best kind of water for this function is acid-free alkaline water, the water that neutralizes harmful acids and disposes of them safely while it does not leach out valuable alkaline minerals such as potassium, magnesium, sodium, calcium."

"The device necessary to make the acid-free alkaline water is called a water ionizer." Sang Whang - Reverse Aging

By the way, it is not easy to get additional oxygen into cells. Most approaches don't work well. Breathing oxygen is still limited by the amount of hemoglobin available and acidity levels. And Dr. Whittaker points out, quite rightly, that liquid oxygen supplements that only release oxygen into the blood, which most of them only do, **can't** get oxygen into the cells.

He explains that a delivery mechanism is needed to transport oxygen into cells. And though the typical oxygen supplement gets oxygen into the stomach or the blood, that doesn't mean it, gets into the cells.

### **Cancer Weakness #3: Control Candida Fungus To Hinder Cancer Development**

Some doctors theorize that candida or other systemic fungal infections may cause or at least contribute to the *development* of cancer. It makes sense. A widespread candida infection plays havoc on the immune system. Not only does the immune system become overwhelmed and worn out from fighting it, but the candida (or other pathogens) **excrete toxins** that further weaken and harm the body.

The major waste product of candida is acetaldehyde, which produces ethanol. Ethanol can cause excessive fatigue, and reduces strength and stamina. In addition, it destroys enzymes needed for cell energy, and causes the release of free radicals that encourages the aging process.

Ethanol makes it difficult to absorb iron. This reduces one of the most important oxygen supports in the blood (iron), and makes it difficult for your body to oxygenate fully. And you know what may happen when your body can't oxygenate well. So it may be important to deal with candida if one wants to successfully recover from cancer.

### **There is a simple test to help you determine if you have candida overgrowth.**

First thing in the morning, before you put ANYTHING in your mouth, get a clear glass of water. Better still; leave it by your bed the night before. Work up a bit of saliva, and then spit it into the glass of water.

Check the water every 15 minutes or so for up to one hour. If you have a candida yeast infection, you will see strings (like legs) traveling down into the water from the saliva floating on the top, or cloudy saliva will sink to the bottom of the glass, or cloudy specks will seem to be suspended in the water. If nothing develops in 30 minutes, you are probably candida yeast free.

A few reports implicate the role of fungi in causing **leukemia**. In 1999 Meinolf Karthaus, MD, watched three different children with leukemia suddenly go into remission upon receiving a triple antifungal drug cocktail for their "secondary" fungal infections.

In 1997 Mark Bielski stated that leukemia, whether acute or chronic, is intimately associated with the yeast, *Candida albicans*, which mutates into a fungal form when it overgrows.

Milton White, MD. believed that cancer to be a chronic, **infectious**, fungus disease. He was able to find fungal spores in every sample of cancer tissue he studied.

Author Doug Kaufmann asserts that fungi in foods may play a role in cancer. He has seen children become free of their documented leukemia once the child's parents simply changed the child's diet. Kaufmann's diet is based on the widely published problem of mycotoxin contamination of our grain foods.

Grains such as corn, wheat, barley, sorghum, and other foods such as peanuts, are commonly **contaminated** with cancer-causing fungal poisons called mycotoxins. One of them, called aflatoxin, just happens to be the most carcinogenic substance on earth.

He says we consume, on average, from 0.15mg to 0.5mg of aflatoxin per day. So it is not sugar alone that is the problem in our western diet, but fungal toxins that are found in the sugary grains. More than once has Kaufmann interviewed a caller (on his health talk show) who absolutely craved **peanut butter** and **popcorn** just prior to their diagnosis of cancer.

Kaufmann feels that *antibiotics* may play a role in this. Antibiotics destroy the normal, protective gut bacteria, allowing intestinal yeast and fungi to grow unchecked. Resulting in Candida overgrowth. This can lead to immune suppression, symptoms of any autoimmune disease, or even cancer.

"If the onset of any symptom or disease, cancer included, was preceded by a course of antibiotics," he says, "then look for a fungus to be at the root of your problem."

#### **Cancer Weakness #4: A Strong Immune System Spells Trouble For Cancer**

An important aspect of dealing with cancer is supporting the immune system. After all, for most of your life the immune system has successfully dealt with cancer cells. It must become worn out, ineffective and unable to deal with the cancer cells before cancer takes hold and thrives.

So it may be quite important to strengthen the immune system so that it can better fight cancer. Especially if you are getting medical treatments that wipe out the immune system, and make the body more **acidic** to boot.

Your thymus gland is the key gland for the immune system. The stronger you can make it, the stronger your immune response to cancer will be.

Some natural supplements are better than others at supporting the immune system and creating health in the body. The trick is the use the ones that help the most as it is easy to squander resources on products that won't make a significant difference. And the other concern, if you have cancer, is to make sure you take **enough** of them.

Generally 5 to 10 times the normal supplemental amounts seem to work best.

#### **Cancer Weakness #5: Detoxify, Reduce Chlorine Exposure & Take In More Antioxidants To Subdue Cancer**

One of the causes of cancer is excessive free radical damage in your cells that harms your DNA and results in some cells **mutating** into cancerous cells. Every chemical and toxin in your body causes free radical damage. The carcinogenic ones cause even more. Combined with high acidity and low oxygenation, you've got a prescription for cancer. While there is no doubt that the ordinary free radical scavengers play a key role in **fighting** cancer, like the OPCs that took care of lung cancer, there are even more potent scavengers that work in an entirely different way. SSR Super Quinone. Even though it has been used for over 60 years, it is virtually unknown.

*And did you know that what's put in your water to purify it may be causing your cancer (and heart disease)?*

The French, with their lower cancer rates from consuming OPCs and resveratrol in red wine, have made red wine famous for its health benefits. There is another side to their low cancer rates though that most people don't know...

The French **do not** drink chlorinated water. They ozonate their water to purify it.

Does this make a difference? Absolutely.

**"We are quite convinced... that there is an association between cancer and chlorinated water."**

*Medical College Of Wisconsin research team*

We don't use chlorine because it's safe, we use it because it is *cheap*. We essentially still pour bleach in our water before we drink it. The long-term effects of chlorinated drinking water have recently been recognized. **According to the U.S. Council Of Environmental Quality, "Cancer risk among people drinking chlorinated water is 93% higher than among those whose water does not contain chlorine."**

It may cause much heart disease too. Dr. Joseph Price wrote a highly controversial book in the late sixties titled *Coronaries/Cholesterol/Chlorine*, and concluded that nothing can negate the incontrovertible fact, the basic cause of arteriosclerosis, heart attacks and stroke, is chlorine.

Dr. Price later headed up a study using chickens as test subjects, where two groups of several hundred birds were observed throughout their span to maturity.

One group was given water with chlorine and the other without. The group raised *with* chlorine, when autopsied, showed some level of heart or circulatory disease in every specimen, the group *without* had **no** incidence of disease. The group without chlorine grew faster, larger and displayed vigorous health.

This study was well received in the poultry industry, and is still used as a reference today. As a result, most large poultry producers use dechlorinated water.

When chlorine is added to our water, it combines with other natural compounds to form Trihalomethanes (chlorination byproducts), or THMs. These chlorine byproducts trigger the production of **free radicals** in the body, causing cell damage, and are highly **carcinogenic**.

"Although concentrations of these carcinogens (THMs) are low, it is precisely these low levels that cancer scientists believe are responsible for the majority of human cancers in the United States". *The Environmental Defense Fund*

Dr. Robert Carlson, a highly respected University of Minnesota researcher, sums it up by claiming, "Chlorine is the greatestcrippler and killer of modern times!"

**Breast cancer**, which now affects one in every eight women in North America, has recently been linked to the accumulation of **chlorine compounds** in the breast tissue. A study carried out in Hartford Connecticut, the first of it's kind in North America, found that:

Women with breast cancer have **50% to 60% higher** levels of organochlorines (chlorination byproducts) in their breast tissue than women without breast cancer."

It is not just drinking chlorinated water that is the problem.

Up to two thirds of our exposure to chlorine is due to **inhalation of steam and skin absorption while showering**. A warm shower opens up the pores of the skin and allows for accelerated absorption of chlorine and other chemicals in water.

The steam we inhale while showering can contain up to *50 times* the level of chemicals than tap water due to the fact that chlorine and most other contaminants vaporize much faster and at a lower temperature than water. Inhalation is a much more harmful means of exposure since the chlorine gas (chloroform) we inhale goes directly into our blood stream.

"Showering is suspected as the primary cause of elevated levels of chloroform in nearly every home because of chlorine in the water." Dr Lance Wallace, *U.S. Environmental Protection Agency*.

If you take showers using chlorinated water and are dealing with cancer, clearly installing a **shower filter** to dechlorinate your shower water makes good sense.

Another reason we have too much free radical damage and too much cancer is that processed foods generate more free radicals than whole foods, and have fewer nutrients to act as free radical scavengers to help protect you from those free radicals.

On top of this, you are exposed to **70,000 chemicals** -- 20,000 of which are known **cancer-causing** agents. These *all* cause free radical damage too, and help to cause cancer in yet another way. It is the buildup of toxins in the body that blocks cell oxygenation and leads to the development of cancer from low oxygen levels in cells. The key is to protect your cells by

making sure you are taking plenty of antioxidants, stop drinking chlorinated water or taking showers in it, and get rid of the buildup of toxins in your body using safe and natural detoxifiers. Several will be mentioned later on in this report.

### **Cancer Weakness #6: High Levels Of Enzymes Create Havoc For Cancer**

Researchers have noted for years a correspondence between low enzyme levels and cancer. In fact enzyme therapy has been used with **good results** against cancers in Europe, and by some doctors in the United States. To literally digest cancerous cells.

The major reason enzymes levels become depleted is that we eat mostly processed, irradiated and cooked food.

The digestive system was designed to process **raw food**. Raw food, when it is picked ripe, has enzymes in it that help break down that food in the upper stomach where it sits for 30 to 45 minutes. The enzymes in the food predigest that food. Then in the lower stomach the pancreas excretes more enzymes.

When you eat cooked, irradiated and processed foods where the enzymes have been killed, the food does not predigest in the upper stomach. So when it reaches the lower stomach *two things happen*. The pancreas must make extra enzymes to try and break down the food.

Often food is only partially digested.

The pancreas, after decades of overworking, eventually is no longer able to produce an adequate supply of enzymes. So you develop **low enzyme levels** and your body *cannot* naturally kill cancerous cells using enzymes.

In addition, food that is not completely digested all too often makes its way into the bloodstream. Especially if you have leaky gut syndrome from candida overgrowth. This partially digested food cannot be absorbed by cells. So it is treated as a toxin, and the immune system has to get rid of it. This puts an additional strain on the already overworked immune system.

Studies have found that the immune system treats the ingestion of cooked food as a toxic poison, causing a jump in white blood cells in an attempt to get rid of it as fast as possible.

Taking a good quality enzyme supplement with meals, one that has high levels of protease to digest protein, lipase to digest fat, and amylase to digest carbohydrates helps break down food in the upper stomach. So that the pancreas doesn't have to produce extra enzymes. Food is better digested.

Also, it is important to take these enzymes on an empty stomach. A stack of research shows that enzymes, when taken in this manner, will go into the bloodstream and clean it up. **And in the process may digest and kill cancer cells.**

Two other things this will do. Unstick clumpy red blood cells. Sticky, clumped up red blood cell clusters clog up capillaries and reduce circulation. So that cells cannot oxygenate properly. Which as you have gathered by now, may contribute to cancer.

Cancer tumors produce a thick fibrin protein to help protect them from the immune system. This also helps to stick the cancer tumor to wherever it is.

These digestive enzymes when in the bloodstream may be able to digest and dissolve the fibrin coating. Large amounts of enzymes would need to be taken and they would need to be enzymes high in protease to break down the fibrin.

### **Cancer Weakness #7: Cancer Doesn't Like High Subtle Energy Vibrations**

Conditions that lead to cancer can also be viewed energetically. In fact, unhealthy energetic vibrations may well set the stage for the development of cancer. Energy or vibratory levels differ between cancerous cells and healthy cells.

For example É

Cancer cells have much *lower* levels of vibrating subtle energy. For a cell to turn cancerous, its vibratory energy must be low. There has been research showing that raising the energetic level of the body helps it to better deal with cancer.

Fortunately, there are ways to safely and easily raise the vibratory levels of cells. One way is to **drink fluids that have been energized.**

Liquids start to vibrate at the rate fluids near them are vibrating. Drinking high-energy water will work to raise the energetic level of the cells in the body as the vibration of the water in those cells is energized by the drinking water.

Another way to improve energy levels in the body is to use special energized crystals and some type of **magnetics** to help improve the energetic vibratory levels in the body. The higher they are raised, the healthier the body, and the harder you make it on cancer.

**Electromagnetic** fields (EMFs) are felt by many alternative health professionals to be a possible cause of cancer and other ill health issues. You are exposed to them by all types of electronic appliances. Cell phones, computer screens and microwaves are among the biggest offenders, but even the clock radio by the side of your bed is putting out unhealthy levels of EMFs for a foot or two. Your car puts out quite a bit of it. Radiation from cell phones could literally *eat holes* in your blood brain barrier, which is there to prevent toxins from entering the brain. When its full of holes, more toxins get into brain, causing much damage.

There are two ways you can deal with EMFs. You can try to avoid exposure to them, or you can wear or use an energized product that counters the effect of that radiation to your body's energy field. As it is almost impossible to avoid consistent exposure, I prefer the second approach.

In the process of eliminating as much toxic exposure as possible, you need to limit exposure from the chemicals in the carpets and walls of your home. Unless you've already taken special efforts to have a chemical free house, **formaldehyde** and many other chemicals are in them and they outgas toxic fumes for years. Hulda Clark, in her books on fighting cancer and other diseases, recommends that all carpeting be pulled up, paneling and walls taken out and replaced, and so on if you want to beat cancer. Pretty drastic stuff. A less overwhelming solution would be to get a photo catalysis air cleaner. Using technology developed by NASA, it puts out molecules that interact with VOCs, the chemicals put out by carpets, etc. and changes them into harmless carbon and water molecules.

Personal care items like shampoo, conditioner, or skin lotion often contain ingredients that *add* to the overburden of chemicals your immune system get rid of. Try to use as natural and pure personal care items with as few chemical listed in the ingredients as possible to reduce that overload. The less overwhelmed your immune system is, the better it can fight the cancer.

### **What The Medical Industry Won't Tell You About Treating Cancer**

There was a woman whose daughter was in the advanced stages of brain cancer. She asked her oncologist if it was *ok* to give her daughter a nutritional supplement called blue green algae. Her doctor told her that it was no problem, that in fact a number of his patients had used that supplement with success in killing cancer and restoring health.

Naturally she wondered why he didn't tell her about this product a year ago when they first came to him.

Of course, he couldn't tell her about this product or any similar *natural/alternative health therapies* and stay employed at his clinic. **Insurance regulations would preclude such suggestions**. And he could get into trouble by recommending natural, non-drug treatments for cancer.

His advice is controlled by a large medical industry that makes mega money off expensive cancer fighting drugs and treatments. An industry that doesn't look favorably on natural supplements or other cancer treatments as they *cannot* patent or make as much profit on them.

