

Health Medical Choices Project Due for in class presentation

Each student will research their assigned “health challenge” and present information to the class regarding this health challenge. You are to become the *expert* on this and by the end of class we will all be the experts on each challenge as we hear what others have discovered.

Things to be included in this oral report:

-What is the health challenge? Define it, explain it.

-How does one acquire or may possibly acquire this particular health issue? What are the risk factors involved?

-Where does this challenge land on the list of the top causes of death in the United States?

-What steps can be taken to help prevent getting this issue in the first place?

-How is it treated? Please include ALL forms of treatment, allopathic, holistic, chiropractic (if relevant), nutritional/dietary, supplements. Compare & contrast the various forms of treatment & list any percentages found on success rates with various treatments. Pretend we are consumers & want to know ALL our options, not just one way of treating it.

Visuals & charts, handouts, etc. are welcome to assist the audience understand your information. Anything you can think of to help us learn what you have learned.

Here’s the list:

Heart Disease –

Cancer -

Stroke –

COPD –

Type 2 Diabetes –

Alzheimer’s Disease –

Osteoarthritis –

Gallbladder Disease –

Fibromyalgia –

Hypertension –

Influenza –

Prescription for Nutritional Healing by Phyllis A. Balch is a good reference book for this assignment. Use the Internet but be sure to use several sites to get more than one source. You can interview doctors or alternative practitioners if you have access to them as well, but again, more than just one person’s opinion, especially to help determine possible causes & treatments.