

Health & Nutrition

Final Project

DUE: May 5th

Please write a 2 page or more report. Detail what you have learned in this class and how you think it might affect your life. Include and incorporate scriptures and cite verses you can find on what the Bible has to say about our health. Detail some of the things you learned that stood out for you as significant. Feel free to discuss things you disagreed with as well and reference any science facts

Write in essay form (*at least 5 paragraphs, intro body, conclusion*) referencing the verses (*they don't have to each be written out*) and putting your own thoughts with it as to what you think based on these verses and what you have learned in class. What do you think God wants for you personally in the area of your own health? List any personal goals you would like to aim for. Describe ways you can be more equipped to serve God in a certain capacity by being mindful of your health choices.