Fifty years from now the current conventional cancer treatments used by doctors will on the whole be viewed in the same light that we view the old medical practice of using **leeches** to cure illnesses. Better treatments are in the works, but it will be a while before they will be able to help anyone.

It makes no sense at all to use chemotherapy and other treatments that *damage cells* and tear down and weaken the immune system, when the problem in the first place is that the immune system is already too weak.

Even if tumors go into remission, these treatments will have damaged other cells, which are more likely to turn cancerous. The immune system, unless it is supported by supplements and diet to help it recover, will be in **worse** shape then before for fighting cancer.

While it may have taken decades for cancer tumors to develop the first time around, the second time usually takes a year or less.

Another reason why doctors ignore sensible, safe and healthy treatments for cancer and recommend costly and illogical treatments instead -- is human nature. They advise and prescribe *what they are trained in*. It is what they know.

You go to them and you get what you ask for -- what they know. And you assume they will do the best they can for you, while in fact they only do what the system teaches them, promotes and allows them to do.

### **A Doctor's Shocking Closed-Door Confession É**

In a survey of 79 oncologists from McGill University Cancer Center in Canada, 64 said they would *not* consent to treatment with Cisplatin, a common chemotherapy drug, while **58 oncologists** said they would reject **all** the current trials being carried out by their establishment. Why? The ineffectiveness of chemotherapy and its unacceptable degree of toxicity. Philip Day, *Cancer: Why We're Still Dying to Know the Truth*

This information is shocking to say the least. But consider this É

Doctors today are not very different than they were 150 or 200 years ago. Back then the common practice was for interns and doctors working on cadavers to walk down to deliver a baby *without* washing their hands. Many women died from the subsequent infections.

Finally a doctor in charge of a clinic figured out what was happening, and had them wash their hands. The infections stopped. When he published his results, **the medical profession was outraged**. Good doctors could not be the cause of something like this. The doctor was ostracized and fired.

He went elsewhere and repeated the experiment. Again, deaths dropped. Again he announced the results, and again the medical profession rose up against him. The end of the story was, he lost everything, went insane from the tragedy of it all, and killed himself.

Bottom line: Don't expect a doctor working inside the system to buck the system. The risks are too great.

It is not all gloom and doom with chemotherapy. For two decades Dr. Perez Garcia has been using a treatment he calls Insulin Potentiation Therapy (IPT). It consists of giving a patient a dose of insulin followed by a tiny dose of chemotherapy. Cancer cells have 15 times more insulin receptors than normal cells. Insulin helps get chemotherapy into cells and because cancer cells have so many more insulin receptors, more gets into cancer cells. So small doses of chemotherapy can be used that cause little harm to normal cells. With Stage 1 or 2 cancer IPT is, I read, about 80% successful, mixed results for more serious cancers. So after two decades of use, how many doctors are using IPT? 29. Hard to believe isn't it. But I have read that many cancer doctors make much of their income from the markup they make on chemotherapy drugs, and small doses don't make big money. At any rate, it hasn't yet caught on.

I wonder how much more successful this therapy would be if some of the cancer fighting strategies you are going to read about below were also used to improve the immune system and fight cancer in other ways.

### **In fact, they can be used in conjunction with chemotherapy, radiation therapy and surgery.**

You don't have to avoid chemotherapy or radiation therapy to receive benefits from natural products and supplements. The best ones work to support the body so that radiation and chemo will actually work better. In addition, the immune system will be stronger and be more able to keep the cancer from growing back.

It makes sense, doesn't it, to supplement your chemo or radiation treatments with other options that support your body and actually help it be much more effective in helping you beat cancer.

What we have found is this. Many people *only* do chemotherapy and radiation therapy, and do not also seriously support their body's fight against cancer in other ways. All too often the cancer continues to grow, or comes back a few months to a couple of years later. And no wonder.

If the immune system has been wiped out by chemotherapy or radiation, and the body is even more toxic, acidic and poorly oxygenated, cancer is bound to overrun the body even faster than before. Seeking other options *after* the doctors throw in the towel and say there is nothing else they can do, is understandable, and certainly is what I'd be doing if I was in the same situation. For it still may not be too late, but the odds certainly decrease the worse off you are. It makes more sense to seriously try and correct the underlying cause of cancer earlier on when the odds are much better. Especially when they can do no harm.

Natural supplements won't hurt you. They can only help. They won't make chemotherapy or radiation therapy less effective either. Instead they amplify the power of whatever cancer treatments you may be doing by attacking cancer in other ways or supporting the health of the body and immune system. For example, research studies have shown that when you oxygenate cancer cells, radiation therapy is more effective at killing those cells. And beta glucan has been used in conjunction with some types of chemotherapy and produced marked improvement over chemotherapy alone.

Certainly some people are strong enough to beat cancer only using chemotherapy or radiation therapy. But look at the number of deaths from cancer and you see that most people aren't strong enough. It's like being in a life and death struggle and choosing to fight with one hand tied behind your back. Hit the cancer with everything you can. This is one fight you don't want to lose.

The stronger you keep yourself, the more support you give your body, the better you will be at handling any possible side effects of chemotherapy and radiation therapy, and the better your body will be at helping to fight off the cancer.

## Products That Fight Cancer

A natural approach to cancer is based on making the body *healthier*. The strategy is to strengthen a depleted, worn out, under energized immune system that is not capable of killing cancer cells as fast as they are multiplying.

A second key strategy is to change the body's **internal environment** so cancer cells can't as easily survive. This will include increasing oxygen levels, increasing alkalinity, getting rid of free radicals, detoxifying, and even increasing the enzyme and energetic levels in the body.

You may also want to take supplements that have the ability to kill cancer cells or stop them from reproducing.

Shortly, I'm going to show you several supplements that deal with the underlying causes of cancer, and work on any and every cancer. They accomplish this by supporting the body's fight against cancer, by changing the body's internal environment to one that does *not* support the growth of cancer, and by directly attacking cancer cells. Let's start with one of the most fundamental areas, oxygenation.

### Oxygen Elements Plus Oxygenate Cells

*Oxygen Elements Plus* may be the best oxygenating supplement there is. Especially for increasing oxygenation at the cellular level.

This one ounce bottle of liquid contains a patented formulation of hydrogen sulfate, acids, trace minerals, amino acids and enzymes. It interacts with deuterium, a trace mineral naturally found in water. And ends up creating hydrogen and oxygen as it splits the chemical bonds in water molecules.

What sets Oxygen Elements Plus apart from your typical oxygen supplement is that this oxygen producing reaction can take place **inside** the cells. Where you need to get the oxygen. Many oxygen producing products like hydrogen peroxide, vitamin O, or Aerobic – there's a whole slew of them - get oxygen into the blood. As Dr. Whittaker points out, what they can't do though, is to actually get the oxygen into the cells.

The oxygen transportation problem is solved by Oxygen Elements in a unique way. An ionic trace mineral blend in Oxygen Elements Plus enables it to enter cells, where it then makes oxygen. As maximum oxygen creation from Oxygen Elements Plus occurs 6 to 8 hours after ingesting, there is plenty of time to be taken into cells. It forms an O negative molecule which eliminates an O+ free radical by combining with it, and produces a stable oxygen molecule.

Oxygen Elements Plus is able to supply the body with a **steady** diet of free oxygen, hydrogen, full spectrum minerals, amino acids, and enzymes all the while cleansing cells of toxins and lactic acid.

So it works on the other fundamental cause of cancer, over-toxicity of the cells. You can't take too much, though you may have to increase the dosages slowly.

"I am contacting you for a friend of mine as she does not have a computer to ask a few questions. Her husband has Adenocarcinoma (lung cancer). He has been on Oxygen Elements Plus for approx. 3 weeks. The results have been remarkable to his well being. He is sleeping very well, eating great and has boundless energy, looks and feels better. The improvement started after three days, he is on the maximum dose." Pat G.

Ed McCabe, a noted oxygen researcher, in an article in **Well Being Journal** gives some examples of how Oxygen Elements Plus helped some people with cancer.

Dallas TV 11 had to repeat the Francis Guido story because there was so much demand for it by viewers. Francis loves to garden. One day she no longer felt good. **Pancreatic Cancer**. Blood work and CAT scans every 4 months confirmed its continuing growth for a year and a half. Finally her doctor told her there was nothing more they could do, and sent her home to die. She had no energy, couldn't get out of bed, or brush her teeth. Food would stick in her throat. She prayed over her dilemma, and the name of a local Naturopath popped into her mind. By this time **her throat was so closed off** she stopped drinking water. Dr. Revis helped her to drink an 8-ounce glass of water with drops of the supplement Oxygen Elements Plus in it. Over a month she worked up to 72 drops per day. She started eating and drinking again. When she returned to her medical doctors they scanned all of her organs and bones, from head to toe, and *couldn't find any trace of Cancer!* A year and one half later, she looks so much younger, alive and vital, no one recognizes her at the supermarket. She reports: I'm not dying! The Oxygen Elements works, but you have to want to live, and continue doing it.

Ed continues, Let's take the case of Joe Ritter, 66, from Fallbrook, California. Throat Cancer and surgery combined with **40 radiation treatments** left him burnt and scarred inside. He heard about and started taking the Oxygen Elements supplement, and when I interviewed him he was working out at the gym 4 hours a day, and considers himself way ahead of others who had the same surgery and radiation a year ago. He has the blood pressure of a 20 year old, the **lowest** his has ever been.

For a variety of reasons not everyone gets the same results with any supplement, but it's hard to pass by another of my interviews, this one was with William Lee. He's 69, he loves fishing, hunting, yard work, and working with flowers in South Dakota. He had 4 heart attacks, and after a stressful period his Cancer of 6 years ago flared up in his colon, stomach, blood, and prostate. His Naturopath guided him, working him up to taking **high dosages** of the Oxygen Elements, several times a day for the past 7 months. He had the usual classic cleansing reactions as the body finally had the building block raw materials needed to *purge* itself of unwanted diseased tissue. He reported lumps of foul smelling substances that looked like rotten hamburger flushing out of his colon, his urine was strong and dark, and he had occasional headaches. As he said, The Oxygen Elements is doing its job! His doctor reports he's free from the Cancer, his heart is improving tremendously, and all previous heart pains have disappeared. William concludes: It's a fantastic product.

Available at amazon.com, Suggested Use

Shake well. Add drops to eight ounces of purified water or juice and take with or after meals. For a therapeutic dosage, increase slowly to 10 drops 6 to 10 times a day. Just remember, Oxygen Elements Plus is a detoxifier so you may experience detoxification symptoms like headaches, fatigue, nausea and diarrhea if you increase the amounts rapidly and thus detoxify faster than your body can comfortably handle.

People who *really* need help use as much as 17 drops 7 times a day. It can also be applied externally on skin cancer or at lump site.

**MSM**, the well known organic sulfur product used for arthritis and pain relief, works well with Oxygen Elements Plus. I have also heard it is excellent on its own.

John, a 58 year old man with **stage 4 osteosarcoma** (cancer of the brain) and cancer of the blood was given 6 to 10 months to live with radiation and less without. At this point in time, John could no longer walk or drive. As he was about to die, John was then told to Get your affairs in order.

John immediately started taking MSM (organic sulfur), an increasing dosage of Oxygen Elements Plus, changing his diet to an *alkaline based diet*, and drinking lots of clean water everyday. In two weeks time John drove to his doctor and walked into his office for a check up. to his doctor's amazement, John's swelling in his brain had been reduced by 90% and his speech, his vision and his walking had returned to almost normal. Remember this was **only two weeks later!** His doctors could not

believe his progress, and they were very mad at John for driving a car and not taking his medication. Nevertheless, they told John, Whatever you're doing, keep doing it.

They still wanted to give him radiation because he had a particularly rapid growing aggressive type of cancer. John refused the radiation and told them that he was going to be just fine and that he was going to beat this cancer faster than anything that they had ever seen. John religiously continued taking the MSM and the Oxygen Elements Plus. He also continued his strict diet and drank lots of pure water every day.

Six weeks after his surgery John went back to his doctor for a MRI to see where the cancer was at that point. To his doctors complete amazement, they found absolutely no swelling in the brain. **All brain functions had returned to normal and there was NO CANCER at all.**

MSM helps to alkalinize the body, and helps detoxify it. A buildup of toxins leads to poor oxygenation. MSM experts recommend using 20 to 30 grams of MSM daily for best results.

The next product is going to give you an entirely different way to help oxygenate cells that will work with Oxygen Elements Plus. Plus it attacks free radicals in a unique and highly effective manner. It is a homeopathic remedy that actually causes a cascade of free radical scavenging at the micro cellular level in the body.

### SSR Super Quinone

Developed by Dr. William F. Koch who passed away in 1967, Super Quinone may prove to be the most important supplement there is. Using homeopathic carbon based quinone molecules, Dr. Koch figured out how to oxygenate cells and to effectively neutralize free radicals in a different way than your antioxidant supplements do. It was Dr. Koch's opinion that his homeopathic quinone based remedy tapped into healing at the level of DNA in the all the cells of the body. It does so in several ways.

It is an oxidative catalyst that triggers a cell's oxidative mechanisms to regenerate the impaired aerobic oxygen respiration that causes the cell to go cancerous. Restoring a cell's ability to use oxygen to produce energy is fundamental to Otto Warburg's theory on how to stop cancer. And it works...

Koch's book, *The Survival Factor*, has a series of photos of an infant with inoperable liver cancer who had a protrusion of the abdomen which got less and less until she is shown as a healthy young girl. She was using his SSR Super Quinone. And many other users have experienced similar results.

It triggers a chain reaction in every cell on a molecular level. The goal of the Super Quinone Remedy researched and discovered by Dr. Koch is not about curing a specific disease, but to tap into the body's infinite capacity to reverse any disease.

Dr. Koch called his remedy the Synthetic Survival Reagent, thus SSR. And used it successfully for treating cancers, allergies, polio and infectious diseases. He postulated that it worked against pathogens because the increased oxidation initiated by SSR would kill the disease causing pathogens in the cells.

It also works in another way by dealing with the damaging effects of free radicals throughout the body. In a sense, it causes a chain reaction at the DNA level among all existing free radicals to nullify them so that they cannot cause disease.

When you take Super Quinone along with other free radical scavengers, the damaging effects from the vast amounts of free radicals we are exposed to in this polluted world can be greatly negated. It can bring about dramatic changes in the cells because it normalizes DNA function with the removal of free radicals, and subsequently effects how cells replicate.

In addition, it is theorized to be able to interfere with the DNA of pathogenic microorganisms and cancer cells to shut down their replication and thus cause them to die. *An MD who worked with this formulation said that he found it to be about 80% effective against cancer.*

As a historical note, in Germany it is used to treat many different diseases. German authorities on this remedy say that Super Quinone treats: Cancer, HIV, chronic infectious diseases, autoimmune diseases, is a replacement for vaccinations of diseases such as chicken pox and measles, and basically treats any and all disease. (Heart disease is intimately connected to free radical damage and bacterial infections.) Because the Super Quinone molecule is extremely small, it has no problem working on diseases of the brain. It is the ultimate well being formula that everyone can benefit from.

SSR Super Quinone comes in 1 ml liquid vials that you take orally. Suggested usage is to take one vial a day for 10 days, one vial every week for four weeks and to repeat this cycle as often as needed. Once health is achieved, use once a month ongoing for maintenance and prevention.

### **Five Mineral Catalyst Formula**

Another important component of Dr. Koch's cancer fighting regime is his Five Mineral Catalyst Formula. He considered it *essential* to use with this formula with SSR Super Quinone to maximize SSR's effectiveness. Working on its own or in conjunction with SSR, these five minerals, when taken in homeopathic quantities, serve as a catalyst to encourage all cellular activity to normalize.

They will not do so in the higher amounts you get in normal nutritional supplements. In addition, he felt that they functioned as a foundation to all other nutrients when taken in this form, and served to enhance the effectiveness of Super Quinone.

Dr. William F. Koch was very well known in the United States in the 1930s and 1940s because of his discovery of how to normalize cellular chemistry on a micro molecular level so that cells became healthy and worked properly. His mineral formula of five different minerals in homeopathic dilution was an important part of this process though not as well known as Super Quinone.

The basic tenant of Dr. Koch was that free radicals and toxins change cellular chemistry, and thus cause the wrong type of chemical activity to take place in the immune system and in cells throughout the body. This can lead to cancer or any other ill health situation.

Dr. Koch felt the 5 Mineral Catalyst Formula was extremely effective at healing because it assisted the body in deleting incorrect responses to disease on a molecular level by providing *homeopathic* amounts of five trace minerals which had the ability to bring the cells back into balance.

This formula is meant to provide frequency signature input (vibration) to the cells in order to organize and optimize cellular chemistry as well as improve the absorption and utilization of all other nutrients. The specific claims for these homeopathically diluted minerals is based primarily on reducing fatigue and to improve respiration.

The label for every bottle of The Five Mineral Catalyst Formula makes these specific claims: Increases Energy, Reduces Fatigue, Improves Mental Clarity, brings about Greater Physical Ease and Improves Respiration. Taking the Five Mineral Catalyst Formula as directed will make a difference in how you feel and allow the body to heal much easier and faster.

The minerals are: Copper, Zinc, Manganese, Tin and Cobalt. These five minerals are prepared homeopathically at the 12C level of dilution. One bottle lasts 3 months as you take 12 drops a day for 10 days, 12 drops every other day for four weeks and then 12 drops once a week for seven weeks.

The Five Mineral Catalyst Formula makes my list of top products to take for fighting cancer because of Dr. Koch's high reputation and the results he was able to obtain. He obviously had an understanding of the healing process that goes far beyond the typical or medical approach. As his Five Mineral Catalyst Formula is relatively inexpensive, it is well worth adding on to any cancer fighting program, whether you use his Super Quinone or not.

### **MPS Gold Enhances Immune System, Improves Cellular Communication, Creates Tumor Necrosis Factor and more**

Cancer cells are **non-self**. As are viruses and other pathogens in our body. By increasing the ability of the cells to communicate with each other and with the immune system, the immune system may be better able to identify what is non-self, and get rid it.

One type of product that has proved to be *so* effective at helping the immune system do this, a new science has developed around it. The science of **Glycobiology**, which deals with the role of essential long chain carbohydrates in cellular communication.

To maintain a healthy body, cells must "*talk*" to each other. Their language is one of touch, written in saccharides (or simple sugars) on the cell surfaces. Like thousands of different "*keys*" projecting from the cell surface, they either unlock the required functions of the adjoining cell or not. If the right keys are available, the body functions smoothly. If not, it doesn't.

In March, 2001, **Science Magazine** dedicated virtually the entire magazine to the science of Glycobiology and the essential saccharides that make up these cellular communication keys.

The University of California, San Diego, announced the establishment of a Center for the further research and development of the Science of Glycobiology. And the President of the Royal Academy of Medicine in London, Dr. John Asford, said that "Sugars are going to be the molecules of the next decade.

Eclipse Magazine reviewed the results in Uganda where they are using these glyconutrients on AIDS and cancer patients and seeing remarkable results, and the child with Progeria (fast aging disease) who is experiencing reversal in his aging process once on glyconutrients.

The best source for these special, long chain carbohydrate molecules has proven to be properly processed aloe vera. One of the top researchers in the field, Dr. Danhof, gives some details on what it does. (These are Dr. Danhof's words based on his and other research.)

The Aloe Vera MPS is a long chain sugar molecule composed of individual sugar molecules connected together in long linear chains. There is wide range in the size of the MPS molecule. The varying sizes determine their healing properties.

#### 01. Anti-inflammatory and Blood Sugar Normalization Small size molecules

MPS reduces inflammation which is involved in such diseases as ulcerative colitis, arthritis, and gastric reflux. Also helps with the reduction of blood sugar with both type I and II diabetes.

#### 02. Free Radical Scavenger Medium size molecules

Whereas vitamins and minerals can only function outside the cells, MPS are effective intracellular antioxidant and free radical scavengers which are very important in preventing and treating arteriosclerosis, heart disease and Parkinson's disease. With the ever-increasing chemical pollution all over the planet and loss of nutrients in the soil, the increase in free radicals and loss of cellular oxygen will only become worse with time.

#### 03. Anti-Pathogenic Large size molecules

Has a direct antibacterial, anti-viral, anti-yeast/fungus and anti-amoeba effect. This is important with all the new infectious diseases cropping up and the older ones becoming more virulent and mutating from long term use of antibiotics.

#### 04. Immune System Enhancement Very large size molecules

The very large molecules are immune modulating, which has a powerful healing effect on AIDS, Chronic Fatigue Syndrome, other chronic infections, multiple chemical exposure, cancer, heart disease, auto-immune diseases and many other immune system disorders. MPS is important with the ever-increasing number of infectious diseases that are gradually becoming resistant to antibiotics.

The MPS molecule activates the Macrophage directly and through the liver to produce a cascade of healing effects: increases phagocytosis by the macrophage to engulf and **destroy** infected cells and damaged cells (the garbage eater in the body); increases interleukin and interferon levels in the body, which then increases the number and response of T-Cells and Monocytes; wound healing via fibroblast activity as well as dramatically increasing the growth of new cells and the anti-pathogenic response with viruses, bacteria, yeast fungus and amoebas.

**MPS also causes the body to produce tumor necrosis factor that destroys tumors by shutting off their blood supply.**

There are several small pharmaceutical companies developing drugs using these long chain polysaccharides to fight cancer. One of them, GlycoGenesys Inc., has a successful drug going into Phase 2 of FDA testing on its way to approval for use against cancer. So there is a good amount of research in this field on how it fights cancer.

MPS-Gold is the best aloe vera concentrate. The manufacturer of MPS-Gold uses the right kind of processing to preserve all the active ingredients. Their testing shows no other Aloe product, whole leaf, from the gel or as a powder, contains as wide a range of stabilized muco polysaccharides as MPS-Gold.

When the leaf is cut, the mineral salts and enzymes break down the MPS molecule. The proprietary extraction process, involves freeze drying the gel into a powder and takes steps to eliminate the enzymes and mineral salts (which are in most Aloe products).

The mineral salts and enzymes in Aloe can be irritating to the gut. MPS-GOLD contains higher levels of active ingredients. 60%. Less fiber. It contains the complete MPS molecule intact. Its dalton weight goes up to over two million. These higher dalton weights, over one million, are necessary for **effective** immune system healing, bolstering and balancing the immune system cells, for producing tumor necrosis factor.

MPS-Gold is taken as a loose powder mixed with water once a day. For health maintenance and health concerns that are not serious, a quarter to half a measuring teaspoon a day is used, with an ounce lasting 4 to 8 months. For serious health concerns, **usually 2 and 1/2 measuring teaspoons a day** are used, with an ounce lasting a month. Some people use 7 and 1/2 tsp a day for the most serious conditions which is three bottles for a month's supply.

A woman in her middle forties was diagnosed with a high-grade progressive malignant bladder cancer. X-rays and a biopsy showing that her bladder was 20% consumed by the cancer, which had invaded the muscle tissue and was considered to be one of the most aggressive types. She was scheduled to have her bladder **removed**, but after a few weeks of taking a high dose of MPS-GOLD she went in to have the operation for bladder removal and the medical doctors found that her cancer was gone!

I know of a man that had advanced liver cancer. Chemotherapy treatments were *unsuccessful*. Bleeding in the intestines required months of blood transfusion. Five days after beginning one teaspoon a day of MPS-GOLD, his bleeding stopped. His health gradually improved, and he returned to a more normal routine of day to day living.

Another man in his early seventies, who was recently undergoing chemical and radiation therapy for **pancreatic cancer**, had lost a tremendous amount of weight, so much that his family became very concerned and ordered MPS-GOLD. Within two weeks of using a very high dose of MPS-GOLD mixed with water, 7 1/2 level measuring teaspoons, he began gaining weight and had much less nausea from the medical treatment he was receiving.

The more aggressive you want to be, the more you use. If affordable. Many of these top supplements can be pricey.

One woman, taking 7 1/2 tsp a day with some additional Oat Beta Glucan, said she felt it going directly to her cancer and working on it every time she took it. (She had very extensive bone cancer.)

**MPS-Gold 3X** is a concentrate that boosts the immune response threefold when taken *with* the regular MPS-Gold. It concentrates more of the heavier weight long chain molecules. You must use it with the regular MPS-Gold for it to be effective. Use half as much as the MPS-Gold you take. It has been proven via scientific studies to increase immune system response by **300%** (MPS 3X contains targeted components of the galactomannan molecule). The bottle is half the size of the large MPS-Gold bottle so you use one of each. Two or three of each in a month would be a high therapeutic amount.

### **U-Fn: 35% U-Fucoidan Extract**

There has been a great deal of research done in Japan and in Europe on the ability of a polysaccharide from seaweed to fight cancer, **U-Fucoidan**. In research it was discovered to cause cancer cells to **self-destruct**. This activity and other tumor fighting activity has been found in numerous other studies in Europe.

U-fucoidan is a polysaccharide found mainly in brown seaweed. Although U-fucoidan is recognized in other seaweeds and plants such as wakame, mozuku, and hijiki, kombu (*Laminaria japonica*) is distinctively rich in this substance. Brown seaweed has been found continuously to be the most beneficial among other seaweeds and plants.

Research has shown that when U-fucoidan was administered to cancer cells they dissipated within 72 hours. This process is known as apoptosis; the destruction of cells from within due to activation by the digestive enzymes contained in the cells themselves. Currently, efforts are under way to find the consensus concerning the precise nature of U-fucoidan. Interestingly, Okinawa, Japan has the **lowest cancer mortality rate** in Japan where kombu is predominantly consumed.

U-Fn is concentrated brown seaweed extract. This product was developed to maximize the quantity of essential polysaccharides found in *Laminaria japonica* (kombu), and at the same time to leave a natural balance of vitamins and minerals. U-Fn is a wholesome food supplement and delivers beneficial factors of brown seaweed in the enhanced bio-available form. U-Fn is a strong antioxidant and can have immuno-modulating activity.

Health Benefits: Clinical studies have shown that fucoidan can...

- **Decrease cholesterol levels- its enzymes break down fatty acids in the liver**
- Diabetes control - slows down the release of glucose into the blood
- **Lower blood pressure**
- Improve liver function
- **Improve immunity - increases the production of immune cells or natural killer cells (NK cells)**
- Reduce stomach disorders
- **Skin rejuvenation - increases the production of integrin, a protein that helps in skin repair and firmness**

- Relieve allergies- because of the increase of NK cells
- **Relieve arthritis- by promoting the production of fibronectin which plays an important part in keeping joints flexible and lubricated**
- Herpes remedy - because of fucoidan's antiviral properties
- **Stop formation of cancer cells- through a process called apoptosis (cell self-destructing)**

Here's more information on this product as found in a press release, published June 17, 1996 from Biomedical Research Laboratories titled:

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"Polysaccharide found in the seaweed kombu, U-fucoidan, discovered to cause cancer cells to self-destruct "

Biomedical Research Laboratories (Takara Shuzo, Japan) and their research partners have discovered that a polysaccharide known as U-fucoidan, found in brown seaweed, causes various types of established cancer cell lines to self-destruct.

These researchers have confirmed that fucoidan has **anti-tumour properties** and causes certain types of rapidly growing cancer cells to self-destruct. Examples of cancer cell strains where this self-destruct phenomenon was observed include: Human acute promyelocytic **leukemia** cells (HL-60 cell line) Human **stomach cancer** cells (AGS cell line Human **colon cancer** cells (HCT-116 cell line Cancer cells of the descending colon (SW-480 cell line/WiDr cell line) This self-destruction was observed to take place without affecting normal cells.

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The article explains that this self-destruct phenomenon is known as **apoptosis**, as distinguished from necrosis, which is the death of cells directly brought about by external stimuli such as poisonous substances and physical damage to the cell. Apoptosis is brought about by a mechanism that is programmed into the natural makeup of cells.

Organisms activate this mechanism when necessary, which renders the cancer cells useless through activation of the deoxyribonuclease found within the cell itself.

Apoptosis may be said to be a natural means through which living organisms manage to **eliminate** harmful cells from their systems.

While the Japanese have been using U-Fucoidan extracts to fight cancer for a number of years now, a concentration of this magnitude, 35%, has not before been available in the US, and dramatically reduces the amount of capsules that need to be taken to get enough U-Fucoidan to effectively fight cancer.

Even with a concentrated brown algae extract like Modifilan, the difference is significant. 4 capsules of U-Fn supplies as much U-Fucoidan as 45 capsules of Modifilan. Which may be why people familiar with cancer fighting products feel that it is so strong and effective. They note that **improvements in cancer blood tests** often show up within *2 months* when using 6 capsules a day.

Leonid Gordin, M.D. Cambridge, MA on the benefits of U-Fucoidan.

The ongoing research into fucoidan has conclusively demonstrated its ability to induce cancer cell **apoptosis** (programmed cell death) in leukemia, stomach and colon cancer cell lines....

Fucoidan interferes with cancer cells metastasis (anti-metastatic activity) by inhibition of physical interaction between the tumor cells and basement membrane as well as suppression of the proteolytic cascade of plasminogen activation....

Another mechanism of antiproliferative (anti-tumor) properties of fucoidan was shown in vitro and in vivo on a cell line derived from a nonsmall-cell human bronchopulmonary carcinoma (particularly chemo resistant tumor). Fucoidan exerted **antiproliferative** activity with a block observed in the G1 phase of the cell cycle."

With its extremely high concentration of U-Fucoidan, U-Fn may indeed be a premier cancer fighting product.

It is best taken before or with breakfast. Two capsules are taken per day for normal supplementation. For cancer, 6 capsules per day are recommended which is three bottles worth in a month's time. (This doesn't mean that more wouldn't work even better, just that it may not be necessary to do more.)

## **Ellagic Acid, Graviola and Free Radical Scavengers**

A few years ago an acquaintance told me story after story of people with cancer experiencing quick and dramatic improvement in their condition using Ellagic Acid.

A woman with **stage 4 breast cancer** virtually going into remission in two weeks. That kind of thing. Even a story of someone reducing their extremely high blood pressure down to normal in 10 minutes or so while at her doctor's office. Now I don't know why it brought down blood pressure so fast, but there has been a great deal of research showing that Ellagic acid has potent anti-cancer properties.

The Hollings Cancer Center has conducted extensive research on Ellagic acid and they have been very impressed with what they have discovered. In fact, they are now doing a double blind study on a large group of 500 cervical cancer patients. Their past nine years of study have shown that ellagic acid is causing G-arrest within 48 hours (inhibiting and stopping mitosis-cancer cell division), and apoptosis (normal cell death) within 72 hours, for breast, pancreas, esophageal, skin, colon and prostate cancer cells.

Clinical tests show that ellagic acid prevents the destruction of the p53 gene by cancer cells. Additional studies suggest that one of the mechanisms by which ellagic acid inhibits mutagenesis and carcinogenesis is by forming adducts with DNA, thus hiding binding sites on the DNA from the mutagen or carcinogen.

Dr. Daniel Nixon, MUSC, began studying ellagic acid in 1993. His recently published results show:

¥ Cervical cancer cells - HPV (human papilloma virus) exposed to ellagic acid experienced apoptosis (normal cell death).

¥ Ellagic acid leads to G1 arrest of cancer cells, thus inhibiting and stopping mitosis (cancer cell division).

¥ Ellagic acid prevents destruction of the P53 gene by cancer cells. P53 is regarded as the safeguard of mutagenic activity in cervical cells.

¥ Tests reveal similar results for breast, pancreas, esophageal, skin, colon and prostate cancer cells.

Ellagic acid has also been shown to **inhibit** the initiation of **tumors** in many types of cancer. It acts as a scavenger and binds to cancer causing chemicals to make them inactive. It even prevents their binding to DNA and thus has been shown to *reduce* the incidence of cancer in human cells exposed to carcinogens.

There have been many people with cancer who have been helped considerably by the use of high amounts of Ellagic acid. This particular supplement has the highest amount of Ellagic acid I could find, and also contains many other antioxidants which have proven anti-cancer properties. These are:

**OPCs** from grapes seed extract and **Resveratrol** from the grape skin both have been shown to be quite potent. Resveratrol in particular has been heavily researched. Not only does it inhibit the growth of cancer cells, but it causes cancerous cells to **revert** back to normal and helps prevent them from turning cancerous in the first place. **Green tea** extract, which has long been known to fight cancer and heart disease. In addition the formula contains recommended amounts of most of the major antioxidant vitamins including **Selenium** and **Vitamin E** which protect against cancer and heart disease. How well does this formula work?

No one can say if it will work for any particular person, but I spoke with a health food store owner who has seen it help many customers.

In fact, she says she has never seen *anything* work better against cancer.

She tells of the story of a 90 year old man with **prostate cancer** which had spread to the **bones**. On his own he started taking 21 capsules a day, 6 being the normal amount so as usual for the best results significantly increase how much you take. In a few months his cancer was **gone**. He is alive and in good health 3 years later. Not bad for a 90 year old man.

To make this formula even better, recently an extract from a rainforest tree was added. **Graviola**. There is a very interesting story behind Graviola. In 1976 a billion dollar drug company started investigating Graviola's cancer fighting properties. Incredibly, they found phytochemicals in it to be:

- **10,000 times more toxic to colon cancer cells than a common chemo drug**

- Lethal to 12 different kinds of malignant cells, including lung, prostate, and breast cancers
- Extremely safe as it protects healthy cells instead of killing them
- Something that *doesn't* cause extreme nausea or hair loss
- A treatment that doesn't make cancer patients drop huge amounts of weight, get weak, or compromise their immune systems

So what does this drug company do? They found two phytochemicals in Graviola that literally **destroy** cancer cells. Without harming healthy cells. And, extracts actually **boost** immunity!

Does the drug company tell the world? Nope. Instead, the company sends researchers into the lab to isolate the natural chemicals so they can crank out a patented, prescription version of the drug. They do this for **seven years** before they finally give up... the synthesized version just isn't working. (And you can't patent natural compounds -- it's against the law.)

So what do they do next?

Instead of publishing their findings, they box up the research and put it away to collect dust.

However, news about the research on cancer was out, and research on Graviola did continue, though it looks like it took a couple of decades for it to do so. Purdue University, funded by the NCI and NIH, has done a good deal of research on this. In 1997 they reported that the Amonaceous acetogenins found in Graviola: *"not only are effective in killing tumors that have proven **resistant** to anti-cancer agents, but also seem to have a special affinity for such resistant cells."*

These cells resist drugs by developing a pump that pushes the drug out the cell before it can kill it. Graviola inhibits the production of ATP so that cells cannot produce as much energy. While this may does not cause a problem in normal cells, it wrecks havoc on the cancer cells with pumps because of their high energy requirements.

All in all, some remarkable phytonutrients are found in this Ellagic acid with Graviola formulation that do a very good job on cancer.

### **Whole Cell Beta -1,3D Glucan**

I didn't pay too much attention to Beta Glucan as an immune system supplement until a friend explained to me that not all beta glucan was the same. What you commonly find in health food stores and pharmacies is a split cell brewer's yeast beta glucan that is inexpensive and not too effective. Oat beta glucan is preferred to this as it is less inflammatory. It turns out that the best, even better than the glucan in mushrooms, is a whole cell beta glucan from baker's yeast. It is an extract and does not tend to cause problems in people with yeast allergies. This beta glucan has proven to be one of the strongest immune system supplements in several studies.

The chemical structure of beta 1,3- glucan is dependent on the source and, based on extensive published research, it is widely accepted that the beta 1,3-glucan purified from baker's yeast (*Saccharomyces cerevisiae*) is the most potent anti-infective beta-glucan immunomodulator. Yeast-derived beta 1,3-glucans work, in part, by stimulating the innate anti-fungal immune mechanisms to fight a range of foreign challenges.

Researchers have reported that the orally administered beta glucan provided **tumor-protective** effects by statistically decreasing the size and weight of tumors removed from study animals.

Researchers at the Tokyo Dental College, University of Louisville and Biopolymer Engineering, demonstrated that mice in a colon cancer model treated daily with oral beta glucan after 21 days, had a 21 percent decrease in tumor weight and volume, compared with untreated mice in the control group. This certainly makes it a strong addition to a cancer fighting regime.

Peer reviewed literature from Harvard, Tulane, the University of Louisville, and Baylor agree. Properly manufactured **Beta glucan may be the best activator/potentiator of the immune system ever discovered**. Suggested usage is one 500mg capsule of this highest quality beta glucan for every 50 pounds of body weight.

### **AFA Blue Green Algae**

AFA Blue Green Algae (A wild, fresh water blue green algae) consistently **increases energy levels** and gives people a greater degree of health. Like all nutrient dense green food concentrates, it helps the body detoxify and is an excellent **alkalinizer**.

It supplies small amounts of premium quality nutrients generally lacking from our diet -- virtually every nutrient in an energetic form that maximizes their benefits because it is harvested wild and processed correctly.

This supplement also has cancer killing abilities.

The Chicago Tribune, February 9, 1996 reported Blue-green algae...has yielded a promising new family of anti-cancer drugs, researchers said Thursday. The compounds derived from algae have shown remarkable ability to **shrink** tumors in mice, enough to cure some animals, said Gregory Patterson of the University of Hawaii.

Mice were implanted with cancer cells that cause **breast and prostate cancer** in humans and treated with **algae-derived compounds** called cryptophycins, which appear to **attack** the internal structure of **cancer cells**, blocking their ability to continue spreading. Patterson said.

There are other ways this algae may be of help with cancer.

Virtually every trace mineral is contained in it as it grows in a mineral rich lake. Trace minerals are needed for enzymes to function. If respiratory enzymes in your mitochondria don't have the trace minerals they need, they will be further impaired.

Containing high amounts of chlorophyll, it is an excellent detoxifier. Chlorophyll is thought to be especially valuable for dealing with cancer. Because its structure is very similar to hemoglobin, there are some who claim it may help transport oxygen. And being a concentrated green food, it is very alkalinizing.

Along with Oxygen Elements Plus, it has often been known to help **reduce the side effects of chemotherapy and radiation therapy**. And will not interfere with any medication.

It was one of the first living organisms on earth. The basis of life. Billions of years old.

Cellular biologists say that the enzyme system in this particular algae is virtually identical to the enzyme system in our cellular mitochondria. The mitochondria is what produces the energy in a cell. The respiratory enzymes it contains are what become damaged from lack of oxygen.

Perhaps the main benefit of this particular blue green algae in fighting cancer is to **supply additional respiratory enzymes** to replace the damaged ones. Which would be important indeed, given Otto Warburg's research and his idea that to fight cancer you need to take respiratory enzymes. This algae is processed in such a way that its enzymes are alive and viable.

This algae contains a significant amount (about 3-5% by weight) of the essential omega-3 fatty acid linolenic acid. The essential fatty acids present in it were remarkably bioavailable and led to the accumulation in the blood of EPA and DHA, two long chain fatty acids associated with brain function and cardiovascular health. In addition, it led to a decrease in the blood of the inflammatory fatty acid arachidonic acid.

This data suggests that this blue green algae may be a good dietary supplement to prevent deficiency in omega-3 fatty acids. Your cells need an adequate supply of omega-3 fatty acids to oxygenate properly.

### **Enhancing Natural Killer Cells**

In March 1998, an article was published describing the effect of this algae on the migration of Natural Killer cells. This study, performed by Dr. Gitte Jensen at Royal Victoria Hospital, affiliated with McGill University, demonstrated that this algae triggered within 2 hours the migration of nearly 40% of the circulating natural killer cells. (Which the body uses to destroy viruses and cancer cells.)

This study was **repeated** and **confirmed** the results obtained previously, and further revealed that this effect is seen only in people eating this algae on a regular basis. (This second paper appeared in the Jan '00 issue of the Journal of the American Nutraceutical Association.)

There is one supplier of AFA blue green algae that developed a superior processing method where they expose it to minimal heat and no freezing. In our informal testing it has proven to be *more potent* than what we had used before. Suggested therapeutic dosages range up to about 15 grams a day for the most serious of conditions. Until one becomes healthy, at which point you cut back. Use about half as much for not quite so serious conditions. With both well known for providing an

energy boost, blue green algae combined with Oxygen Elements Plus does a good job of getting people up and running again.

Start out using small amounts of the algae and work up to the larger amounts. It comes in two forms. Powder and in 400 mg capsules. If you are comfortable drinking it in liquids, the powder is the better choice as it is less expensive and soaking the powder in a liquid for several hours makes it even more potent. Capsules can be more convenient and if you don't like the taste of drinking a concentrated green powder, get the capsules. People often start out taking 3 capsules per day. However, people who need to take as much as possible, as quickly as possible, sometimes take much more. As much as 10 a day. The 450 gram bag of powder will supply a high therapeutic amount for a month. The 1200 capsule bag will supply an equivalent amount. Or get the 580 capsule bag if you are not going to use the highest therapeutic dose but are going to take a normal therapeutic amount. And of course, smaller amounts can be used to try it out.

There is another form of this algae which concentrates on the blue pigment. Call **Blue Manna**, it concentrates the PEA in algae. PEA is a compound naturally produced by the brain. It is associated with pleasure and mental awareness and is known to enhance memory, concentration, attention and the state of joy or well-being. You may want to use a little of this if you're not feeling full of joy and well-being!

### **Nature's Biotics Soil Based Organisms and Cancer**

A formulation of soil based organisms has been used for years by many health care practitioners. Carefully and scientifically developed for maximum benefit and complete safety, these organisms, when taken as a probiotic, provide a remarkable range of benefits. They stimulate the immune system, clean the colon, improve digestion, kill pathogens and parasites, and more.

A healthy colon is a fundamental of good health, and soil organisms may do more than any single probiotic to improve the condition of the colon. Plus they remarkably improve the **immune system**. Stimulating the production of natural alpha interferon, lactoferrin, antibodies and producing a powerful antioxidant, SOD. There are cancer testimonials from the use of soil organisms.

"When I first heard about this product, well frankly, I thought to myself 'this is probably just snake oil. I was very suspicious. Then I heard how people with **arthritis** were being helped. People with **Lou Gehrig's disease**. And people with various kinds of cancer. So I went out to Los Angeles and interviewed people who had used it, and looked at their medical histories, and I became a believer. Without a doubt, people are being helped."

-Dr. Don Boys, Ph.D. Author of eight books and Guest on ABC, NBC and CBS shows such as Crossfire.

....Cancers, Parkinson's disease, glaucoma, nervous disorders, high cholesterol levels and many other conditions and diseases have responded successfully to this product."

-Dr. Phyllis Wilson Confer

"I had breast cancer that had metastasized to the bone. By the time it was found, it was simply too late for conventional therapy. It was advanced to the point of being a death sentence. I was in a lot of pain... I started taking the product and within weeks I felt decreased pain-in fact, about 95% less pain. Since then the central mass of cancer in my breast has decreased from a two and one-half inch mass to the size of a small pea."

Dr. A. Johnson

The Townsend Letter for Doctors & Patients in the 1997 August/September issue reported on a small study done in Mexico using soil based organisms with "chronic lymphocytic leukemia in 35 human adults. One dropped out of the study.

The Director of the Clinical Research Division wrote: 'The administration of (these soil organisms then called) Natur-Earth capsules to 34 individuals afflicted with chronic lymphocytic leukemia, appears to have attenuated the symptoms of approximately 80% of the treated patients.'"

A doctor, who had used these same soil organisms 20 years ago on Aids and cancer patients, says it is the **best** product there is for Aids and cancer. He used it with many patients with excellent results and saw excellent results in their blood work and other testing. He feels that the reason it works so well is that it produces large quantities of alpha interferon in the body.

Normally 1 bottle lasts a month at first. It may be possible to increase the speed that you work into this, and 2 bottles might be used the first month if time is of the essence. Six bottles a month, 18 capsules a day, is a high therapeutic dosage.

## **Primordial M-Water**

Primordial M-Water gets included in these top tier picks because of numerous reports of it reversing cancer. Of people not able to keep anything down who began to take Primordial M-Water and found their nausea ended, that were able to get out of their hospital beds and go home within days after being full of tubes, once it was added to their IV. Of a woman whose hair and turned white, who had become crippled with arthritis after chemotherapy and radiation. After drinking M-Water for a year, her hair had regained its color, the arthritis was gone and her period had returned. Here's how it works.

About 70% percent of your body is water. Water is the means by which nourishment is circulated throughout your body. In addition, it serves as the transporter of energy and energetic vibrations throughout the body as water copies and transmits the energetic vibrations of everything it is exposed to. When you drink Primordial M-Water, it seems to be able to produce healthy coherent energy throughout the body, replacing the disorderly, non-coherent energy related to disease.

Photos of crystals of this water show that it is formed of small water clusters, which naturally increases hydration of cells, and thus gets more nutrients into cells and toxins out of cells. And that more importantly, when you add a little of this water to ordinary good quality drinking water, it transforms that water in a more perfect water with smaller crystals, more coherence and higher energy. Mix a couple of teaspoons of Primordial M-Water in a gallon of drinking water, and you can drink high quality water that better hydrates and energizes your body.

Because cells with cancer vibrate at a low energetic level, by drinking this water you start to raise the vibratory levels of the cells and negate the cancerous energetic vibrations. And as so much of your body is water, raising the energetic level of the water is of significant benefit. There are four functional benefits from drinking Primordial M-Water: 1) increased absorption and utilization of nutrients; 2) more effective and efficient detoxification of the whole body; 3) increased oxygen utilization by the cells; and 4) a more perfect cellular replication process.

Based on these four basic functional benefits from drinking Primordial M-Water, all systems of the body can function to support health and life against death and disease of the cells. In addition, all other natural supplements and nutrients will become absorbed and utilized more effectively by the cells to promote the health of the body as a whole.

Since there is nothing chemical added to make Primordial M-Water, in order to increase hydration, the vibration and energy changes must be responsible for the hydrating effects. Another important factor in hydration that is emphasized in many other water supplements is that by decreasing the size of molecular clustering of the water molecule a dramatic increase in hydration will take place through the gut wall and into all the cells.

It is a simple fact that when the H<sub>2</sub>O molecular clusters are smaller, they will hydrate easier. Water crystallization studies demonstrate that on a molecular level smaller molecular clusters hydrate better. Fortunately, with Primordial M-Water there is no need for colloidal minerals to create smaller molecular clusters or special technologies that ultimately distorts the water molecule and damages health. Instead a Perfect Living Water will naturally contain smaller molecular clusters to hydrate easier without altering it through limited technologies.

The essence of what takes place in Primordial M-Water goes beyond the size issue of the molecular clusters. At a deeper level of what water is all about, there is a coherent frequency message in Primordial M-Water. This coherent frequency message in Primordial M-Water is compatible with the frequency of the water that makes up the cells of the body, which in turn allows water to become easily absorbed into the cells of the gut, and then to the general circulation and to every cell of the body. In contrast, even what is considered high quality bottled spring water does not usually absorb easily once consumed, which is because of frequency incompatibility between the water consumed and the cells of the body. Based on the water crystal studies photos it is also evident that even high quality spring water may not have small enough molecular clusters to facilitate quick absorption. People who drink Primordial M-Water often express that they enjoy drinking it as compared to normal water.

Later on in this report you will read about products that can energize water. They are excellent and I use them. Primordial M-Water may indeed be the best of the bunch. Even one bottle will give you enough to try for a month, though as with anything you take for cancer, more is better, up to drinking up to 4 ounces a day plus putting a couple of teaspoons in every gallon of drinking water. One bottle contains 16.9 ounces of water.

The eTag is a jade pendant that has been energized using technology developed by Dr. Yanick. It is highly polar and energy amplifying. In addition, it is very effective at protecting your body from the negative energy of cell phones, computers, lighting and EMF or chaos energies in any form. It is included in the top tier of cancer fighters because it is being used successfully in several cancer clinics in conjunction with nutritional protocols.

### Nontransdermal Energy Patches

In what may be a revolutionary scientific breakthrough, these patches when worn on the body, send a frequency message to the body telling cells to metabolize fat. Nothing enters the body. These patches use your body's own energy to send a specific frequency back into the body, sort of like changing the software for a computer to modify what it does. Athletes can have a **40% increase in strength and endurance** literally within minutes. This is because burning fat is much more efficient and effective at producing energy than is burning carbohydrates and protein. So every cell in your body produces energy more efficiently.

I knew when I learned about these energy patches that they would be valuable for people fighting cancer because it would give them more energy and strength for fighting cancer. However, that's not the sole reason it made my top tier of products.

It does three other very important things. First, some health professionals reported that the **pH levels they were testing in their patients increased 1 to 2 points** in just 12 hours when they used these patches. This is very significant as pH levels are usually very slow to adjust and raising them is vital if you want to beat cancer. This alone was enough to put it in the top tier.

Second, using these patches is like getting acupuncture without needles all day long. They balance and open up the energy meridians in the body, and can provide support to different areas of the body when worn on specific acupuncture points.

Using a SpectraVision machine which measures body energy levels, patch performance is impressive. Within 2 minutes, people tested had on average a 15-35% improvement in energy. This increase was in the energy impulses within the connective tissue and organs. After an hour, the improvement was even greater.

Other effects include, better nutrient absorption, better use of available calcium and increased hydration of cells.

Third, **pain relief** can be significant when using the patches. I had heard how they worked well for getting rid of headache pain. It wasn't till I heard how a person experienced significant relief from cancer pain using these patches that I realized they had the potential to help with cancer pain.

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These products comprise the top tier of defense against cancer. They all have, on their own successfully dealt with cancers. Any cancer. When it is a really serious situation, the best chances for survival come from using as many of these products as possible. However, it may come down to a matter of what is affordable.

Fortunately, for people on a budget, therapeutic amounts of any one of the major supplements have been known to get rid of cancer on their own especially if used with some of the not quite as important and expensive supplements. However, depending on the severity, in some cases several or many of the major supplements may be needed to recover. And of course, sometimes it may just be too late.

With most of the products, you start out with small amounts and increase to high therapeutic dosages. If someone has plenty of time they can go more slowly, if not you take more faster and ignore the detoxification.

Most of them can produce **detoxification** symptoms so you start slowly usually. Such as starting with 7 drops of the Oxygen Elements Plus a day and working up to 80 or more drops a day. Or with the blue green algae, starting at 3 to 10 a day a day and working up to 38 a day. If the cancer is more serious and time is of the essence, then more may need to be taken and at a faster rate.

Other products can play strong support roles, working in conjunction with the above supplements or filling a specific niche in a cancer fighting program. Depending on what's causing your cancer, or if they happen to provide what you really need most, some may be quite important. All of them will help fight cancer. Some of them, like Carnivora and CellXcite may be as good as any of the above products. I am not as familiar with them

## Carnivora

Carnivora is a patented extract of the plant, Venus's-flytrap, developed 30 years ago by the renowned German oncologist Dr. Helmut Keller. On a trip to the United States, he marveled at its ability to digest protein such as insects, without harming itself as it had no digestive system. He realized that compounds in it must have the ability to breakdown primitive, unshielded protein found in insects and microorganisms while leaving the more complex cells intact.

Being an oncologist, he knew that cancer is also a primitive cell with lots of irregular protein and he thought it might prove to be a valuable tool in the fight against cancer. So he started using it with patients, and found that it was indeed, very effective against cancer, along with being excellent for fighting viral diseases, bacterial infections, fungal infections and parasites.

It works in several ways. Not only does it contain compounds that digest primitive protein while leaving normal cells alone, but studies have shown that it contains nutrients that improve immune response, increase NK and macrophage cell production, activate and increase self-defense cells in the body, provide antioxidant support, stimulate lymphocytes, reduce inflammation and more. Studies show it has no toxic or mutagenic effects in the human body up to 4,500 times the daily dosage so it is completely safe.

The well-known alternative MD, Robert Rowen has been using Carnivora in his practice for years. He began using it after reading an article by Dr. Morton Walker detailing remarkable cures of life-threatening diseases with Carnivora. Dr. Walker estimated a *45% significant response rate* to cancer with Carnivora alone. Dr. Keller said the results are much higher with integrated approaches. From what I have read about its use in Germany and now the US, it works excellently for early stage cancers, with success rates as high as **90%** sometimes reported when used with other products as part as an integrated approach, but not as effective with Stage 4 cancer, *especially* if chemotherapy or radiation has previously been used. It is of no help with osteosarcoma.

Carnivora comes in capsules and as a liquid extract. Capsules are more mild, and can be used on their own. The liquid extract is expensive and is typically used along with the capsules where more serious support is needed. Therapeutic usage ranges from 6 to 9 capsules a day with more not necessarily being better. There are 100 capsules in a bottle. Sixty to as much as 240 drops daily of the liquid extract is the range most often used, gradually increasing from 10 drops 3 times a day. The more serious the situation, the more is used.

Dr. Rowen reports that many physicians using Carnivora for Lyme Disease, are recommending using 20 drops six to eight times daily with a drop of DMSO taken with it to enhance absorption. Each bottle of the liquid extract supplies 600 drops. Carnivora has a short life in the body, around four hours, and works best when maintained in the bloodstream as consistently as possible. Carnivora is the *only* brand of Venus's-flytrap Dr. Rowen recommends as most others are diluted with problematic solvents while Carnivora is 100% undiluted and uncut.

Even though Carnivora is very impressive and is well worth adding on to a cancer fighting regime, it didn't make my list of top products as the liquid extract is very expensive when used in high amounts. Plus it is not particularly successful when chemotherapy has been used, and may work best for early stage cancers. I suspect the top products would do a bit better for less money.

## IP6

**IP-6** and inositol are found in whole grains. They make IP-3. IP-3 is a key molecule responsible for cellular signal transduction, controlling vital functions including cell proliferation and differentiation. IP-6 can lose one or more phosphate (P) while inositol can gain them. Thus the combination of IP-6 and Inositol (a common B vitamin) yields more of the crucial IP-3.

The theory is: since all cancers, irrespective of their type and origin have a common defect of uncontrolled cell proliferation, IP-3 is a key regulator of cell growth and IP-6 & inositol yield IP-3, therefore, IP-6 & inositol **normalize the rate of cell division** in out of control cancer cells.

IP6 has been proven to **normalize the sugar production** of cancerous cells. This helps make them less harmful.

It has also been proven to **boost Natural Killer cell activity**. These are white blood cells that target cancerous cells with the intention of destroying them.

IP6 has been shown to greatly increase the amount of the p53 gene, up to 17 times in some experiments. The p53 gene acts as a policeman by preventing genetically damaged or cancerous cells from growing and propagating. In addition, tumors are known to be more resistant to chemotherapy when p53 is low.

IP6 also **inhibits inflammation**. Inflammation triggers the release of cytokines which are known to cause cancer cells to grow.

It is a potent **antioxidant**, much more potent than green tea. And it has also been shown to **enhance apoptosis** or cancer cell death, **reduce blood vessel growth** to tumors, and **inhibits metastasis** of cancer.

If you are getting enough inositol from whole grains in your diet, then supplementing with just IP6 may be enough. The best IP6 supplement, **CellXcite**, contains both inositol and IP6 that has been bound to calcium and magnesium. These minerals keep IP6 from leaching other minerals out of the body. It has been shown to be *much stronger* than taking IP6 on its own. Best assimilated on an empty stomach, 2 capsules morning and night is the normal amount to take. A high therapeutic amount is 8 capsules morning and night. (Four bottles a month.)

The following three products are excellent detoxifiers and as detoxification is a major issue in dealing with cancer, seriously consider adding one or two of them to your cancer fighting regime. The first product is such a potent detoxifier, it will actually stop diarrhea in its tracks. Or even prevent a hangover. It is called

### **Esdifan**

Esdifan capsules contain zeolite. Zeolite is a mineral that has a honeycomb shape that traps toxins in it then naturally passes them out of the body. Another important aspect of Zeolite is that it is one of the only negatively charged minerals in nature. This means it actually acts like a magnet to toxins, and then pulls the toxins out of the body without overloading the bodies detoxification system. Zeolite is especially good at pulling out heavy metals and radioactive chemicals.

If you are suffering from diarrhea or an upset stomach from chemotherapy or radiation therapy, Esdifan can make a big difference to improving how you feel and your quality of life. More important, consider taking it just to detoxify as much as possible. Especially if you are being toxified with chemotherapy and other medications. It will help deal with the side effects of them. The more you detoxify the better when you are fighting cancer, and Esdifan *doesn't* overload your liver. There are 90 capsules in a bottle and you can use up to 9 a day or more to stop diarrhea or detoxify.

### **Magnetic Clay Detox Bath Kits**

Called magnetic clay because they literally pull toxins out of the body into the bath water. They can be used in foot baths or packs too if someone is not able to get into a bath, or is very weak and must detoxify very slowly.

Tests have shown that these baths are much more effective than chelation therapies at pulling heavy metals out of the body. They do a **superb** job of getting out the metals, chemicals and other toxins that usually are a factor in the development of cancer. (Remember Otto Warburg explained that it was a toxic buildup that led to the low oxidative state in the first place.)

Mercury is particularly dangerous because mercury vapor is more than a thousand times more likely to bind to the oxygen receptors on red blood cells than oxygen is. Each red blood cell has four oxygen receptor sites to grab oxygen and carry it to the cells. If you have much mercury vapor in your body at all, the mercury vapor fills some of those receptor sites, and not as much oxygen can be sent to the cells. And poor cellular oxygenation, leads, as you know, to cancer.

**Dental amalgam fillings** are over half mercury, and give off mercury vapor constantly. In the Seventies when the price of silver skyrocketed briefly, the percentage of silver in the fillings decreased from about 30% down to about 4% and copper increased from about 4% to about 30%. Copper is not nearly as inert as silver is and produces much more mercury vapor (and toxic copper vapor) to be released. Getting rid of the mercury in your body along with the other toxins may be of vital importance for cancer prevention and reversal.

Many vaccines contain large amounts of mercury. I often wonder when I hear of children with cancer, if it was **vaccines** or **dental amalgam fillings** that contributed to the cause. Mercury also greatly disrupts the immune system, and is usually found where there are candida and other fungal infections.

In these clay bath kits, different herbs are combined with a special bentonite clay to pull out chemical and metal toxins. Simply mix the clay with the herbal formula into a tub full of moderate temperature water. One bath may rid years of accumulated toxic chemicals and metals, but as you have lived many years, you will need a series of baths.

The minute particles of clay provide a large negatively charged surface area in proportion to volume. When mixed into a tub of very warm water, the clay opens the pores of the skin and has a magnetic 'pulling effect' and draws out many times its weight in positively-charged toxic particles.

The **Dental Mercury** kit is designed to get rid of mercury.

The **Environmental** kit is often suggested for cancer. It is designed for pollutants, insecticides, pesticides, vaccination poisons, industrial pollution, chemical warfare, and almost all chemicals including food additives, chlorine, etc. Very helpful in radiation and lead detoxification. The next bath does a bit more with metals.

The **Tox-Away** bath is for general detoxification of metals and chemicals including industrial pollution, toxic water and air, smoke inhalation, burns, chemical burns, chemical warfare, pesticides, insecticides, etc. The metals and chemicals for this bath are environmental toxins, mercury toxins aluminum toxins, chemical toxins, insecticides/pesticides, lead, and vaccination toxins.

Use the **Clear-Out** detox kit for a general overall detox. Use this if you are not sure which kit to get.

Smokers or ex-smokers may want to use the **Smoker's/Drug** Cadmium formula which assists in removing toxins found in cigarette smoke (cadmium), tobacco, medical drugs or recreational drugs, smoke inhalation, etc. It is effective to release toxic substances found in tobacco such as tar, hexavalent chromium, hydrogen cyanide, nicotine, lead and arsenic. This may help someone stop smoking. Some people literally lose the urge to smoke after taking a bath.

For someone seriously ill, smaller amounts are suggested so a single kit may provide 10 or more baths taken 1 to 3 weeks apart, and the clay dissolving agents may not be needed.

### **Bio-Chelat**

Bio-Chelat is a patented oral chelator from Germany designed for the excretion and removal of heavy metals. It contains strongly diluted EDTA and an oxidative catalyst. It has its greatest value as a middle and long-term therapy for sub-acute or chronic heavy metal toxicity. It works gently, is easy to take, and does not disturb the minerals and trace minerals in the body as more aggressive oral chelators do. Clinical trials show it does not put an added burden on the liver, blood or intestines when used, has virtually no side effects, and is very effective.

It can be used on its own or with the clay bath kits. It generally takes about 3 months to reduce levels of heavy metals and can be used indefinitely to eliminate any current exposure. Elevated levels of heavy metals, it doesn't matter which ones, cause a great deal of **free radical damage**. In addition, they disrupt the immune system and may decrease the effectiveness of medicines and minerals supplements. Heavy metals interfere with the absorption of minerals as they grab the receptor sites and don't allow the minerals you want on those sites to be utilized. Just take 20 drops three times a day before meals and drink plenty of fluids.

### **Heavy Metal Screening Test Kit**

Not sure if you have elevated levels of heavy metals? There is now an accurate, inexpensive and easy to use home test that will tell you within a few minutes if you have elevated levels of heavy metals. It won't tell you which ones you have too much of, but it indicates how high the overall levels are. As any and all heavy metals cause free radical damage and mineral malabsorption, it doesn't really matter which ones you have elevated. You need to reduce their levels if they are elevated.

Using technology that has been around 75 years, this test has been evaluated and proven accurate and reliable by numerous experts and is even suitable for clinical use. Just be sure not to take any mineral supplements or drink wine the day before the test as that could skew results.

### **Photo Catalysis Air Purifier**

Another aspect of detoxification is to reduce exposure to cancer-causing toxins. That's one reason why organic foods are better for you to eat. And as the volatile organic chemicals outgassed by paneling, plywood, carpeting and vinyl (which make up a good deal of most homes) are toxic and may cause or contribute to the overload in your body that caused cancer, it makes sense to get rid of them. Without tearing up your house. The way to do so is to use a PhotoCatalytic Air Cleaner.

It's not an air filter. What it does is oxidize organic odors, germs, and fungi in a 350 sq. ft., 750 sq. ft. or 1500 sq. ft. room. In nature, air purification is performed by UV light from the sun and ozone produced by thunderstorms.

This unit uses ultraviolet light, safe low-levels of ozone, and negative ions to purify the air. The most important part of this process is a catalyst made from titanium dioxide, that when activated by the UV light, generates hydroxyl radicals and superoxide ions. These work faster on molds and fungus than ozone alone, and **destroy** even the most difficult *volatile chemicals*,

literally turning them into carbon dioxide and water vapor. Research shows it is very effective on formaldehyde. And is more effective than ozone on virtually any bacteria and virus. The research on this technology is extensive and shows it to be very effective. It will even kill black mold in the house.

These units are compact in size, 10.5" tall and sleek in design. They make no sound. You can travel with them. No filters or plates to clean. Clear any room of smoke and odors in minutes and gets rid of the VOCs too. It is worth considering, especially if you live in an area of high air pollution or a newer house still outgassing as lot.

### **5 Elements Shampoo, Conditioner and Scalp Detoxifier**

Another way to prevent some toxins from entering your body. These salon quality shampoos and conditioner are designed to detoxify and rejuvenate your hair and scalp. They work so well they are marketed as the Morocco Method for stopping and reversing hair thinning in 30 days. These are the *only* shampoos and conditioner I know of which have no chemicals in them. You will be able to read every name on the ingredient list. They are organic and safe. Using them will eliminate the unhealthy chemicals other shampoos and conditioners put into your scalp. When you are dealing with cancer, the more toxins you can prevent from entering your body, the better off you will be.

With ingredients like clay and algae, they don't look, smell or suds up anything like ordinary shampoos and conditioners. But they work better and are much healthier. If you are dealing with a brain tumor, also consider using their clay based scalp detoxifier. It will pull toxins out of the scalp and may also help with getting rid of radiation treatment side effects.

### **Fiber-Klenz Plus**

Cleaning out the intestinal tract with a good fiber product is another part of generally detoxifying your body. If you are like most people, you have *pounds* of undigested food impacted in your intestinal tract. Toxins are absorbed into the body from this decomposing food. Many feel this may be a factor in colon cancer. Using a fiber product in conjunction with Total Immune Booster or Nature's Biotics will help get rid of this toxic mix in your guts.

The fiber product I prefer, especially when dealing with cancer, is Fiber-Klenz Plus. That's because it not only provides fiber, but also OPCs, Ellagic Acid and Ellagitannins.

Its key ingredient is Meeker raspberry seed. The raspberry component accounts for a little over 25% of the total content of Fiber-Klenz. This gives you approximately 5g of raspberry per daily dose or 150g per bottle. Many products are currently available that contain only Meeker raspberry seed, selling for around \$30-\$40 per bottle for 60g of the seed. Fiber Klenz is a phenomenal value for its Meeker raspberry seed alone.

The ellagitannins in it produce ellagic acid and thus help fight cancer as you read above. In addition to helping with cancer, medical findings in Europe further show that ellagic acid reduces the incidence of birth defects, promotes wound healing, reduces and reverses chemically induced liver fibrosis, and is helpful in the fight against heart disease.

Don't count on this as your main source of ellagic acid because no one really knows how much of the raspberry seed converts into ellagic acid. Companies wouldn't be selling tens of thousands of bottles of the high priced raspberry flour capsules if it didn't work somewhat. Fiber-Klenz also provides grape and other fruit fibers which are a source of resveratrol, OPCs and other antioxidants.

It also contains inulin which feeds the friendly bacteria in your guts, and other fibers like oat bran, psyllium seed husk and apple pectin. With some bentonite clay to absorb toxins. However, its most important ingredient and best value comes from the raspberry seed powder in it.

### **Alkalinizing The Body With Calcium, Magnesium and MSM**

Calcium is the body's main alkalinizer. Your body uses calcium and other minerals to **counteract** acidity from our foods, drinks, and from toxins. A slightly alkaline state in the body contains *more* oxygen. An acidic state has depleted oxygen levels.

Calcium is not going to alkalinize cancer cells and kill them. (Cesium may be able to do that as it is more alkalinizing.) Calcium and magnesium and other minerals are going to help the body deal with the excess acidity found outside cancerous tumors, to help **prevent** normal cells from turning cancerous and to help detoxify.

Taking a highly absorbable calcium and magnesium supplement helps make the body more alkaline. The drawback with many calcium supplements is that they are not well absorbed and that usually the excess calcium gets stuck in various places in the body where you don't want it. Like your veins and arteries.

There are two issues with absorption. Getting absorbed into the blood and getting absorbed into cells. Just because minerals are absorbed into the blood doesn't mean that they will get into the cells. To maximize absorption into cells you need to use an ionic angstrom formulation that has the molecules the right size to easily enter cells. The difference in absorption is significant.

**UltraBioMinn** is the only calcium, magnesium and trace mineral supplement that provides minerals in a form that is identical to how you get minerals from plants. Using a patent pending process that gives 100% bioavailability, it is a **plant derived** ionic and angstrom mineral complex. This is the smallest form in which minerals can exist and hold their physical and electrical properties.

It works so well you don't need as much calcium or magnesium because it is absorbed so much more effectively. I have read pages of information on why angstrom minerals are the best minerals to be taking, and UltraBioMinn is clearly the best angstrom mineral supplement with its plant based formulation. When you take ionic minerals, you only need to use small amounts because they are so much better absorbed. So a typical ionic mineral calcium supplement may have only 50 mg per serving. UltraBioMinn has much higher levels with 313 mgs of calcium and 250 mgs of magnesium per serving so it is an excellent value in addition to being more natural and plant based.

UltraBioMinn contains electrolytes, 74 essential minerals, 34 metabolic enzymes and 18 amino acids, all in an electrolytic suspension, from unrefined natural plant based sources. It has also been **energized** for even greater effectiveness.

Along with alkalinizing the body, it acts as a metabolic efficiency catalyst and enhances nutrient absorption and waste metabolism at the cellular level. Enabling the body to produce *more* of its own vitamins, catalysts, and enzymes, and to increase the **metabolic effectiveness** of other vitamins and supplements you may be taking. Many people notice a difference taking this product compared to other mineral supplements they may be taking. It is my top recommendation in mineral supplements.

Another good calcium supplement is **Coral Complex Coral Calcium**.

**Coral Complex Coral Calcium** is from above water coral calcium deposits. Harvesting it does not harm the coral reefs like the underwater harvested coral calcium does, where the stirred up sediments can suffocate the coral. And it does not contain elevated levels of toxins as the oceans were clean thousands of years ago when these deposits were created.

Acids and vitamin D are added to the product to increase absorption. These allow approximately 84% of the calcium to be ionized and available for absorption into the blood stream. (Vitamin D on its own is an important nutrient for fighting cancer.)

One doctor specializing in cancer suggests seriously ill patients double or triple up on calcium, to more rapidly adjust alkalinity.

**PH Plus** is an effective and easy way to alkalinize your body. Just put a couple of drops in everything you drink, well probably not milk products, and it will work to more rapidly alkalinize your body. Should you use these drops to the exclusion of mineral supplements like UltraBioMinn or Coral Calcium? No. You need the minerals and trace minerals in these supplements. They provide vital and necessary nutrient support that is more important than even vitamins are. But if you want to more rapidly alkalinize your body, PH Plus is well worth doing.

**Natural Calm** If you have been taking a calcium supplement that contains little or no magnesium, or if you have been consuming plenty of milk products which have little magnesium, (8 parts calcium to 1 part magnesium) you may be deficient in magnesium, even if you supplement with it.

Too much calcium depletes magnesium, and it can cause heart malfunction, painful joints, calcification of organs, senility and weakened bones. 95% of Americans are deficient in magnesium even if they take some magnesium in supplements. They do not get enough, and it is not in the right form.

Magnesium deficiency can result in inability to sleep, fatigue, body tension, headaches, difficulties with the heart, PMS, muscle tension, backaches, and more.

The best solution to quickly increasing magnesium levels may be to use **Natural Calm**. It is a specially developed magnesium powder developed by Peter Gillham, the world's leading magnesium researcher.

It was the first *water-soluble* magnesium product, and is the only one using his special delivery system developed after 10 years of research. He suggests you only take it till the magnesium deficiency is eliminated, then take magnesium combined with calcium.

(Organic milk products are the only safe milk products to use, especially if you have cancer, as they will not contain bovine growth hormone but they have too much calcium compared to magnesium.)

**MSM**. For years MSM vendors have received numerous testimonials of MSM helping people recovery from cancer. You must take it in large amounts for maximum benefit. 20 to 30 grams a day. It is alkalinizing, and is an excellent detoxifier. MSM helps make cell walls more permeable so that more nutrients can get in, and more toxins out. When you get it as a bag of powder, it is inexpensive. Making it well worth adding on to any cancer fighting regime.

Foods that alkalinize are most fresh fruits and vegetables, stevia, almonds, fresh corn, olive oil, flax seed oil, coconut oil, goat milk products, herb teas, green tea, soy (though only fermented soy products like tempeh or miso are truly good for you.)

Live **lacto-fermented** foods have been noted for improving health and fighting cancer. They put a multitude of good bacteria into your guts that you are not getting from anywhere else. Live fermented foods *do not* include the typical pickles, sauerkraut and yogurts. These were fermented and then pasteurized or had vinegar added to stop the fermentation process. Live yogurt contains transient beneficial bacteria that keep the digestive system clean and provide food for the friendly bacteria that already are present. However, kefir that you make and other types of these live lacto-fermented foods actually colonizes the intestinal tract -- a feat that yogurt cannot match. And they are much more aggressive at getting rid of the bad bacteria and yeast in your guts.

An excellent way to get these colonizing fermentation bacteria and friendly yeast (and even soil organisms) is to take a unique, patent pending probiotic formulation, **BioSure**, found in a supplement called **Total Immune Booster**.

BioSure is a combination of useful organisms in lacto-fermented products, grown together in a colony before being made dormant. When they activate in your intestinal tract, they form a cohesive colony, getting rid of the bad organisms, and reproducing and recolonizing the intestinal tract. Just like eating live fermented foods with the addition of some soil organisms. There is plenty of research showing the cancer fighting capabilities of live fermented foods.

In addition Total Immune Booster has a patented garlic allicin extract, AlliMax. Allicin is the active ingredient in garlic, AlliMax is the best way to get allicin from a supplement. Garlic has had a long history of being excellent to take for **fighting cancer**.

In fact no other food is more mentioned in the literature for its cancer fighting properties. Total Immune Booster also contains small amounts of a couple of other nutrients mentioned in this report, whole cell beta glucan and Wolfberry (Goji berry). And a bit of Swedish Flower Pollen which works on the immune system in other ways. Whether you want the probiotic formulation or the garlic, it's worth considering taking this as one of the basics of good health.

Other products that can be added on to fight cancer include:

### **Immune Power Herbal Formula**

This is a tea developed by an eminent Canadian university cancer researcher who was investigating the functional properties of some herbs in terms of cancer and **leukemia** (although no curative, preventive, treatment or diagnostic claims can be made for this herbal formula based on US law). It contains 15 different herbs in proprietary concentrations chosen because of their ability to kill cancer cells and to boost the immune systems ability to kill cancer cells.

I like this tea as the research behind its formulation optimizes it for cancer fighting. With some of the more famous cancer teas, who knows, at least I don't know, what is really the original formulation and what isn't, what works and what doesn't. They all claim they are. It provides another way to support your body's fight against cancer and works in ways that these other supplements don't. One cup a day for normal supplementation or 3 cups a day for therapeutic usage. One container contains 2 ounces of mixed herbs.

Cat's Claw

These are a couple of relatively inexpensive immune system supplements that are worth taking. Like some of these other products, they may not be able to get rid of cancer on their own, (though anecdotal reports indicate they sometimes can,) but as relatively inexpensive additions to a cancer fighting regime, they are excellent.

Reports of successful use of Cat's Claw as a South American folk remedy for cancer prompted scientists in Germany, Austria, and Italy to take a closer look at it. Compounds in it called proanthocyanidins were found to inhibit tumor growth in animals in the 1970s. Studies at the University of Munich in 1985 found several alkaloids in it with significant immunostimulant activity. An Austrian research group found several alkaloids, including Cat's Claw, inhibit the growth of tumor cells in laboratory tests.

In Germany and Austria, standardized cat's-claw extracts have been given to cancer patients under a physician's care to stimulate their immune system. They have also been used in cases of rheumatoid arthritis, allergies, herpes infections, gastric ulcers, gastritis, and AIDS.

## PhytoBio Enzymes

This is one of those products that I take with every meal. Every person, whether healthy or ill, should be using a high quality digestive enzyme. You will be healthier as you age, and your digestion will also improve. In addition, it helps deal with the big picture of low enzyme levels leading to cancer. Because of the vast amount of research showing that people with cancer have low levels of enzymes, and because it supports the overall health of the body, takes a strain off the immune system, helps you absorb food and nutrients, helps you kill cancer cells and clean out the arteries, enzymes are one of the basic supplements to be using.

Each of the 180 capsules in a bottle of PhytoBio Enzymes contains 120,000 units of protease to digest protein, 8000 units of lipase to digest fats, 18,000 of Amylase to digest carbohydrates. With high amounts of a number of other plant based digestive enzymes and trace minerals, it is an excellent value.

Suggested use is to take 1 with each meal to improve digestion and 3 or more just before you go to bed on an empty stomach. They will, on an empty stomach, get into the bloodstream and start to clean it up. Its extremely high levels of protease may help to **break down the fibrin coating all cancerous tumors** so that the immune system can better *attack* those tumors.

As with other supplements, several times the normal suggested usage amount is required to thoroughly work on cancer. I once heard of someone who was taking 60 enzymes a day to fight his cancer and ease the side effects of his chemotherapy. Of course, they weren't as potent as these enzymes, and he owned the company making them so he was predisposed to use a lot of them. I don't think these enzymes are going to knock out cancer on their own, so they aren't in my top picks, but you would do well to be using them.

## CLA

CLA is an essential fatty acid found in milk and meat. Unfortunately, while it is found in high levels in grass fed cattle and milk from grass fed cows, grain feed cows have much less of it. So much less you need to a CLA supplement to get enough of the stuff as grass fed dairy and meat is rare and expensive. And it is important in the fight against cancer.

A great many studies have shown CLA fights cancer in lab animals. In a recent study feeding rats small amounts of CLA shrank mammary tumors by 45%. Scientists added very small amounts of CLA to breast cancer cells growing in a culture. By the 8th day, the CLA had killed 93% of the cells. And a group of Finnish researchers found that women who consumed the most CLA in their diets had a 60% lower risk of breast cancer than those who consumed the least.

Flax seed oil and cottage cheese has been used as a cancer fighting duo in Europe for decades with good success. A couple of tablespoons in some cottage cheese daily. Make sure you get it from the refrigerated section of a health food store as it goes bad if it is not refrigerated. Or if you grind the whole flax seeds in a coffee grinder, keep the ground meal in the refrigerator. Don't buy mail order because the shipping at room temperature will harm it. CLA does not need to be refrigerated.

**Immuno Pro Undenatured Whey Protein** (Another great whey from grassfed cows, Vital Whey, is found at [http://www.grasslandbeef.com/StoreFront.bok?affiliate\\_no=521](http://www.grasslandbeef.com/StoreFront.bok?affiliate_no=521)). [www.thedoctorwithin.com](http://www.thedoctorwithin.com) has hydrolyzed collagen which is also useful but not the same.

This is a low heat processed, medicinal undenatured whey protein that is easy to digest and assimilate. It is excellent for someone with cancer needing additional **protein**. Not only because of its digestibility. But because it is undenatured, and it is the only whey protein truly undenatured, it contains high levels of lactoferrin and other immune factors that support the body's fight against cancer. Much higher levels than your typical whey protein supplements.

### **Foods For Life Green Drink**

Similarly, if you are altering a diet to be more alkaline, with more greens into it, you may be using or want to consider using a green drink. It is a convenient way to get a lot of green, nutrient rich food into a diet for added nutrient support. Its unique nano sphere processing makes Foods For Life the best green drink you can get.

2600 mg of: Certified organic, low temperature dried, pure concentrates of kamut grass, barley grass, alfalfa grass, oat grass juices (no starch or gluten), broccoli, cauliflower, kale, cabbage, brussels sprouts, parsley, spinach, asparagus, celery, green bell pepper, carrot, beet, tomato, garlic, onion and ginger.

2500 mg: Whole food antioxidant blend. A proprietary formula containing stabilized rice bran and germ which supplies 20% fatty acids, 20 amino acids, 70+ antioxidants, vitamin E (tocotrienols and tocopherols) and an excellent source of soluble and insoluble fiber.

2500 mg: Seed and sprout blend. Hydroponically grown soy sprouts combined with chia, flax and fennel seeds which are raw and naturally stabilized for freshness. Contains the full spectrum of essential fatty acids including omega 3, 6, 9 and 18.

2400 mg: Protein-mineral blend: spirulina, chlorella, and sea kelp containing every mineral and a high concentration of bioavailable proteins and growth factors.

Foods for Life is unique from all other green drinks in that it is the only one that is combined with Peter W. Daubner's (he developed Nature's Biotics) proprietary **Nano Sphere Technology (NST)**, which delivers these nutrients to the cellular level.

Although utilization of NST virtually doubles production cost, forcing the manufacturer to operate off a much lower margin, they feel it is worth the cost. The technology is exclusive to Foods For Life, giving it properties and capabilities unequalled by any other product. Nano Sphere Technology puts a water based matrix around the powder. This **protects** the integrity of the nutrients, and functions like a tanker truck, delivering nutrients to virtually every cell in your body. It helps them to get into the cells more efficiently, and delivers them with almost an explosive capacity.

Then it encapsulates waste byproducts and carries them away, to be disposed of by your kidneys, spleen, and liver. Thus helping with both getting nutrients into cells, and detoxifying them also. Giving you another benefit for your cancer fighting program.

### **Goji Juice Provides Remarkable Nutritional Support**

Over the last few years several exotic, health promoting fruit juices from various parts of the world have proven to deliver remarkable health benefits. Noni Juice, Xango from the Mangosteen fruit and Goji Juice have been the main three. I've looked at and tried them all and my personal opinion is that Goji Juice from FreeLife is the best of the bunch.

First, on a purely subjective level, for the little that's worth, I like the way it tastes, and I noticed after using it about a month that my eyesight was improving. I take a lot of nutritional supplements, just about everything you are going to read about in this report, in smaller supplemental amounts. So I usually don't notice anything when taking a new supplement and don't expect to. However, I was noticing my eyesight improving and that only thing different was the Goji Juice. This impressed me.

When I am checking out different products, I ask people who know a lot more about the product than I do how much someone needs to take for serious health conditions like cancer. With Noni Juice, at least from the company that supplies the vast majority of the juice sold, the amounts commonly used that helped with cancer were 8 or more ounces a day. I heard there was an ND who was getting spectacular results in a few weeks having his patients drink a bottle a day. That's 25 ounces and gets a bit pricey. The numbers I heard from people working with Goji was that 4 to 8 ounces a day was the therapeutic range. So Goji came out a bit on top in that informal survey.

Then I looked at them in terms of how much you are actually getting. Both the popular Noni juice and Xango have a lot of fruit juice added to them. 40% or so is the amount I heard. While the Goji Juice was 98% Goji juice and each batch is

analyzed to confirm purity and usefulness. Another interesting comparison comes from energetic readings done on several of the popular drinks. First, an explanation of the Bovis Scale.

Thanks to a French researcher in the 1930's by the name of Antoine Bovis, we have a means to measure the "life force" or "natural earth energy" present in water, plants, rock formations and the like. Ranging from zero to infinity, those trained in the required intuitive methods can assign a "Bovis" value to whatever they measure. For example, human beings show a reading on the Bovis scale of 6,500.

Scientific research has correlated the clockwise or right spin of atoms and molecules with a Bovis reading above 6,500 is essentially energy invigorating or enhancing to us. Besides mismanagement of the environment, readings below 6,500 are the effect of underground streams, geological faults, and Earth's magnetic grids. Several of Earth's energy vortices exceed 2,000,000 Bovis.

FreeLife's "Himalayan Goji Juice" shows a reading of 355,000 ... the highest reading that many health professionals have reported ever receiving. Some recorded Bovis energy ratings: Noni Juice 17,000, Sea Silver 24,000, Limu 54,000, Himalayan Goji Juice 355,000.

The Hertz Energy Scale is named for the German physicist Heinrich Rudolf Hertz (1857-1894), who proved in 1887 that energy is transmitted through a vacuum by electromagnetic waves. It is another way to measure the energetic quality of a product. Some recorded Hertz energy ratings: Noni Juice 0 - 500, Sea Silver 2,000, Limu 2,000, Xango 3,000, Himalayan Goji Juice 6,000. Goji comes out on top again.

Goji berries are exceptionally nutrient dense, and their antioxidant and immune boosting activities have proven to be valuable for cancer.

Goji berries are the richest source of carotenoids of all known foods . They contain 500 times the amount of vitamin C, by weight, than oranges. They also contain polysaccharides which fortify the immune system. A polysaccharide found in this fruit has been found to be a powerful secretagogue (a substance that stimulates the secretion of rejuvenative human growth hormone by the pituitary gland).

Goji berries have been traditionally regarded as a longevity and strength-building food of the highest order. In several studies with elderly people where the berry was given once a day for 3 weeks, in 67% of the patients T cell transformation functions tripled and the activity of the patients white cell interleukin-2 doubled. In addition, the results showed that in everyone, spirit and optimism increased significantly, appetite improved in 95%, 95% slept better, and 35% partially recovered sexual function.

## **Oxalic Acid**

**Oxalic acid** is naturally found in many foods. Leafy green vegetables like spinach, blue fruits, carrots, even chocolate has it. You can get too much of it in your diet, but if you have cancer, chances are that you have too little of it. It acts as a **natural chemotherapy** in the body, killing cancer cells, so if you have cancer, probably you have too little.

You could be getting plenty in your diet yet be deficient because it is being neutralized by other foods. Vitamin B6 found in beef and pork can neutralize it. As can the calcium found in dairy products and the citric acid used as a preservative in many soft drinks. And radiation destroys it. Radiation from microwaves, cell phones, radiation treatments, most any electromagnetic radiation you are exposed to. So what can you do?

Simple ways to raise levels of oxalic acid to fight cancer are to eat steamed spinach or drink carrot juice. But not just any carrot juice. Most carrot juice is juiced in an electric juicer.

The juicer zaps the juice with electromagnetic radiation and the oxalic acid is destroyed. Fortunately, one company presses their carrot juice so it is not exposed to electromagnetic radiation.

Hollywood Carrot Juice from Hain is the name of the juice, and it can be found in the canned juice aisles of *major grocery stores*. Drink one 12 ounce can a day if you have cancer. If you are taking calcium supplements to alkalize the body, drink the juice at least 4 hours apart from when you take the calcium. If you have radiation therapy treatments, as soon as you can after the radiation, drink a can. Oxalic acid is destroyed by the radiation.

## **CoQ10 (*ubiquinol is better form of this*)**

Coenzyme Q10 became well known for cancer when in one study large amounts of it, about 390 mgs a day, helped women with breast cancer recover from it. Enough research on it has been done that it is known as one of the most important common vitamins to take for cancer. Also for heart disease. It is used in the mitochondria to transport oxygen. If a cell doesn't have enough CoQ10, it can't produce energy aerobically and it is more likely to become a cancerous cell. So high amounts of CoQ10, when combined with SSR Super Quinone and the oxygen producing capacity of Oxygen Elements Plus, works to help deal with that one fundamental cause that allows cancers to grow.

Some people recommend that if you are using graviola, which reduces cellular energy, you don't want to use CoQ10, which helps cells produce energy aerobically, because it may increase a cell's energy production. On the face of it, this makes sense - until you consider that we want to help all the cells in our body produce energy aerobically, to make them more resistant to cancer which primarily used anaerobic energy production. The benefits of CoQ10, Oxygen Elements Plus and other oxygenators more than offsets any possible slight decrease in the effectiveness of graviola.

## **Emulsified Vitamin D Forte**

There is a lot of research showing that vitamin D is important for fighting cancer. And that the lack of it may contribute to cancer. The fact that there is more cancer in the higher latitudes has been attributed to weaker sunlight producing less vitamin D. Vitamin D has been used to prevent and treat breast cancer, prostate and other cancers. 2000 IU is the minimum you would want to be taking. Some health practitioners recommend as much as 5000 to 10,000 units a day when dealing with ill health situations. If you are in the lower latitudes and are out in the sun quite a bit, you may be getting enough Vitamin D. Or if your taking plenty of cod liver oil. Most of us don't get near enough. Emulsified vitamin D is the best source in a supplement because of its increased absorption and assimilation. Also, it is very easy to take. One drop supplies 2000 IU.

## **Energized Water and Other Energizing Products**

There are several types of energized waters available these days. And no wonder. They work on your health at the basic, energetic field of your life force. Drinking them can *raise* the energetic level of the whole body and do much to promote health and fight illness. In fact, I have read research reporting on the value of energetic water in fighting cancer. It reverses the energetics of cancer cells as cancer cells have very low energetic vibrations in the couple of thousand Bovis range. In addition energized, this structured water helps get nutrients into cells, and helps improve cellular communication. Primordial M-Water may well be the best energy water, but there are other devices that will energize water and fluids

Of all the energized water producing devices on the market, one of the best is the **Energized Water Pitcher**. It is a plastic pitcher that has an energized gel in its walls. This gel is at 2.5 million bovis. Extremely high energy. That vibration gets transferred to any water or fluid that is put in the pitcher. Food or medicine too. If you leave water in the pitcher overnight or longer, the energetic value of the water will increase to around a **million** bovis which is a very high therapeutic range.

Pour it into another pitcher and make more during the day. It is an excellent value because this pitcher will last indefinitely as long as you don't zap it or break it. You may want to start out drinking this energized water in small amounts. It could give you *too* much energy at first!

The **Energized Gel Coaster** has the same gel in a soft plastic coaster. You can put your own pitcher on it, or plate of food, and it will energize about as high, but not quite, as the energized water pitcher does. If you get three, for a little less than the cost of the pitcher, you can use one for energizing your water or fluids, one for energizing everything you eat including your medicines and supplements, and one to wear over the area your cancer is in. To zap it with very high energy.

## **Does this really work?**

First off, you will notice a difference in how the water tastes. It will taste better. Or put a soft drink or mug of coffee in it or on it for a few minutes, and then drink it, you *will* notice a difference. Use them to energize foods and medicines and make them healthier for you.

Yolanda immediately noticed a difference when she started using her pitcher. The very first night she was able to get to sleep and stay asleep. A sleep problem that had affected her for years ended. (She was concerned she was going to lose her job it had gotten so bad.)

Of course, usually the energy water will have the opposite effect at first and keep you up if you drink it too late in the day. She started bringing energized water to an engineer at work who was experiencing brain fog and numerous health problems. His symptoms improved.

The energized pitcher and gel coaster have one disadvantage. The energized gel in them can be *destroyed* by X-rays or strong electromagnetic radiation, especially microwaves. So it must be shipped outside the United States by expedited UPS to avoid being X-rayed and that is expensive.

A better choice for international shipments and something to consider even in the US is a 24 ounce crystal **eMug**. Putting out a more stable energy that is even higher, over 3 million bovis, it is not effected by x-rays or your typical electromagnetic radiation so it is less expensive to ship internationally. Though you still shouldn't microwave it, but you shouldn't be microwaving anything if health is a concern, its just not healthy.

Even better, the eMug has the ability to neutralize the effects of electromagnetic fields on your body. So if you use it while working at the computer, it will be protecting you from EMFs at the same time.

Its drawback is that it doesn't energize as much water as the pitcher can, so the water can't stay in there as long (you drink it up faster) and doesn't get to as high a bovis level. You can put it by a pitcher of water or even 5 gallons of water - or a sack of food - but because it doesn't surround the water, it still won't raise the vibratory level as high as the pitcher would overnight.

If you are drinking filtered or bottled water to avoid chlorine, keep in mind that a shower in chlorinated water will get more chlorine into your body than drinking chlorinated water all day. An energized shower filter will **dechlorinate** your shower water and energize it too. You will notice a difference.

## **Energizing the Thymus Gland**

The thymus gland controls the immune system. It is most active in children and becomes less active and smaller as we age. I read of a study where a group of 55 people with inoperable oat cell lung cancer were given thymosin, a thymus hormone. Survival time doubled and 21 people given very high amounts were alive 2 years later.

Experts seem to feel that it works best for age related cancers like kidney, lung and prostate. Pituitary cancers have also been helped by use of natural thyroid hormones in some people with low thyroid levels. Check with your doctor on whether he thinks these hormones might be of benefit to you. You can read more about this in a book by Stephen Langer, M.D. called *Solved: The Riddle of Illness*.

It makes sense that energizing the thymus gland is going to help the immune system fight cancer. Here are a three things that can help you can do just that.

Wear an **Energized Medallion**. It was designed to energize the thymus. A small glass oval, it is filled with the high energy gel that is in the energized pitcher and gel coaster, and put that high energy directly over the thymus. Some users report an almost immediate improvement in energy and sense of well being. Or you can...

Wear an **eTag**. This is worn a little lower down the chest. An eTag is a jade pendant that has been energized with the same technology that energizes the eMug. Not only would it help to energize your body, but it gives protection from **EMF radiation** emitted from computers, other electrical sources and also from the strong fields in your car. Even negative thoughts, or so they say. It is also effective for pain relief if you follow the suggested protocol when using it.

Another tactic is to use organic **colostrum powder or lozenges** which supply many thymic immune factors and help to boost the immune system because of these factors. You would want to take large doses to get as many of these immune factors as possible. 6 tsp a day of the powder the first month, about 3 bottles, and less after that.

Nutritious Healthy Coffee - Trade bad for you to good for you...

Most readers may still be drinking coffee. If this is the case with you, it's time to change to a healthy coffee that can improve your health rather than bring it down. Most important, it tastes very good and is inexpensive. (They also have a tea and hot chocolate for non coffee drinkers who want to experience health benefits too.) A company with the largest organic reishi mushroom (*Ganoderma lucidum*) plantation in the world adds its extract to coffee and makes it into something healthy.

They add a taste-free extract from the reishi mushroom that provides remarkable health properties. This coffee is very low in acid and has a dramatically diminished caffeine content (in fact, less than most commercially sold decaf coffee). It is made from the best Brazilian coffee beans anyone can buy.

Reishi has been used medicinally in Asia for over 2,000 years. It is commonly used to fight cancer in many alternative cancer clinics, and contains more than 200 active elements known to improve health. Especially important for fighting cancer are the polysaccharides for strengthening the body's immune system and organic germanium which increases oxygen in the blood system.

Reported benefits from drinking this coffee indicate that it may **improve your sleep, balance your PH, increase oxygen to your brain, help balance your weight, and boost your overall health so efficiently that you can feel the benefits almost immediately**. It helps to remove toxins from your body, and it tastes good.

These beverages are even good for children. In fact, children who drink the decaf chocolate beverage are reported to be sleeping more soundly and focusing better in school.

They come as instant coffees that taste like they've been brewed. All contain Ganoderma extract. The most popular is the **3-in-1** with non dairy creamer and sugar, followed by the **mocha** with cocoa, sugar, skim milk and non dairy creamer. The healthiest ones would be the classic **black** coffee as you can add healthier sweeteners and organic cream if you like, and the **Ginseng Tongkat Ali** coffee which is like the 3-in-1 with potent herbs added to it.

In addition there is the **Gano Tea SOD** which is Rooibos tea supplying the powerful antioxidant SOD and the Ganoderma extract, and the **hot chocolate** which has cocoa, Ganoderma extract, non dairy creamer and sugar. The mushroom extract seem to be able to counter the effects of the sugar in addition to supplying other benefits.

I'm not suggesting that you start drinking coffee, but if you are drinking coffee or are craving to be drinking coffee again, drink Gano's healthy coffee. (Try their tea if you just want the benefits of drinking the Ganoderma extract.) Carry a few packets with you when you are on the go and just ask for hot water when you are at Starbucks with friends. It will taste good, be much healthier, and save you money to boot.

### **Suggested Courses of Action Using The Strategies Revealed Here**

While some people try many of the suggestions in this report, others try only one or two. Certainly they don't work in every case, it can be just too late. However, sometimes just one supplement can make the difference. For example, here are three cases where just one supplement worked well.

One man said his mother had been taken off chemo three weeks before because it wasn't working and there was nothing else to do. They told him to look into hospice solutions for her as she was in bed all the time and didn't have long to live. Shortly before that she had started taking the oxygen drops mentioned in this report. Even though she still had not worked up to the highest therapeutic amounts, her energy has improved so much she is now able to be up and active all day long, going out shopping and feeling very good. Hospice is out of the question, and needless to say, he was thrilled.

A nutritionist mentioned that she had put someone on the ellagic acid and graviola formulation a couple of months before. After going through 7 bottles, the tumors in one lung and in the lymph nodes were gone. The main tumor in the other lung was still there, but they said it was dead at its center.

One woman's tumors had reduced greatly within a few weeks after she started taking the aloe vera concentrate mentioned in this report.

Who knows what is going to work best in any particular case. I certainly don't. So I try to give you as much information as I know so that you can decide for yourself what might make sense to try.

All of the products mentioned in this report are good for you. The top tier products seem to be very effective. I have no idea which ones might work best for you. Every person has different causes for their cancer, different weaknesses and strengths. One person might see great results with a particular product while another person might not.

It's impossible to absolutely know which particular top product would be best you. I personally would use as many of them as possible for fighting a cancer with the idea that the more I'm doing, the more ways I am attacking the cancer, or supporting my body's struggle to regain health, the better the results will be.

As many of the top tier products are expensive and we don't know which ones would work best - they all work good, you could use as many of them as possible by starting with *the lower cost top tier supplements* and getting as many as was affordable.

Or go with your intuition and gut feeling and get what you feel is best. Continue to use them until you beat cancer. You can always add on or switch to some of the other supplements if what you try isn't making a *significant* difference in 2 or 3 months.

**INSIDE TIP:** You need to be using high therapeutic amounts of at least one or two of the top tier cancer fighting products as discussed in this report.

Some of the basics for good health include minerals, digestive enzymes, a probiotic like Total Immune Booster for the intestinal tract, at a more subtle level - one of the energizing products, and a whole food supplement like the AFA Blue Green Algae for nutritional support. Just be sure to put most of your funds in the products most likely to beat cancer.

Other considerations can include personal preferences or needs. If someone doesn't like taking a bunch of pills, they would prefer taking U-Fn at 6 capsules a day rather than 39 capsules a day of the AFA blue green algae.

Or someone may prefer **liquid products** like Oxygen Elements Plus, SSR Super Quinone, Goji Juice, liquid colostrum whey, UltraBioMinn and Immune Power Herbal Formula tea, or powders mixed in liquids like MPS Gold, AFA crystal powder, Foods For Life or Immuno Pro whey protein. Most of the capsules can be emptied and taken as a powder if need be, they won't necessarily taste good though.

If someone is bothered by taste, they won't care for the MSM powder. The MPS Gold powder doesn't taste bad, but if someone is taste sensitive, it might not be well tolerated.

### **Attack as many of the cancer weaknesses as possible and cancer cells too.**

As a review, here are the products that fit in each category.

**Cancer Cell Killers** - Ellagic Acid with Graviola - both the Ellagic and the Graviola are good cancer cell killers, U-Fn - u fucoidan has been shown to cause cancer cell apoptosis in 72 hours in a test tube. SSR Super Quinone - said to stop the replication of cancer cells. CellXcite IP6 increases cancer cell apoptosis. Carnivora extract literally digests cancer cells. Cat's Claw is another herbal product with the ability to kill cancer cells.

**Oxygenation** - Oxygen Elements Plus gets extra oxygen into cells, Super Quinone and Five Mineral Catalyst Formula get cells working better at the molecular level so that they can utilize oxygen more effectively. CoQ10 is needed in cells to produce energy aerobically. Primordial M-Water improves transportation of oxygen into cells as does AFA Blue Green Algae which also detoxifies the cells.

**Alkalinity** - Nontransdermal Energy Patches. Minerals like MSM, Ph Plus Alkaline Drops, UltraBioMinn, Coral Calcium and Natural Calm all alkalinize the body while they provide other benefits too. ThreeLac has lemon juice powder in it which helps most people become more alkaline. Green concentrates like Foods For Life, AFA blue green algae and U-Fn alkalinize, Goji Juice, being a berry, does too.

**Free Radical Scavengers** - SSR Super Quinone and Five Mineral Catalyst Formula work in a way completely different than your traditional antioxidants to rid cells of harmful free radicals. Ellagic Acid Formula has a number of traditional antioxidants along with the Ellagic Acid. Oxygen Elements Plus and PH Plus both act as free radical scavengers. Most oxygen supplements cause free radical damage but not OE+. IP6 has also described as a powerful free radical scavenger. Others include Goji Juice, CoQ10, Nature's Biotics - produces SOD, Total Immune Booster, Foods For Life, Amazing C, Fiber Klens Plus

**Immune System Support** - The long chain mucopolysaccharides in MPS Gold and MPS Gold 3X combine well with Whole Cell Beta Glucan. U-Fn also supplies many other polysaccharides that boost the immune system. AFA blue green algae increases the activity of Natural Killer cells as does CellXcite. Nature's Biotics stimulates the production of antibodies, lactoferrin and alpha interferon - all immune system components. Immune Power Herbal Formula, Liquid Colostrum Whey, Total Immune Booster, Cat's Claw, Goji Juice, Carnivora and Immuno Pro all support the immune system in different ways.

**Candida Fighters** - FiveLac which also helps to alkalinize, Total Immune Booster which also fights cancer with its allicin extract.

**Detoxification** - Esdifan which can help relieve chemo toxicity, Bio-Chelat and the Clay Bath Detox Kits for getting rid of long term toxicity. Oxygen Elements Plus and AFA blue green algae are such powerful cellular detoxifiers you have to take them in small amounts at first. PhytoBio Enzymes clean the blood and MSM also detoxifies.

**Enzyme and Digestive Support** - Take PhytoBio Enzymes with meals to aid digestion and take a strain off the pancreas and immune system. Fiber Klenz Plus, Nature's Biotics and Total Immune Booster work to get the intestinal tract healthier.

**Energetic Support** - Primordial M-Water energizes and micro-clusters water for better hydration. The nontransdermal energy patches balance and increase the whole energy system. The eTag and eMug energize and protect you from EMFs. The Energized Pitcher and Energized Gel Coaster will energize water and food to high vibratory levels, and the Energized Medallion works on energizing the thymus - the important gland for stimulating the immune system.

**Nutritional Support** - AFA blue green algae may be the best nutrient dense food there is - most more potent than spirulina. Goji Juice is the most potent of the medicinal juices. Foods For Life nano technology processing sets it apart from other green drinks, Immuno Pro is the best undenatured whey protein on the market.

Usage of the top tier foundational products:

**Oxygen Elements Plus** - 80 to 120 drops taken throughout the day in water or juice (4 to 6 bottles a month) is a high therapeutic amount. This would work in tandem with the oxygen utilization effects of Super Quinone. One bottle is a normal supplemental amount.

**Ellagic Formula with Graviola** - 18 to 24 capsules a day taken with meals (3 or 4 bottles) a month is a high therapeutic amount. One bottle is a normal supplemental amount.

**SSR Super Quinone** - a course of 14 vials will last a month and a half and can be repeated until healthy. It will take 3 courses to reach the four month amount. Take one vial a day for 10 days and then one a week for 4 weeks. Take on its own with not even water 30 minutes before or after taking.

**Five Elements Mineral Catalyst** - 1 bottle lasts 3 months. Like the SSR, you take more at first and then further and further apart. 12 drops a time and hold in your mouth. Take away from food. These both work almost homeopathically and a molecular level.

**U-Fn** - Take 6 capsules before breakfast. That's 3 bottles a month for suggested therapeutic usage.

**MPS Gold and MPS 3X** - The MPS Gold is primary. Use 2 1/2 to 7 1/2 level measuring teaspoons first thing in the morning - or half an hour after the Super Quinone - in water with an empty stomach. Can be taken with the beta glucan and the 3X but nothing else other than added lecithin or flax oil for increased absorption. That's 1 to 3 large bottles of the Gold. Add on an equal amount of MPS 3X bottles (you use half as much of the 3X but the bottles are half the size) to boost the immune system even more. Wait half an hour or more before taking other supplements or food.

**Whole Cell Beta Glucan** - Therapeutically, use one capsule for every 50 pounds of body weight. That's 1 to 3 60 capsule bottles a month depending on your size. This works well with MPS Gold.

**AFA Blue Green Algae** - The highest therapeutic amount is about 15 grams a day, for the most serious conditions. Use about half that amount if the cancer is not as serious. Introduce slowly as it is a potent detoxifier. It is in capsules or a powder. Take some with each meal. Nine teaspoons of powder is about 15 grams and a one pound bag would last a month at that rate. Can mix in juice to hide taste, let it sit in the liquid for a while - up to several hours - to supercharge. About 39 capsules a day would be the highest therapeutic amount, so a 1200 capsule bag would last about a month at that rate. Again, less can be used and even small amounts give your body valuable nutritional support. Try Blue Manna algae for working on emotions and mental outlook.

**Primordial M-Water** - Take two tablespoons right after waking and before going to bed, or more - up to several ounces morning and night. Plus mix two teaspoons in a gallon of water and drink at least half a gallon daily. One bottle will last about a month if you take one teaspoon morning and night and mix in your drinking water too. Six bottles a month would supply an ounce or so a day plus mixing in water.

**Nature's Biotics** - A good fundamental product to get, work into it slowly using just one bottle the first month. 3 or 4 bottles a month is a high therapeutic amount. Take half an hour before meals.

**eTag** - Several cancer clinics are successfully using the eTag to help fight cancer. Protects you from EMFs and energizes your body for better healing. Wear it all day and place by your bed at night. Can help to relieve pain too.

**Nontransdermal Energy Patches** - Wear them every other day all day for more energy, to feel better, to ease pain, to balance the energy systems in your body, and to increase the alkalinity of your body. These can provide remarkable improvement almost immediately. Benefits will increase over time and hold longer the more you wear them.

**IP6** - If you eat plenty of whole grains and take mineral supplements, you can get by using a plain IP6. However if you are limiting carbs or don't eat whole grains, by far the best supplement is **CellXcite** as it supplies inositol, IP6 and minerals. It has been shown to be more effective in any case. Eight capsules morning and night is a therapeutic dosage for cancer. That's four bottles a month.

You don't have to use everything in high therapeutic amounts, but the worse your cancer is, the more you may want to use.

## 5 Step Game Plan

1. Below you will find links to these cancer-fighting products. Click the links below.
2. Look for the products you have decided to use and purchase them.
3. Start taking these products faithfully and in the suggested dosage as discussed above.
4. If you see results, great. Continue with the protocol. If not, alter your protocol with more products and vary the dosage till you see results.
5. You may want to get the personal guidance of a naturopath using these suggested strategies to help you.

## 4 Available Resources For Beating Cancer

Some of the supplements you'll need to beat cancer and win are widely available. While others may be hard to find. So what I've done is give you a source where you can stock up on these special supplements - the ammunition you need - to overcome your cancer. Plus direct you to some other information you might find of interest.

**1) [GetHealthyAgain.com](#)** is an excellent and helpful online store specializing in effective immune support supplements. They carry the supplements mentioned in this report and more. And they can answer questions you may have about the supplements you want.

**2)** Controlling stress is a major issue in healing. And dealing with past emotional baggage is important also. To learn about a technique that can help you do that, go to the [EFT web site](#) at Dr Mercola.com Emotional Freedom Technique is a simple and very effective way to reduce fear and stress and resolve many of these issues.

**4)** Your metabolic body type plays a big part in determining what foods are good for you and what aren't. [Click here](#) to learn more about the metabolic typing diet. Thanks for visiting:

[www.cancer-prevention.net](http://www.cancer-prevention.net)

Disclaimer: These statements have not been evaluated by the Food and Drug Administration. The products and information contained herein are not intended to diagnose, treat, cure, or prevent any diseases or, medical problems. It is not intended to replace your doctor's recommendations. The information is provided for educational purposes only. Nutritional benefits may vary from one person to another.